

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women 100 Meter Dash Gr 8**

Name	Year	School	Seed	Finals	Wind	H#
Finals						
1 Gabby Lindsay		Skaha Lake Middl		13.42	NWI	1
2 Teja Wilson		Klo Middle		13.70	NWI	4
3 Gabrielle Blake		Klo Middle		13.74	NWI	2
4 Ella Painchaud		Okanagan Mission	13.70	13.90	NWI	3
5 Bella Becker		Skaha Lake Middl		14.07	NWI	2
6 Alex Petrasek		Skaha Lake Middl		x14.14	NWI	4
7 Victoria Salyn		Heritage Chr		14.24	NWI	2
8 Ivy Murphy		Spring Valle	13.50	14.47	NWI	4
9 Vj Cuadra		Spring Valle	14.90	14.75	NWI	2
10 Mackay Danielle		Klo Middle		x15.11	NWI	3
11 Ava Ostrander		Rutland Middle S		15.20	NWI	1
12 Amely Wolf		George Elliot		15.25	NWI	3
13 Sofia Dipieri		Immaculata		15.28	NWI	4
14 Lily Wickenheiser		Drk		15.46	NWI	4
15 Kayla Jacquet		École de L'A		15.50	NWI	3
16 Sofia Mirabent		Drk		15.75	NWI	4
17 Sacha Sabry		George Elliot		16.01	NWI	1
18 Matea Gallagher		Immaculata		16.01	NWI	2
19 Honey Price		George Elliot		x16.49	NWI	1
20 Lucia Fernandez		Okanagan Mission	16.70	16.63	NWI	1

Women 200 Meter Dash Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1 Gabby Lindsay		Skaha Lake Middl		27.46	NWI	2
2 Teja Wilson		Klo Middle		28.05	NWI	2
3 Gabrielle Blake		Klo Middle		28.77	NWI	2
4 Ivy Murphy		Spring Valle	30.40	29.60	NWI	1
5 Amely Wolf		George Elliot		31.74	NWI	2
6 Sofia Mirabent		Drk		32.68	NWI	1
7 Matea Gallagher		Immaculata		32.82	NWI	2
8 Honey Price		George Elliot		35.94	NWI	1

Women 400 Meter Dash Gr 8

Name	Year	School	Seed	Finals
1 Gabby Lindsay		Skaha Lake Middl		1:09.73
2 Bella Becker		Skaha Lake Middl		1:11.16
3 Laura Germana		Constable Neil B		1:11.93
4 Lexis Falkingham		Klo Middle		1:13.21
5 Gabrielle Blake		Klo Middle		1:14.57

Women 800 Meter Run Gr 8

Name	Year	School	Seed	Finals
1 Breah Bridge		Klo Middle		2:46.92
2 Emerson Caruth		Okanagan Mission	2:32.04	2:56.30
3 Kodi Wiman		Aberdeen Hal		2:57.51

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Women 800 Meter Run Gr 8**

4 Alex Petrasek	Skaha Lake Middl	2:58.16
5 Allysa Dobie	Skaha Lake Middl	3:07.01
6 Abigail Arambasich	Kelowna Christian	3:08.10

Women 1500 Meter Run Gr 8

Name	Year School	Seed	Finals
1 BreaH Bridge	Klo Middle		5:38.62
2 Kodi Wiman	Aberdeen Hal		5:41.02
3 Kanani Coon	Okanagan Mission	6:00.00	5:58.34
4 Allysa Dobie	Skaha Lake Middl		6:01.77

Women 3000 Meter Run Gr 8

Name	Year School	Seed	Finals
1 BreaH Bridge	Klo Middle		12:22.07
2 Lola Gulyas	Okanagan Mission		13:11.18

Women 80 Meter Hurdles Gr 8

Name	Year School	Seed	Finals	Wind	H#
1 Bella Becker	Skaha Lake Middl		15.66	NWI	2
2 Kayla Jacquet	École de L'A		15.68	NWI	2
3 Laura Germana	Constable Neil B		16.19	NWI	1
4 Ava Ostrander	Rutland Middle S		16.39	NWI	2
5 Paityn Elchitz	Drk		16.77	NWI	1

Women 200 Meter Hurdles Gr 8

Name	Year School	Seed	Finals	Wind
1 Mackay Danielle	Klo Middle		34.65	NWI
2 Brianna Breau	Kelowna Christian		35.02	NWI
3 Lexis Falkingham	Klo Middle		36.69	NWI

Women 4x100 Meter Relay Gr 8

School	Seed	Finals	H#
1 Skaha Lake Middle School 'A'		57.43	2
2 École Klo Middle School 'B'		57.71	2
3 Spring Valley Middle School 'A'	1:01.00	58.44	2
4 Kelowna Christian 'A'		1:00.32	2
1) Kenna Johnson	2) Brianna Breau		
3) Melissa Christophe	4) Abigail Arambasich		
5 Constable Neil Bruce 'A'		1:01.18	1
6 Dr. Knox Middle School 'A'		1:01.37	1
7 École Klo Middle School 'A'		1:02.57	1
8 George Elliot 'A'		1:03.48	2
1) Haylie Duff	2) Honey Price		
3) Amely Wolf	4) Sacha Sabry		

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women 4x400 Meter Relay Gr 8**

School	Seed	Finals
1 École Klo Middle School 'A'		5:00.42
2 École Klo Middle School 'B'		5:04.55
3 Dr. Knox Middle School 'A'		5:29.20

Women High Jump Gr 8

Name	Year School	Seed	Finals
1 Victoria Salyn	Heritage Chr		1.53m
2 Mackay Danielle	Klo Middle		1.30m
3 Kristen Swaren	Constable Neil B		1.20m
4 Ava Bouchard	Klo Middle		1.20m
5 Zara Bell	Heritage Chr		1.20m

Women Long Jump Gr 8

Name	Year School	Seed	Finals	Wind
1 Kanani Coon	Okanagan Mission	3.87m	4.07m	NWI
2 Ava Rowell	Klo Middle		4.04m	NWI
3 Ivy Murphy	Spring Valle	3.70m	3.84m	NWI
4 Chanda Sichembe	Klo Middle		3.84m	NWI
5 Emma Chater	Spring Valle	3.79m	3.81m	NWI
6 Paityn Elchitz	Drk		3.81m	NWI
7 Tammalee Hicks	Rutland Middle S		3.80m	NWI
8 Sofia Dipieri	Immaculata		3.80m	NWI
9 Summer Hall	Constable Neil B		3.77m	NWI
10 Payton Daymon	Spring Valle	3.65m	x3.71m	NWI
11 Laura Germana	Constable Neil B		3.66m	NWI
12 Hannah Peter	George Elliot		3.63m	NWI
13 Megan Armstrong	Okanagan Mission		3.46m	NWI
14 Matea Gallagher	Immaculata		3.15m	NWI
15 Ava Bouchard	Klo Middle		x2.90m	NWI
16 Lucia Fernandez	Okanagan Mission		x2.52m	NWI

Women Triple Jump Gr 8

Name	Year School	Seed	Finals	Wind
1 Tammalee Hicks	Rutland Middle S		8.98m	NWI
2 Summer Hall	Constable Neil B		8.82m	NWI
3 Ashton Clarke	Constable Neil B		8.33m	NWI
4 Emma Chater	Spring Valle	8.50m	8.31m	NWI
5 Nova Jordo	Klo Middle		8.24m	NWI
6 Payton Daymon	Spring Valle	8.05m	8.22m	NWI
7 Kayla Jacquet	École de L'A		8.08m	NWI
8 Chanda Sichembe	Klo Middle		7.95m	NWI
9 Paityn Elchitz	Drk		7.80m	NWI
10 Sofia Dipieri	Immaculata		7.52m	NWI
-- Haylie Duff	George Elliot		FOUL	
-- Sara Sowinski	Klo Middle		FOUL	

