



ATHLETICS CLUB

JUNE 15, 2017

*"personal
excellence through
athletics"*

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June News.....

Congratulations to middle distance coach, Malindi Elmore, on her induction to the Central Okanagan Sports Hall of Fame. Here is the link to the article in Castanet:

<https://www.castanet.net/news/Kelowna/199356/Hall-welcomes-class-of-17>

Congratulations to James Turner and Rostam Turner who were both named to Team BC for Nationals in Ottawa.

Congratulations also to Taryn O'Neill and Jerome Blake who were named to Team BC for Canada Games in Winnipeg. Jerome Blake will be contesting the 100m along with the likes of Andre DeGrasse at the Harry Jerome on June 28th.

Congratulations to all those who competed at the Jesse Bent / Canada Games Trials in Coquitlam. Medallists include - Emma Cannan, Lindsay Maier, Tayla Ingram, Elise Drake, Keely Watts-Watling, Bryn Walsh, and Taryn O'Neill, Pishon Haughton, Jerome Blake, Keagan Ingram, and Noah Russell.

Many athletes achieved personal best performances - Kenaysha Lyder, Omar Mourad, Gavin Cloutier, Bronson Reid, Jason Sherban! Congratulations to each of you!

Congratulations to our J.D. athletes who produced some outstanding results at the Elementary District Track meet last week. Medallists include - Maya Guarasci, Grayson Graf, Tyson Carr, Pishon Haughton, Erik Wheeler, Isabella Bigattini, Jesse Roberts, Denaya Buehner and Caiya Taylor-Ainslie.

Three of these athletes broke district records, Maya Guarasci in the 1200m (4:36.15), Grayson Graf also in the 1200m (4:16.06) and Tyson Carr in the 200m (27.78) - Congratulations to you all.

Raffle Tickets: Please return completed tickets stubbs and any outstanding monies by Monday June 26th to Karen at the track between 5 and 7pm. We still have tickets left to sell, so if you able to sell more, please collect extra books from Karen during any practice.

The draw will take place at the Apple Bowl on Sunday July 2nd at 12 noon (during the Jack Brow meet)

VOLUNTEERING:

Thank You to everyone who has already signed up to volunteer for the Jack Brow.

If you haven't signed up yet, please follow this link and sign up as soon as possible to secure the best spot(s)!

<http://signup.com/go/DHoz1h>

J.D.Championships sign up:

Please follow this link to sign up to volunteer at the J.D. Championships:

<http://signup.com/go/QftmckR>

MEET REGISTRATION INFORMATION:

J.D. Pentathlon Championships – Saturday June 24th.

Register online:

<https://www.trackie.com/online-registration/register/bc-jd-pentathlon-championship/17360/>

please note the registration deadline is Sunday June 18th

The meet package has been emailed to all J.D. Athletes and can also be found at:

http://docs.wixstatic.com/ugd/481a66_9e9b4aaa217549ebb02c2c5d487e82e4.pdf

Jack Brow – June 30th – July 2nd – Kelowna :

Meet information: <http://okac.ca/wp-content/uploads/2017/04/Jack-Brow-Memorial-2017-3.pdf>

Online registration: <https://www.trackie.com/online-registration/event/jack-brow-memorial-track-field-meet/16129/#.WUNT2meWzVJ>

Trevor Craven Memorial – July 8th and 9th – Burnaby

Link to registration and meet website for event information and schedule: <https://www.trackie.com/online-registration/event/2017-trevor-craven-memorial/17217/#.WUNUaGeWzVI>

BC Athletics Junior Development Championships

July 21st – 23rd – Kelowna:

Technical Package: <http://okac.ca/wp-content/uploads/2017/05/BC-Athletics-JD-technical-package.pdf>

Schedule: <http://okac.ca/wp-content/uploads/2017/05/2017-BC-Junior-Development-Championships.pdf>

Online Registration: <https://www.trackie.com/online-registration/register/2017-bc-junior-development-championships/16773/>

The club is in need of a treasurer. If you would like to fill this position, please contact Karen: manager@okac.ca 250-862-6039 or

Paul: president@okac.ca

