

2018 JACK BROW SCHEDULE

FRIDAY JUNE 29

FIELD EVENTS:

Hammer Throw:

6:00 pm – 12-15 Girls

7:00 pm – 12-15 Boys

TRACK EVENTS:

1500 m Racewalk:

5:45 pm – 13 yr olds & Midget M & F

5000 m Racewalk:

6:15 pm – Youth & Junior M & F

1500m Para-Ambulatory/Wheelchair :

6:45pm

1500 m Steeplechase (no water):

7:15 pm – 14-15 Girls (12 hurdle jumps; 76 cm high)

7:30 pm – 14-15 Boys (12 hurdle jumps; 76 cm high)

2000 m Steeplechase:

7:45 pm – Youth Women (18 hurdle jumps; 5 water jumps; 76 cm high)

8:00 pm – Youth Men (18 hurdle jumps; 5 water jumps; 84 cm high)

3000 m Steeplechase:

8:15 pm – Jr/Open Women (28 hurdle jumps; 7 water jumps; 76 cm high)

8:30 pm – Jr/Open Men (28 hurdle jumps; 7 water jumps; 91 cm high)

SATURDAY JUNE 30

FIELD EVENTS:

Age Group	High Jump	Long Jump (pit)	Triple Jump (pit)	Shot Put	Discus	Javelin	Hammer	Pole Vault
9 Girls	10:00			12:00				
9 Boys	11:00			8:00				
10 Girls	1:00			9:00		3:00		
10 Boys	2:00			8:00				
11 Girls		8:00 (B)		11:00		1:00		
11 Boys		8:00 (A)		10:00		2:00		
12 Girls	8:00	10:00(B)		11:00				
12 Boys	9:00	10:00(A)		2:30				
13 Girls	3:00	9:00(B)			8:00			9:30
13 Boys	4:00	9:00(A)			2:15			9:30
Midget Girls		11:00 (A/B)			12:00	10:00		9:30
Midget Boys	12:00	2:30 (A)			1:15			9:30
Youth Women		1:30 (B)			10:30		3:30	9:30
Youth Men		1:30 (A)		1:00	9:15			9:30
Junior Women		12:30 (B)				11:30	3:30	1pm
Junior Men		12:30 (A)		1:00		9:00		1pm
Open/ Masters Women		12:30 (B)				11:30	3:30	1pm
Open/ Masters Men		12:30 (A)		1:00		9:00		1pm
Para Athletes – Ambulatory Men				4:15pm				
Para Athletes- Ambulatory Women				3:15pm				

SATURDAY, JUNE 30

TRACK EVENTS:

2000m:

8:00 13-15 Girls
13-15 Boys

12:00 Ages 6-8 years
Run, Jump, Throw Event

3000m:

8:25 Youth Women
8:40 Youth Men

5000m:

8:55 Jr/Open/M Women
9:10 Jr/Open/M Men

60m Timed Finals:

12:00 9 Girls
9 Boys
12:10 10 Girls
10 Boys
12:20 11 Girls
11 Boys

100m Heats:

9:30 Para Athletes- M/F

Sprint Hurdles(Timed Finals):

9:45	9 Girls	60m	6x21" hurdles
	9 Boys	60m	6x21" hurdles
9:55	10 Girls	60m	6x24" hurdles
	10 Boys	60m	6x24" hurdles
10:05	11 Girls	60m	6x24" hurdles
	11 Boys	60m	6x24" hurdles
10:15	12 Girls	80m	8x27" hurdles
	12 Boys	80m	8x27" hurdles
10:25	13 Girls	80m	8x30" hurdles
	13 Boys	80m	8x30" hurdles
10:40	Midget		
	Girls	80m	8x30" hurdles
10:55	Youth		
	Women	100m	10x30" hurdles
	Junior		
	Women	100m	10x33" hurdles
11:15	Midget		
	Boys	100m	10x33" hurdles
	Open		
	Women	100m	10x33" hurdles
11:35	Youth		
	Men	110m	10x36" hurdles
	Junior		
	Men	110m	10x39" hurdles
	Open		
	Men	110m	10x42" hurdles