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****Women Shot Put Gr 8**

Name	Year	School	Seed	Finals
1 Victoria Salyn		Heritage Chr		7.95m
2 Nisa Hodgins		Klo Middle		7.71m
3 Kanani Coon		Okanagan Mission		7.38m
4 Desiree Robinson		Constable Neil B		7.37m
5 Felicity Byrne		Aberdeen Hal		7.05m
6 Annika Bosma		Spring Valle	6.42m	6.73m
7 Nya Lovegren		Drk		6.62m
8 Ava Rowell		Klo Middle		6.56m
9 Ashlyn Auger		George Elliot		6.27m
10 Isabel Gramiak		Drk		6.13m
11 Emma Nissen		Spring Valle	6.34m	6.11m
12 Jessica Burston		Okanagan Mission		4.42m

Women Discus Throw Gr 8

Name	Year	School	Seed	Finals
1 Brianna Breau		Kelowna Christian		22.10m
2 Ava Rowell		Klo Middle		18.94m
3 Hannah Peter		George Elliot		17.20m
4 Felicity Byrne		Aberdeen Hal		17.14m
5 Nisa Hodgins		Klo Middle		16.34m
6 Lily Wickenheiser		Drk		15.22m
7 Nya Lovegren		Drk		15.12m
8 Lily Doucette		Klo Middle		x14.97m
9 Zara Bell		Heritage Chr		14.48m
10 Isabel Gramiak		Drk		x14.44m
11 Kodi Wiman		Aberdeen Hal		14.06m
12 Ashlyn Auger		George Elliot		12.61m
13 Jessica Burston		Okanagan Mission		11.11m

Women Hammer Throw 3 kg Gr 8

Name	Year	School	Seed	Finals
1 Nisa Hodgins		Klo Middle		19.41m

Women Javelin Throw Gr 8

Name	Year	School	Seed	Finals
1 Brianna Breau		Kelowna Christian		25.76m
2 Lily Wickenheiser		Drk		20.81m
3 Haylie Duff		George Elliot		19.80m
4 Felicity Byrne		Aberdeen Hal		16.94m
5 Sacha Sabry		George Elliot		15.10m
6 Hannah Peter		George Elliot		x13.30m
7 Isabel Gramiak		Drk		12.08m
8 Zara Bell		Heritage Chr		11.37m
9 Nya Lovegren		Drk		x8.23m

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****Women 1500 Meter Race Walk Gr 8**

Name	Year	School	Seed	Finals
1 Nova Jordo		Klo Middle		10:36.78
2 Sara Sowinski		Klo Middle		10:42.42
3 Amy Turton		Klo Middle		x10:48.09

Women 100 Meter Dash Junior

BC HIGH: * 12.34 2015-06-05 Hassey Fashina-Bombata, Wellington S						
Name	Year	School	Seed	Finals	Wind	H#
1 Emma Cannan		Kelowna Secondar		12.49	NWI	3
2 Jada Buechi		Klo Middle		13.82	NWI	3
3 Ellie Donahue		Klo Middle		13.94	NWI	1
4 Imma Nicholls		Aberdeen Hal		14.05	NWI	1
5 Erin Reeder		Penticton High S		14.21	NWI	2
6 Rowan Forsberg		Okanagan Mission	14.90	14.41	NWI	3
7 Keala Morazain		George Elliot		14.65	NWI	2
8 Camille Malo		Penticton High S		15.07	NWI	3
9 Sarah McAvoy		Aberdeen Hal		15.11	NWI	2
10 Ocean Price		George Elliot		15.20	NWI	2
11 Katelyn Fleming		George Elliot		x15.36	NWI	1
12 August Preussner		Okanagan Mission	15.60	15.48	NWI	2
13 Madison Wirachowsky		Rutland Seni		15.49	NWI	2
14 Emma Wilson		Penticton High S		x15.62	NWI	2
15 Carolin Ulrich		Okanagan Mission	16.50	x15.64	NWI	1
16 Jada Casey		Okanagan Mission		x15.68	NWI	1
17 Elisa Schmidt		Rutland Seni		15.99	NWI	3
18 Laura Siegenthaler		Rutland Seni		x16.00	NWI	1
19 Julia Roth		Rutland Seni		x16.11	NWI	3
20 Isabelle Gagne		Klo Middle		x20.92	NWI	1

Women 200 Meter Dash Junior

BC HIGH: * 25.27 2015-06-06 Hassey Fashina-Bombata, Wellington S						
Name	Year	School	Seed	Finals	Wind	H#
1 Emma Cannan		Kelowna Secondar		26.11	NWI	2
2 Ellie Donahue		Klo Middle		27.09	NWI	2
3 Erin Reeder		Penticton High S		29.73	NWI	2
4 Kristin Huisman		George Elliot		31.07	NWI	2
5 Maria Bortolotto		Klo Middle		31.51	NWI	2
6 Emma Wilson		Penticton High S		31.91	NWI	1
7 Katelyn Fleming		George Elliot		32.01	NWI	1
8 Olivia Linton		Penticton High S		x34.26	NWI	2
9 Kassia Kreinert		George Elliot		x34.30	NWI	1
10 Olivia Howard		Heritage Chr		34.58	NWI	1

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women 400 Meter Run Junior**

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BC HIGH: * 56.34	2014	Jessica Williams, Semiahmoo				
BC HIGH: * 56.34	2014-05-30	Jessica Williams, Semiahmoo Se				
Name	Year	School	Seed	Finals	H#	
=====						
1 Emma Cannan		Kelowna Secondar		1:01.34	2	
2 Presley Johnstone		Kelowna Secondar		1:08.85	2	
3 Caitlyn Collingwood		Klo Middle		1:10.61	2	
4 Felicity Hanson		Drk		1:11.46	2	
5 Kristin Huisman		George Elliot		1:11.55	2	
6 Katelyn Fleming		George Elliot		1:14.77	2	
7 Kendra Julien		Glenrosa Middle		1:14.82	1	
8 Leah Metvedt		Drk		1:16.60	1	
9 Angelica O'Rourke		Penticton High S		1:19.93	1	
10 Maria Bortolotto		Klo Middle		1:24.02	1	
11 Nancy Reisler		Rutland Seni		1:26.81	2	
12 Avery Blais		École de L'A		1:28.53	2	
13 Isabelle Gagne		Klo Middle		x2:10.09	1	

Women 800 Meter Run Junior

=====						
BC HIGH: * 2:11.97	2015-06-06	Madison Heisterman, Queen Margar				
Name	Year	School	Seed	Finals		
=====						
1 Tatum Wade		Okanagan Mission	2:30.00	2:32.06		
2 Caitlyn Collingwood		Klo Middle		2:44.85		
3 Felicity Hanson		Drk		2:47.21		
4 Gabrielle Gracia		Penticton High S		2:51.11		
5 Leah Metvedt		Drk		2:58.28		
6 Kristin Huisman		George Elliot		3:01.59		
7 Emily Bell		Aberdeen Hal		3:07.83		
8 Angelica O'Rourke		Penticton High S		3:11.74		
9 Nancy Reisler		Rutland Seni		3:12.41		
10 Maria Bortolotto		Klo Middle		3:18.05		
11 Ashley Moore		Drk		x3:20.57		
12 Isabelle Gagne		Klo Middle		x4:42.75		

Women 1500 Meter Run Junior

=====						
BC HIGH: * 4:38.73	2015-06-05	Megan Roxby, West Van				
Name	Year	School	Seed	Finals		
=====						
1 Tatum Wade		Okanagan Mission	5:13.00	5:10.92		
2 Ava Graf		Drk		5:20.06		
3 Ella Rolleston		Okanagan Mission	5:03.00	5:24.53		
4 Caitlyn Collingwood		Klo Middle		5:38.01		
5 Tayla Ingram		Summerland		5:41.86		

Women 3000 Meter Run Junior

=====						
BC HIGH: * 9:56.49	2014-05-31	Hannah Bennison, Vernon				
Name	Year	School	Seed	Finals		
=====						
1 Ava Graf		Drk		11:49.28		
2 Ella Rolleston		Okanagan Mission	11:30.00	11:50.22		

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****....Women 3000 Meter Run Junior**

3 Tayla Ingram	Summerland	12:15.68
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Women 80 Meter Hurdles Junior

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BC HIGH: *	12.00	2014-05-30	Abbott Calli-Ann, Brooks Secon			
Name		Year	School	Seed	Finals	Wind H#
=====						
1	Mekhila Brown		Klo Middle		12.89	NWI 1
2	Presley Johnstone		Kelowna Secondar		13.70	NWI 2
3	Maya Bassot		Penticton High S		15.12	NWI 2
4	Madison Wirachowsky		Rutland Seni		16.46	NWI 2
5	Mackenzie Adams		Glenrosa Middle		16.93	NWI 1
6	Danae de Haan		George Elliot		17.39	NWI 1
7	Jaclyn Janse		Heritage Chr		18.09	NWI 2
--	Mickhalia Francis		Rutland Seni		DNF	NWI 2

Women 300 Meter Hurdles Junior

=====						
BC HIGH: *	44.47	2014-05-31	Hannah Johnston, Vancouver Techni			
Name		Year	School	Seed	Finals	
=====						
1	Madison Wirachowsky		Rutland Seni		57.58	
2	Erica Ellis		Kelowna Secondar		57.84	
3	Mickhalia Francis		Rutland Seni		1:33.65	

Women 1500 Meter Steeplechase Junior

=====						
BC HIGH: *	5:06.36	2015-06-04	Georgia Ginther, Earl Marriot			
BC HIGH: *	5:15.10	2014-05-29	Kendall Fitzgerald, Valleyview S			
Name		Year	School	Seed	Finals	
=====						
1	Tatum Wade		Okanagan Mission	5:30.00	5:49.60	

Women 4x100 Meter Relay Junior

=====						
BC HIGH: *	51.14	2015-06-05	Semiahmoo Secondary, Semiahmoo Se			
School				Seed	Finals	
=====						
1	École Klo Middle School 'A'				55.18	
2	Penticton High School 'A'				59.81	
3	Okanagan Mission 'A'				1:00.05	
	1) August Preussner		2) Jada Casey			
	3) Carolin Ulrich		4) Rowan Forsberg			
4	Dr. Knox Middle School 'A'				1:00.07	
5	Rutland Senior Secondary 'A'				1:01.23	
	1) Amira Wideman		2) Madison Wirachowsky			
	3) Julia Roth		4) Mickhalia Francis			

Women 4x400 Meter Relay Junior

=====						
BC HIGH: *	4:05.18	2015-06-06	Semiahmoo Secondary, Semiahmoo Se			
School				Seed	Finals	
=====						
1	École Klo Middle School 'A'				5:13.94	

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Women 4x400 Meter Relay Junior**

2 Dr. Knox Middle School 'A' 5:21.73

Women High Jump Junior

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BC	HIGH:	*	1.70m	2015-06-06	Alexa Porpaczy, Semiahmoo Se
Name	Year	School	Seed	Finals	
=====					
1	Mekhila Brown	Klo Middle		1.60m	
2	Georgia McLean	George Elliot		1.45m	
3	Keala Morazain	George Elliot		1.40m	
4	Maya Bassot	Penticton High S		1.35m	
5	Camille Malo	Penticton High S		1.35m	
--	Sarah McAvoy	Aberdeen Hal		NH	

Women Long Jump Junior

=====						
BC	HIGH:	*	5.44m	2014-05-30	Emma Rastad, Collingwood	
Name	Year	School	Seed	Finals	Wind	
=====						
1	Jada Buechi	Klo Middle		4.48m	NWI	
2	Georgia Griffin	Immaculata		4.40m	NWI	
3	Ava Craig	Mount Boucherie		4.25m	NWI	
4	Maya Bassot	Penticton High S		4.24m	NWI	
5	Ellie Donahue	Klo Middle		4.13m	NWI	
6	Georgia McLean	George Elliot		4.07m	NWI	
7	Felicity Hanson	Drk		4.00m	NWI	
8	August Preussner	Okanagan Mission	3.70m	3.99m	NWI	
9	Kendra Julien	Glenrosa Middle		3.97m	NWI	
10	Mila Mirchandani	Rutland Seni		3.92m	NWI	
11	Amber Emrich	Rutland Seni	3.95m	3.79m	NWI	
12	Caytlin McConachie	Mount Boucherie		3.77m	NWI	
13	Aniella Lind	Klo Middle		x3.75m	NWI	
14	Keala Morazain	George Elliot		3.70m	NWI	
15	Laura Siegenthaler	Rutland Seni		x3.63m	NWI	
16	Jada Casey	Okanagan Mission		3.61m	NWI	
17	Emily Bell	Aberdeen Hal		3.60m	NWI	
18	Danae de Haan	George Elliot		x3.53m	NWI	
19	Carolin Ulrich	Okanagan Mission		x3.52m	NWI	
20	Camille Malo	Penticton High S		3.51m	NWI	
21	Amira Wideman	Rutland Seni		x3.40m	NWI	
22	Avery Blais	École de L'A		3.31m	NWI	
23	Madeleine Cloutier	École de L'A		3.20m	NWI	
24	Delphine Phanuf-Daigneau	Penticton High S		x3.17m	NWI	
25	Sormeh Ahamdi	Aberdeen Hal		3.16m	NWI	
26	Elisa Schmidt	Rutland Seni		xJ3.16m	NWI	
27	Kaydee Copithorne	Drk		3.07m	NWI	
28	Jaclyn Janse	Heritage Chr		J3.07m	NWI	

Women Triple Jump Junior

=====					
BC	HIGH:	*	11.11m	2015-06-04	Kristen Schulz, Argyle
Name	Year	School	Seed	Finals	Wind
=====					
1	Georgia McLean	George Elliot		9.91m	NWI

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Women Triple Jump Junior**

2	Jada Buechi	Klo Middle	9.31m	NWI
3	Ava Craig	Mount Boucherie	9.12m	NWI
4	Georgia Griffin	Immaculata	8.97m	NWI
5	Aniella Lind	Klo Middle	8.68m	NWI
6	Emily Buckmaster	Klo Middle	x8.41m	NWI
7	Jada Casey	Okanagan Mission	8.16m	NWI

Women Shot Put 3 kg Junior

=====				
BC HIGH: * 15.19m 2015-06-04 Dolly Gabri, Sullivan Hei				
Name	Year	School	Seed	Finals
=====				
1	Kali Halvorson	Okanagan Mission	11.09m	10.35m
2	Cally Melnyk	Aberdeen Hal		9.70m
3	Emma Wilson	Penticton High S		8.61m
4	Grace Mallette	Rutland Seni		8.03m
5	Dylan Widmark	Kelowna Secondar		8.01m
6	Georgia Griffin	Immaculata		7.78m
7	Mila Mirchandani	Rutland Seni		7.64m
8	Ocean Price	George Elliot		7.36m
9	Faith Banks	Immaculata		6.46m
10	Olivia Howard	Heritage Chr		6.14m
11	Beatrice Yau	Aberdeen Hal		6.06m

Women Discus Throw 1 kg Junior

=====				
BC HIGH: * 43.01m 2015-06-06 Dolly Gabri, Sullivan Hei				
Name	Year	School	Seed	Finals
=====				
1	Cally Melnyk	Aberdeen Hal		23.74m
2	Kali Halvorson	Okanagan Mission	23.80m	23.17m
3	Grace Mallette	Rutland Seni		18.57m
4	Ashley Higgins	George Elliot		18.56m
5	Presley Johnstone	Kelowna Secondar		18.51m
6	Danae de Haan	George Elliot		17.33m
7	Dylan Widmark	Kelowna Secondar		15.91m
8	Imma Nicholls	Aberdeen Hal		14.81m
9	Faith Banks	Immaculata		14.36m
10	Caytlin McConachie	Mount Boucherie		13.36m
11	Kaydee Copithorne	Drk		12.77m
12	Olivia Howard	Heritage Chr		12.61m
13	Taylor Baker	Drk		12.00m
14	Destiny Drouin	Heritage Chr		7.13m
--	Delphine Phanuf-Daigneau	Penticton High S		FOUL