200m Timed Finals:

12:45 13Girls/Boys
1:00 12 Girls/Boys
1:15 11 Girls/Boys
1:35 Midget Girls
1:50 Midget Boys
2:10 Youth Women/Men
2:30 Jr Women/Men
2:45 Open/M Women/Men

100m Finals Para-Athletes:

3:00 Ambulatory/W/C Women/Men

600m Timed Finals:

3:15 9-11 Girls/Boys

800m Timed Finals:

3:35 12-13 Girls/Boys
3:50 Midget Girls/Boys
4:10 Youth Women/Men
4:30 Jr/Open/M Women/Men

4x100m Relays:

4:55 9-12 Girls/Boys
13-15 Girls/Boys
16-19 Women/Men
Open Women/Men

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.

SUNDAY JULY 1

TRACK EVENTS:

1000m

8:00 9-11 Girls
9-11 Boys

1200m

8:20 12-13 Girls
12-13 Boys
8:30 Midget Girls
Midget Boys

1500m

8:50 Youth Women
Youth Men
9:20 Jr/Open/M Women
Jr/Open/M Men

100m Timed Finals

9:45 9 Girls
9 Boys
10:00 10 Girls
10 Boys
10:15 11 Girls
11 Boys
10:30 12 Girls
12 Boys
10:45 13 Girls
13 Boys

100m Heats

11:00 Midget Girls
11:15 Midget Boys
11:30 Youth Women
Youth Men
11:45 Junior Women
Junior Men
12:00 Open/M Women
Open/M Men

200m Hurdles Timed Finals

12:15 12 Girls 5x24" hurdles
12 Boys 5x24" hurdles

minutes early

200m Hurdles Timed Finals

12:25 13 Girls 5x27" hurdles
13 Boys 5x27" hurdles

300m Hurdles Timed Finals

12:45 Midget Girls 7x30" hurdles
1:00 Midget Boys 7x30" hurdles

400m Hurdles Timed Finals

1:20 Youth Women 10x30" hurdles
1:30 Jr/Open Women 10x30" hurdles
1:40 Youth Men 10x33" hurdles
1:50 Jr/Open Men 10x36" hurdles

50m Lollipop Fun Run

2:00 Kids aged 6 & under. Free.

100m Finals

2:05 Midget Girls
Midget Boys
Youth Women
Youth Men
Junior Women
Junior Men
Open/M Women
Open/M Men

300m Timed Finals

2:50 12 Girls
12 Boys
3:00 13 Girls
13 Boys
3:10 Midget Girls
3:25 Midget Boys

400m Timed Finals

3:35 Youth Women
Youth Men
3:50 Jr Women/Men
3:55 Open/M Women/Men

Times are approximate, events could start up to 30

SUNDAY JULY 1

FIELD EVENTS:

Age Group	High Jump	Long Jump (pit)	Triple Jump (pit)	Shot Put	Discus	Javelin	Hammer	Pole Vault
9 Girls		10:45 (B)						
9 Boys		11:45 (B)						
10 Girls		1:45 (B)			9:00			
10 Boys		12:45 (B)			11:00	3:30		
11 Girls	10:30				9:00			
11 Boys	8:00				11:00			
12 Girls					9:00	11:30		
12 Boys					1:00	10:30		
13 Girls			12:45 (C)	11:00		9:30		
13 Boys			1:45 (C)	12:30		10:30		
Midget Girls	2:15		10:45 (D)	10:00				
Midget Boys			10:45 (C)	9:00		12:30		
Youth Women	9:15		11:45 (C)	10:00		2:00		
Youth Men	12:15		9:45 (D)			8:00	3:30	
Junior Women	9:15		11:45 (C)	8:00	2:00			
Junior Men	12:15		9:45 (D)		8:00		3:30	
Open/ Masters Women	9:15		11:45 (C)	8:00	2:00			
Open/ Masters Men	12:15		9:45 (D)		8:00		3:30	