Women Hammer Throw 3 kg Junior

=====				
BC HIGH: * 62.79m 2015-06-06 Lindsey Frederiksen, Mount Dougla				
Name	Year	School	Seed	Finals
=====				
1	Kali Halvorson	Okanagan Mission	28.73m	33.59m
2	Ocean Price	George Elliot		29.17m
3	Cally Melnyk	Aberdeen Hal		23.85m
4	Ashley Higgins	George Elliot		21.52m

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5 Mackenzie Adams	Glenrosa Middle	21.37m
6 Sormeh Ahamdi	Aberdeen Hal	12.64m

Women Javelin Throw 500 gram Junior

=====				
BC HIGH: * 40.92m	2015-06-05	Hayley Hunter, Carihi Secon		
Name	Year	School	Seed	Finals
=====				
1 Raenalyn Dovedoff		Rutland Seni		28.30m
2 Ashley Higgins		George Elliot		25.09m
3 Mackenzie Adams		Glenrosa Middle		23.89m
4 Aniella Lind		Klo Middle		23.31m
5 Mekhila Brown		Klo Middle		22.66m
6 Tayla Ingram		Summerland		22.08m
7 Dylan Widmark		Kelowna Secondar		20.73m
8 Kassia Kreinert		George Elliot		20.61m
9 Nicola Thompson		Penticton High S		18.78m
10 Delphine Phanuf-Daigneau		Penticton High S		15.29m
11 Grace Mallette		Rutland Seni		14.23m
12 Destiny Drouin		Heritage Chr		12.06m
13 Laura Siegenthaler		Rutland Seni		x10.69m
-- Jaclyn Janse		Heritage Chr		FOUL
-- Elisa Schmidt		Rutland Seni		FOUL
-- Sarah McAvoy		Aberdeen Hal		FOUL

Women 1500 Meter Race Walk Junior

=====				
BC HIGH: * 7:11.95	2015-06-06	Kyra Danielson, Killarney		
Name	Year	School	Seed	Finals
=====				
1 Destiny Drouin		Heritage Chr		9:50.18
2 Millie Rippon		Kelowna Secondar		10:31.54
3 Kassia Kreinert		George Elliot		10:54.72

Women 100 Meter Dash Senior

=====					
BC HIGH: * 11.76	2015-06-05	Raquel Tjernagel, New Westminster			
Name	Year	School	Seed	Finals	Wind
=====					
1 Kenaysha Lyder		Kelowna Secondar		13.01	NWI
2 Ashley Overby		Kelowna Christian		13.05	NWI
3 Kianna McRae		Kelowna Secondar		13.33	NWI
4 Kirsten Eisner		Summerland		14.37	NWI
5 Hannah Maeusel		Rutland Seni		14.50	NWI

Women 200 Meter Dash Senior

=====					
BC HIGH: * 24.34	2015-06-06	Raquel Tjernagel, New Westminster			
Name	Year	School	Seed	Finals	Wind
=====					
1 Kenaysha Lyder		Kelowna Secondar		26.68	NWI
2 Kianna McRae		Kelowna Secondar		27.11	NWI
3 Rachel Weiss		George Elliot		29.30	NWI
-- Ashley Overby		Kelowna Christian		DQ	NWI

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women 400 Meter Run Senior**

=====				
BC HIGH: *	55.60	2015-06-05	Zion Corrales Nelson,	St Thomas More
Name		Year School	Seed	Finals
=====				
1	Lindsay Maier		Kelowna Secondar	1:03.66

Women 800 Meter Run Senior

=====				
BC HIGH: *	2:09.04	2015-06-06	Alyssa Mousseau,	Wellington S
Name		Year School	Seed	Finals
=====				
1	Farideh McDonald		Mount Boucherie	2:30.78
2	Rachel Weiss		George Elliot	2:32.84
3	Teghan Ingles		George Elliot	2:45.62

Women 1500 Meter Run Senior

=====				
BC HIGH: *	4:27.63	2015-06-05	Nicole Hutchinson,	Sentinel
Name		Year School	Seed	Finals
=====				
1	Jaxon Slaney		Rutland Seni	5:11.45
2	Teghan Ingles		George Elliot	5:40.20
3	Kelsey Hanson		Kelowna Secondar	6:09.96

Women 3000 Meter Run Senior

=====				
BC HIGH: *	9:33.44	2015-06-06	Hannah Bennison,	Vernon
Name		Year School	Seed	Finals
=====				
1	Jaxon Slaney		Rutland Seni	11:39.89
2	Meadow Carmen		George Elliot	12:31.83
3	Kelsey Hanson		Kelowna Secondar	13:26.62

Women 100 Meter Hurdles Senior

=====					
BC HIGH: *	14.41	2015-06-05	Chicago Bains,	Cowichan Sec	
Name		Year School	Seed	Finals	Wind
=====					
1	Muriel Stroda		Okanagan Mission	15.44	NWI
2	Madelyn Hettinga		Kelowna Secondar	15.85	NWI
3	Selina Bortolotto		Kelowna Secondar	19.17	NWI
4	Hannah Maeusel		Rutland Seni	20.25	NWI

Women 400 Meter Hurdles Senior

=====				
BC HIGH: *	1:00.56	2015-06-06	Megan Champoux,	LFMSS
Name		Year School	Seed	Finals
=====				
1	Madelyn Hettinga		Kelowna Secondar	1:05.88
2	Lindsay Maier		Kelowna Secondar	1:10.87

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women 1500 Meter Steeplechase Senior**

BC HIGH: * 5:04.55 2015-06-05 Glynis Sim, Salmon Arm S				
Name	Year	School	Seed	Finals
1 Danielle Selby		Kelowna Secondar		6:19.10
2 Kelsey Hanson		Kelowna Secondar		7:12.34

Women 4x100 Meter Relay Senior

BC HIGH: * 48.27 2015-06-05 Cowichan Secondary, Cowichan Sec School				
School	Year	Seed	Finals	
1 Kelowna Secondary School	'A'		53.07	
2 Rutland Senior Secondary	'A'		59.82	

Women 4x400 Meter Relay Senior

BC HIGH: * 4:03.03 2015-06-06 New Westminster, New Westminster School				
School	Year	Seed	Finals	
1 Kelowna Secondary School	'A'		4:38.80	
2 George Elliot	'A'		4:38.99	
1) Meadow Carmen		2) Georgia McLean		
3) Teghan Ingles		4) Rachel Weiss		

Women High Jump Senior

BC HIGH: * 1.75m 2015-06-05 Nina Schultz, New Westminster				
Name	Year	School	Seed	Finals
1 Kailey Fejer		Kelowna Secondar		1.40m
2 Halle Gainey		Okanagan Mission		1.30m
3 Chantel Bennett		Aberdeen Hal		1.30m

Women Pole Vault Senior

BC HIGH: * 3.15m 2015-06-05 Nicola Horwood, Oak Bay Seco				
Name	Year	School	Seed	Finals
1 Leonie Steigenbergen		George Elliot		1.60m

Women Long Jump Senior

BC HIGH: * 5.69m 2015-06-04 Nina Schultz, New Westminster					
Name	Year	School	Seed	Finals	Wind
1 Muriel Stroda		Okanagan Mission	5.00m	4.96m	NWI
2 Rachel Weiss		George Elliot		4.47m	NWI
3 Kailey Fejer		Kelowna Secondar		4.43m	NWI
4 Hannah Maeusel		Rutland Seni		4.02m	NWI
5 Jocelyn Shepel		Rutland Seni		3.99m	NWI
6 Hannah Mewes		Rutland Seni		x3.91m	NWI
7 Kirsten Eisner		Summerland		3.82m	NWI
8 Beatrice Yau		Aberdeen Hal		3.00m	NWI
9 Mary Zhu		Aberdeen Hal		2.28m	NWI

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women Triple Jump Senior**

BC HIGH: * 11.64m 2015-06-06 Nina Schultz, New Westminster					
Name	Year	School	Seed	Finals	Wind
1 Kailey Fejer		Kelowna Secondar		9.61m	NWI
2 Chantel Bennett		Aberdeen Hal		9.10m	NWI
3 Leonie Steigenbergen		George Elliot		7.82m	NWI

Women Shot Put 4 kg Senior

BC HIGH: * 11.48m 2015-06-06 Tasha Willing, Chilliwack				
Name	Year	School	Seed	Finals
1 Meadow Carmen		George Elliot		9.30m
2 Hailey Bamping		Rutland Seni		8.39m
3 Maeve Koebel		Immaculata		8.35m
4 Kascia Lovett		Princess Mar		7.84m

Women Discus Throw 1 kg Senior

BC HIGH: * 37.99m 2015-06-04 Chanell Botsis, Dr. Charles				
Name	Year	School	Seed	Finals
1 Hailey Bamping		Rutland Seni		25.44m
2 Jocelyn Shepel		Rutland Seni		19.68m
3 Teghan Ingles		George Elliot		19.15m
4 Leonie Steigenbergen		George Elliot		17.77m
5 Jenna Muzzin		Rutland Seni		x16.39m
6 Kascia Lovett		Princess Mar		15.61m
7 Alisha Bhullar		Aberdeen Hal		13.45m

Women Hammer Throw 4 kg Senior

BC HIGH: * 53.83m 2015-06-05 Chanell Botsis, Dr. Charles				
Name	Year	School	Seed	Finals
1 Alisha Bhullar		Aberdeen Hal		11.11m

Women Javelin Throw 600 gram Senior

BC HIGH: * 47.69m 2015-06-06 Brittni Wolczyk, Archbishop C				
Name	Year	School	Seed	Finals
1 Muriel Stroda		Okanagan Mission	32.51m	28.26m
2 Madelyn Hettinga		Kelowna Secondar		26.63m
3 Meadow Carmen		George Elliot		24.75m
4 Tealya Wilcox		Penticton High S		13.77m
5 Kascia Lovett		Princess Mar		10.33m
-- Mary Zhu		Aberdeen Hal		FOUL

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women 1500 Meter Race Walk Senior**

BC HIGH: * 7:45.19 2015-06-06 Jacqueline Gaby, Parkland Sec

Name Year School Seed Finals

Name	Year	School	Seed	Finals
1 Abby Einarson		George Elliot		10:45.27

Women 100 Meter Dash Grade 7

Name Year School Seed Finals Wind H#

Name	Year	School	Seed	Finals	Wind	H#
1 Minirva McCarthy-Harley		George Elliot		14.73	NWI	3
2 Morgan McLean		George Elliot		14.77	NWI	3
3 Jada Powell		Skaha Lake Middl		14.97	NWI	1
4 Mickayla Goodwin		École de L'A		15.06	NWI	3
5 Soraya Auger		Constable Neil B		15.11	NWI	3
6 Ava Everett		Constable Neil B		15.17	NWI	1
7 Akeylee Dirks		Drk		15.18	NWI	1
8 Skylar Lucas		Skaha Lake Middl		15.25	NWI	2
9 Breanne Adam		Drk		15.26	NWI	2
10 Katherine Priebe		Heritage Chr		15.34	NWI	3
11 Naika Kristiansen		Okanagan Mission	15.60	15.40	NWI	2
12 Eimi Wilson		Drk		x15.65	NWI	1
13 Taylor Kartz		Okanagan Mission		15.78	NWI	2
14 Tamaija Knight		George Elliot		x15.89	NWI	2
14 Hadil Albreij		Glenrosa Middle		15.89	NWI	3
16 Eilla Gibson		Spring Valle	16.40	15.93	NWI	1
17 Hailey Trim		Skaha Lake Middl		x16.28	NWI	3
18 Audrey Indrawan		Glenrosa Middle		16.59	NWI	2
19 Keira Eubanks		Glenrosa Middle		x17.03	NWI	3
20 Neveah Pitre		Spring Valle	17.50	17.41	NWI	1

Women 200 Meter Dash Grade 7

Name Year School Seed Finals Wind H#

Name	Year	School	Seed	Finals	Wind	H#
1 Isabella Bigattini		Klo Middle		27.69	NWI	1
2 Cassidy Banks		Rutland Middle S		29.88	NWI	2
3 Morgan Shearer		Spring Valle	31.70	30.86	NWI	1
4 Zoe Spooner		Skaha Lake Middl		31.43	NWI	2
5 Hanna Phillip		Glenrosa Middle		31.84	NWI	2
6 Akeylee Dirks		Drk		32.08	NWI	1
7 Amy Horak		Drk		33.95	NWI	2
8 Hailey Trim		Skaha Lake Middl		34.19	NWI	2
9 Mya Lesage		George Elliot		34.97	NWI	1
10 Megan Weisbrodt		George Elliot		35.03	NWI	1
11 Eva Welfare		Drk		x35.41	NWI	2

Women 400 Meter Run Grade 7

Name Year School Seed Finals H#

Name	Year	School	Seed	Finals	H#
1 Cassidy Banks		Rutland Middle S		1:09.52	2
2 Jada Powell		Skaha Lake Middl	1:20.00	1:13.06	2
3 Naika Kristiansen		Okanagan Mission		1:14.57	1
4 Cassie Einarson		George Elliot		1:17.68	1

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Women 400 Meter Run Grade 7**

5	Zoe Spooner	Skaha Lake Middl	1:18.32	1
6	Mickayla Goodwin	École de L'A	1:19.18	1
7	Amira Hakam	Okanagan Mission	1:21.94	1
8	Brienne Malish	Drk	1:24.11	2
9	Aly Foster	Drk	1:36.12	2

Women 800 Meter Run Grade 7

Name	Year	School	Seed	Finals
1	Cassidy Banks	Rutland Middle S		2:55.64
2	Meghan Schneider	George Elliot		2:58.58
3	Kyly Laybolt	George Elliot		3:01.78
4	Hannah Droppo	Okanagan Mission		3:02.84
5	Myiah Presiznuik	Klo Middle		3:03.24
6	Keira Eves	Drk		3:04.30
7	Amira Hakam	Okanagan Mission	3:05.00	3:13.73

Women 1500 Meter Run Grade 7

Name	Year	School	Seed	Finals
1	Meghan Schneider	George Elliot		6:02.35
2	Kyly Laybolt	George Elliot		6:03.71
3	Annika Sherck	Spring Valle	6:03.00	6:04.33
4	Keenan Lawrie	Drk		7:33.91
5	Aly Foster	Drk		7:53.38
6	Sophia Karogiannis	Drk		x8:04.24

Women 3000 Meter Run Grade 7

Name	Year	School	Seed	Finals
1	Quincy Schmidt	Drk		15:21.08
2	Amy Horak	Drk		15:21.09

Women 80 Meter Hurdles Grade 7

Name	Year	School	Seed	Finals	Wind	H#
1	Soraya Auger	Constable Neil B		15.94	NWI	2
2	Myiah Presiznuik	Klo Middle		16.00	NWI	2
3	Stephanie Dueck	Constable Neil B		16.05	NWI	3
4	Caiya Taylor-Ainslie	Drk		16.24	NWI	3
5	Jamelia Campbell	Klo Middle		16.50	NWI	2
6	Olivia Vinet	École de L'A		16.99	NWI	3
7	Emmerson Love	George Elliot		17.04	NWI	3
8	Eimi Wilson	Drk		17.18	NWI	2
9	Cassie Einarson	George Elliot		17.76	NWI	1
10	Jenna Crockett	Klo Middle		x17.77	NWI	1
11	Naika Kristiansen	Okanagan Mission		18.11	NWI	1
12	Amira Hakam	Okanagan Mission		18.69	NWI	2
13	Quincy Schmidt	Drk		x18.97	NWI	1

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****Women 200 Meter Hurdles Grade 7**

Name	Year	School	Seed	Finals	Wind	H#
1 Emmerson Love		George Elliot		34.94	NWI	2
2 Lauren Canham		Drk		35.59	NWI	2
3 Hannah Droppo		Okanagan Mission		36.12	NWI	2
4 Amy Horak		Drk		36.91	NWI	2
5 Olivia Vinet		École de L'A		37.60	NWI	1
6 Jenna Crockett		Klo Middle		37.70	NWI	1
7 Cassie Einarson		George Elliot		37.87	NWI	1
8 Kennedy Kankaanpaa		Klo Middle		38.62	NWI	2
9 Quincy Schmidt		Drk		x41.29	NWI	1

Women 4x100 Meter Relay Grade 7

School	Seed	Finals	H#
1 Okanagan Mission 'A'	1:01.09	1:00.77	2
1) Hannah Droppo			
2) Sevren Branch			
3) Taylor Kartz			
4) Naika Kristiansen			
2 Dr. Knox Middle School 'A'		1:01.61	2
3 Constable Neil Bruce 'A'		1:01.81	1
4 École Klo Middle School 'A'		1:02.50	1
5 George Elliot 'B'		1:02.64	2
1) Cassie Einarson			
2) Morgan McLean			
3) Meghan Schneider			
4) Kyly Laybolt			
6 Skaha Lake Middle School 'A'		1:03.07	2
7 George Elliot 'A'		1:03.28	2
1) Mya Lesage			
2) Emmerson Love			
3) Minirva McCarthy-Harley			
4) Megan Weisbrodt			
8 Dr. Knox Middle School 'B'		1:03.36	1
9 Glenrosa Middle 'A'		1:03.73	1
1) Keira Eubanks			
2) Hadil Albreij			
3) Audrey Indrawan			
4) Hanna Phillip			
10 Dr. Knox Middle School 'C'		x1:06.63	1

Women 4x400 Meter Relay Grade 7

School	Seed	Finals
1 George Elliot 'A'		5:06.73
1) Kyly Laybolt		
2) Cassie Einarson		
3) Emmerson Love		
4) Meghan Schneider		
2 Dr. Knox Middle School 'A'		6:02.46
3 Dr. Knox Middle School 'B'		6:18.83

Women High Jump Grade 7

Name	Year	School	Seed	Finals
1 Stephanie Dueck		Constable Neil B		1.35m
2 Katrina Dudych		Spring Valle	1.30m	1.30m
3 Katherine Priebe		Heritage Chr		1.30m
4 Caiya Taylor-Ainslie		Drk		1.25m
5 Sophie Nice		Drk		1.25m

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Women High Jump Grade 7**

6	Hanna Phillip	Glenrosa Middle		1.20m
7	Erin Canham	Drk		x1.20m
8	Carys Griffin	Constable Neil B		1.15m
8	Olivia Vinet	École de L'A		1.15m
10	Sajana Sandhu	Aberdeen Hal		1.10m
10	Minirva McCarthy-Harley	George Elliot		1.10m
10	Jadyn Perry	Spring Valle	1.10m	1.10m
13	Jamelia Campbell	Klo Middle		1.10m

Women Long Jump Grade 7

Name	Year	School	Seed	Finals	Wind
1	Isabella Bigattini	Klo Middle		4.69m	NWI
2	Stephanie Dueck	Constable Neil B		4.03m	NWI
3	Morgan McLean	George Elliot		3.84m	NWI
4	Jada Powell	Skaha Lake Middl		3.83m	NWI
5	Sevren Branch	Okanagan Mission		3.82m	NWI
6	Tianna Gorzynski	Constable Neil B		3.72m	NWI
7	Akeylee Dirks	Drk		3.64m	NWI
8	Skylar Lucas	Skaha Lake Middl		J3.64m	NWI
9	Hannah Droppo	Okanagan Mission		3.60m	NWI
10	Breanne Adam	Drk		3.50m	NWI
11	Hanna Phillip	Glenrosa Middle		3.49m	NWI
12	Meghan Schneider	George Elliot		3.48m	NWI
13	Sajana Sandhu	Aberdeen Hal		3.48m	NWI
14	Taylor Kartz	Okanagan Mission		x3.42m	NWI
15	Jenna Crockett	Klo Middle		3.40m	NWI
16	Zoe Spooner	Skaha Lake Middl		x3.37m	NWI
17	Jadyn Perry	Spring Valle	3.32m	3.29m	NWI
18	Hadil Albreij	Glenrosa Middle		3.28m	NWI
19	Eilla Gibson	Spring Valle	3.16m	3.20m	NWI
20	Myiah Presiznuik	Klo Middle		x3.20m	NWI
21	Evan Dutfield	Constable Neil B		x3.03m	NWI
22	Isabella Watersten	Glenrosa Middle		x2.70m	NWI
--	Eva Welfare	Drk		FOUL	

Women Triple Jump Grade 7

Name	Year	School	Seed	Finals	Wind
1	Caiya Taylor-Ainslie	Drk		9.41m	NWI
2	Morgan McLean	George Elliot		8.61m	NWI
3	Katherine Priebe	Heritage Chr		8.34m	NWI
4	Minirva McCarthy-Harley	George Elliot		7.52m	NWI
5	Sajana Sandhu	Aberdeen Hal		7.48m	NWI
6	Audrey Indrawan	Glenrosa Middle		7.32m	NWI
7	Kennedy Kankaanpaa	Klo Middle		7.25m	NWI
--	Isabella Watersten	Glenrosa Middle		FOUL	
--	Karmen Chu	Drk		FOUL	
--	Eva Welfare	Drk		FOUL	

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Women Shot Put Grade 7**

Name	Year	School	Seed	Finals
1 Elise Drake		Klo Middle		8.99m
2 Tamaija Knight		George Elliot		7.73m
3 Annika Sherck		Spring Valle	6.74m	6.88m
4 Keira Rexin		Drk		6.83m
5 Alana Elliott		Spring Valle	6.08m	6.16m
6 Alessia Galvagno		Klo Middle		5.97m
7 Megan Weisbrodt		George Elliot		5.84m
8 Karmen Chu		Drk		5.59m
9 Avery Yanik		Drk		x4.82m

Women Discus Throw Grade 7

Name	Year	School	Seed	Finals
1 Elise Drake		Klo Middle		26.78m
2 Mya Lesage		George Elliot		17.51m
3 Sydney Campbell		Constable Neil B		17.20m
4 Alessia Galvagno		Klo Middle		15.80m
5 Tamaija Knight		George Elliot		15.59m
6 Keira Eves		Drk		15.50m
7 Eilla Gibson		Spring Valle	14.00m	15.19m
8 Keira Eubanks		Glenrosa Middle		15.00m
9 Keira Rexin		Drk		14.97m
10 Brienne Malish		Drk		x14.47m
11 Kennedy Kankaanpaa		Klo Middle		x13.68m
12 Breanne Adam		Drk		x13.50m
13 Taylor Kartz		Okanagan Mission		13.10m
14 Meghan McCarren		Spring Valle	13.29m	13.00m
15 Alana Elliott		Spring Valle	7.57m	x12.39m
16 Hadil Albreij		Glenrosa Middle		12.13m
-- Megan Weisbrodt		George Elliot		FOUL

Women Javelin Throw Grade 7

Name	Year	School	Seed	Finals
1 Elise Drake		Klo Middle		19.42m
2 Carys Griffin		Constable Neil B		13.82m
3 Mya Lesage		George Elliot		13.25m
4 Sophia Karogiannis		Drk		12.26m
5 Jamelia Campbell		Klo Middle		12.25m
6 Rayelle Paull		Rutland Middle S		12.00m
7 Keira Eves		Drk		11.85m
8 Eimi Wilson		Drk		x10.09m
9 Emmerson Love		George Elliot		9.82m

Men 100 Meter Dash Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1 Isaac Gokiert		Drk		12.54	NWI	2
2 Mason White		Skaha Lake Middl		13.04	NWI	1

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****....Men 100 Meter Dash Gr 8**

3	John White	Klo Middle		13.15	NWI	2
4	Aj Hamilton	Skaha Lake Middl		13.52	NWI	2
5	Mitchell Tamminga	Skaha Lake Middl		x13.56	NWI	2
6	Braydon Maki	George Elliot		13.89	NWI	1
7	Giovanni Walker	Drk		14.01	NWI	1
8	Logan Smith	Constable Neil B		14.06	NWI	1
9	Rares David	Spring Valle	14.80	14.81	NWI	2
10	Joseph Mellor	Drk		x15.29	NWI	1
11	Cameron Hobbs	Klo Middle		15.96	NWI	1
12	Artiom Potapciuc	École de L'A		16.48	NWI	2
13	Emmanuelle Mullin	Spring Valle	17.00	19.38	NWI	1

Men 200 Meter Dash Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1	Isaac Gokiert	Drk		25.67	NWI	2
2	Santino Corbo	Klo Middle		25.82	NWI	2
3	Kory Cheese - Clacken	Klo Middle		26.62	NWI	2
4	Mason White	Skaha Lake Middl		26.70	NWI	1
5	Mitchell Tamminga	Skaha Lake Middl		27.09	NWI	2
6	Dylan Cheale	Drk		27.57	NWI	1
7	Cam Taylor	Skaha Lake Middl		x27.62	NWI	1
8	Dylan Moore	Drk		x32.79	NWI	1
9	Artiom Potapciuc	École de L'A		34.05	NWI	1
--	John White	Klo Middle		DNF	NWI	2

Men 400 Meter Dash Gr 8

Name	Year	School	Seed	Finals	H#
1	Tyson Carr	Klo Middle		58.17	1
2	Kory Cheese - Clacken	Klo Middle		59.90	2
3	Santino Corbo	Klo Middle		x1:01.48	1
4	Dylan Cheale	Drk		1:04.88	1
5	Aj Hamilton	Skaha Lake Middl	1:15.00	1:05.28	2
6	Cam Taylor	Skaha Lake Middl		1:07.42	2
7	Giovanni Walker	Drk		1:16.79	1
8	Owen Hagan	Drk		x1:19.08	2
9	Artiom Potapciuc	École de L'A		1:25.95	1

Men 800 Meter Run Gr 8

Name	Year	School	Seed	Finals
1	Tyson Carr	Klo Middle		2:16.56
2	Dylan Cheale	Drk		2:29.46
3	Aj Dutta	Spring Valle	2:35.00	2:34.78
4	Nathan Mullin	Spring Valle	2:53.00	2:42.26
5	Jacob Jeffrey	Klo Middle		2:43.07
6	Owen Hagan	Drk		2:55.12
7	Carson Elliott	Spring Valle	3:01.00	x2:56.72
8	Deagan Parker	Klo Middle		x2:57.70
9	Liam Moeskops	Drk		x3:08.90

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****Men 1500 Meter Run Gr 8**

Name	Year	School	Seed	Finals
1 Nathan Achtem		Klo Middle		5:13.06
2 Aj Dutta		Spring Valle	5:34.00	5:17.70
3 Simon Wilson		Drk		5:17.71
4 Kaden Gay		Klo Middle		5:33.45
5 Ty Wight		Spring Valle	6:35.00	6:24.87
6 Liam Moeskops		Drk		6:33.53

Men 3000 Meter Run Gr 8

Name	Year	School	Seed	Finals
1 Nathan Achtem		Klo Middle		11:19.01
2 Simon Wilson		Drk		11:27.32
3 Liam Moeskops		Drk		14:14.89

Men 100 Meter Hurdles Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1 Max Gainey		Okanagan Mission		18.13	NWI	3
2 Luke Schraeder		Klo Middle		19.21	NWI	2
3 Jamie Hatch		Klo Middle		19.34	NWI	1
4 Braydon Maki		George Elliot		20.41	NWI	1
5 Nik Czenczek		Drk		21.26	NWI	3
6 Carson Elliott		Spring Valle	21.10	21.56	NWI	2
7 Joseph Mellor		Drk		21.58	NWI	3
8 Patrick Caron		Spring Valle	21.60	21.66	NWI	1
9 Connor Schwab		Constable Neil B		21.71	NWI	3
10 Dylan Moore		Drk		x23.69	NWI	2
-- Tomas Hardy		Klo Middle		DNF	NWI	1

Men 200 Meter Hurdles Gr 8

Name	Year	School	Seed	Finals	Wind	H#
1 Tyson Carr		Klo Middle		27.22	NWI	2
2 Isaac Gokiert		Drk		28.02	NWI	2
3 John White		Klo Middle		29.32	NWI	2
4 Kaden Gay		Klo Middle		x34.24	NWI	1
5 Connor Schwab		Constable Neil B		34.34	NWI	1
6 Nik Czenczek		Drk		35.29	NWI	1
7 Jordan Albiston		Constable Neil B		35.34	NWI	2
8 Dylan Moore		Drk		x37.60	NWI	1

Men 1500 Meter Steeplechase Gr 8

Name	Year	School	Seed	Finals
1 Owen Hagan		Drk		6:46.51

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men 4x100 Meter Relay Gr 8**

School	Seed	Finals
1 École Klo Middle School 'A'		51.56
2 Skaha Lake Middle School 'A'		53.65
1) Mitchell Tamminga	2) Aj Hamilton	
3) Cam Taylor	4) Mason White	
3 Dr. Knox Middle School 'A'		55.36
4 Spring Valley Middle School 'A'	59.01	57.18
5 Dr. Knox Middle School 'B'		1:00.69

Men 4x400 Meter Relay Gr 8

School	Seed	Finals
1 École Klo Middle School 'A'		4:04.60
2 Dr. Knox Middle School 'A'		4:45.17

Men High Jump Gr 8

Name	Year School	Seed	Finals
1 Michael Hutchinson	Rutland Middle S		1.58m
2 Max Gainey	Okanagan Mission		1.55m
3 Spencer Osborne	Constable Neil B		1.55m
4 Chris MacLeod	Constable Neil B		1.40m
5 Regan Ngyugen	Drk		1.30m
6 Deagan Parker	Klo Middle		1.25m
7 Kaden Gay	Klo Middle		1.20m
7 Jacob Jeffrey	Klo Middle		x1.20m
-- Quincy Lascelles	Drk		NH
-- Joseph Mellor	Drk		NH

Men Long Jump Gr 8

Name	Year School	Seed	Finals	Wind
1 Max Gainey	Okanagan Mission		4.71m	NWI
2 Raif O'Donnell	Drk		4.48m	NWI
3 Braydon Maki	George Elliot		4.33m	NWI
4 Logan Smith	Constable Neil B		4.33m	NWI
5 Regan Ngyugen	Drk		4.30m	NWI
6 Chris MacLeod	Constable Neil B		4.24m	NWI
7 Jamie Hatch	Klo Middle		4.11m	NWI
8 Nathan Wright	Drk		x4.05m	NWI
9 Jordan Albiston	Constable Neil B		x3.98m	NWI
10 Sebastian Paul	Skaha Lake Middl		3.93m	NWI
11 Blake Pomeroy	Rutland Middle S		3.56m	NWI
12 Deagan Parker	Klo Middle		3.49m	NWI
13 Cameron Hobbs	Klo Middle		x3.27m	NWI

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****Men Triple Jump Gr 8**

Name	Year	School	Seed	Finals	Wind
1 Malachi Freh		Constable Neil B		10.34m	NWI
2 Regan Ngyugen		Drk		9.53m	NWI
3 Luke Schraeder		Klo Middle		9.12m	NWI

Men Shot Put Gr 8

Name	Year	School	Seed	Finals
1 Ben Pickering		Rutland Middle S		11.34m
2 Tyson Fender		Rutland Middle S		10.54m
3 Owen Robertson-Gill		Drk		9.67m
4 Patrick Caron		Spring Valle	8.43m	9.17m
5 James Schewa		Heritage Chr		8.43m
6 Carson Elliott		Spring Valle	7.20m	8.21m
7 Easton Neustaeter		George Elliot		6.85m
8 Rylan Chislett		Drk		6.00m
9 Nick Hendy		Constable Neil B		5.99m

Men Discus Throw Gr 8

Name	Year	School	Seed	Finals
1 James Schewa		Heritage Chr		26.29m
2 Spencer Osborne		Constable Neil B		24.40m
3 Jacob Johnson		Constable Neil B		23.62m
4 Nathan Wright		Drk		20.51m
5 Simon Wilson		Drk		19.98m
6 Jack Gilmore		Constable Neil B		x19.49m
7 Easton Neustaeter		George Elliot		15.49m
8 Owen Robertson-Gill		Drk		x14.69m

Men Hammer Throw 4 kg Gr 8

Name	Year	School	Seed	Finals
1 Raif O'Donnell		Drk		16.18m
2 Owen Robertson-Gill		Drk		15.12m
3 Nathan Wright		Drk		x3.95m

Men Javelin Throw Gr 8

Name	Year	School	Seed	Finals
1 Spencer Osborne		Constable Neil B		32.25m
2 Jacob Johnson		Constable Neil B		29.42m
3 Karsen Kolton		Drk		28.18m
4 James Schewa		Heritage Chr		25.16m
5 Luke Schraeder		Klo Middle		25.11m
6 Raif O'Donnell		Drk		24.34m
7 Patrick Caron		Spring Valle	21.50m	22.96m
8 Nathan Dewynter		Klo Middle		21.62m
9 Nathan Achtem		Klo Middle		x19.71m

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Men Javelin Throw Gr 8**

10 Easton Neustaeter	George Elliot	17.23m
11 Nick Hendy	Constable Neil B	x14.66m
12 Rylan Chislett	Drk	x14.55m
13 Ty Wight	Spring Valle	9.45m 12.47m

Men 1500 Meter Race Walk Gr 8

Name	Year School	Seed	Finals
1 Tomas Hardy	Klo Middle		9:21.93
2 Eric Dewynter	Klo Middle		9:55.51

Men 100 Meter Dash Junior

Name	Year School	Seed	Finals	Wind	H#
BC HIGH: * 11.12 2015-06-05 Anastas Eliopoulos, VANCOUVER COLLEG					
1 Caeleb Schlachter	Kelowna Secondar		11.31	NWI	3
2 Noah Gross	Kelowna Secondar		11.45	NWI	3
3 Carter White	Princess Mar		11.73	NWI	3
4 Xavier Webb	Kelowna Secondar		x11.75	NWI	3
5 Nolan Humphries	Okanagan Mission	12.10	11.97	NWI	3
6 Mikkel Andersen	Rutland Seni	12.02	12.07	NWI	2
7 Joshua Higgs	Kelowna Christian		12.42	NWI	2
8 Brenner Strelaeff	Drk		12.61	NWI	3
9 Jackson Irvine	Okanagan Mission	12.20	12.70	NWI	2
10 Damon Nahbexie-Hill	Mount Boucherie		12.87	NWI	2
11 Malachi Gauss	Drk		12.94	NWI	3
12 Charlie Perrin	Princess Mar		12.99	NWI	1
13 Noah Gordon	Drk		x13.01	NWI	1
14 Tyler Kallstrom	Mount Boucherie		13.63	NWI	2
15 Jackson Wrigglesworth	Princess Mar		x13.84	NWI	3
16 Nate McIsaac	George Elliot		13.88	NWI	1
17 Wyatt Auch	George Elliot		14.67	NWI	1

Men 200 Meter Dash Junior

Name	Year School	Seed	Finals	Wind	H#
BC HIGH: * 22.46 2014-05-31 Felix Richter, Kwalikum Sec					
1 Caeleb Schlachter	Kelowna Secondar		22.67	NWI	2
2 Noah Gross	Kelowna Secondar		22.93	NWI	2
3 Nolan Humphries	Okanagan Mission	24.37	23.68	NWI	2
4 Carter White	Princess Mar		24.07	NWI	1
5 Jackson Irvine	Okanagan Mission	25.40	25.25	NWI	2
6 Joshua Higgs	Kelowna Christian		25.28	NWI	1
7 Tyler Kelly	Penticton High S		25.52	NWI	1
8 Malachi Gauss	Drk		25.85	NWI	1
9 Gavin McFee	Immaculata		26.89	NWI	2
10 Damon Nahbexie-Hill	Mount Boucherie		26.93	NWI	1
11 Jackson Wrigglesworth	Princess Mar		28.96	NWI	2
12 Nate McIsaac	George Elliot		29.25	NWI	1
13 Hugo Mroz	Immaculata		32.38	NWI	1
-- Xavier Webb	Kelowna Secondar		DQ	NWI	2

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men 400 Meter Run Junior**

BC HIGH: * 48.76 2014-05-30 Dean Ellenwood, Langley Seco					
Name	Year	School	Seed	Finals	H#
1 Xavier Webb		Kelowna Secondar		56.97	2
2 Nolan Humphries		Okanagan Mission	55.20	57.03	2
3 Aidan Vint		Kelowna Secondar		57.37	1
4 Cody Johnson		Kelowna Secondar		x59.29	1
5 Joshua Higgs		Kelowna Christian		1:00.44	1
6 Ethan Weeber		Penticton High S		1:05.34	2
7 Steven Ye		Aberdeen Hal		1:05.41	1
8 Xander Webb		Klo Middle		1:14.01	2

Men 800 Meter Run Junior

BC HIGH: * 1:54.50 2014-05-31 Dean Ellenwood, Langley Seco				
Name	Year	School	Seed	Finals
1 Mason Hawes		Mount Boucherie		2:19.14
2 Nikhil Filatow		Okanagan Mission	2:24.00	2:19.94
3 Jenson Jones		Rutland Seni		2:22.32
4 Jayden Kwack		Kelowna Secondar		2:23.04
5 Joel Worman		Kelowna Secondar		2:24.43
6 Gavin McFee		Immaculata		2:34.35
7 Austin Smith		Rutland Seni		2:47.30

Men 1500 Meter Run Junior

BC HIGH: * 4:01.38 2014-05-30 Brendan Hoff, Carihi Secon				
Name	Year	School	Seed	Finals
1 Michael Schriemer		Okanagan Mission	4:25.00	4:26.53
2 Nikhil Filatow		Okanagan Mission	4:50.00	4:42.74
3 Joel Worman		Kelowna Secondar		4:43.66
4 Evan Gupta		Summerland		5:02.33
5 Maxim Strorozhuk		Drk		5:07.11
6 Samuel Scott		Heritage Chr		5:11.23
7 Oscar Grainger		Penticton High S		5:21.93

Men 3000 Meter Run Junior

BC HIGH: * 8:54.89 2014-05-31 Brendan Hoff, Carihi Secon				
Name	Year	School	Seed	Finals
1 Michael Schriemer		Okanagan Mission	9:14.00	9:36.05
2 Joel Worman		Kelowna Secondar		10:26.77
3 Kadin Lough-Morelli		Aberdeen Hal		10:40.92
4 Evan Gupta		Summerland		11:00.15
5 Oscar Grainger		Penticton High S		11:24.29
6 Eli Harris		Okanagan Mission	10:56.00	12:00.89
7 Dryden Bennett		Rutland Seni	12:35.00	12:19.69

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men 100 Meter Hurdles Junior**

BC HIGH: * 13.92 2014-05-30 Felix Richter, Kwalikum Sec					
Name	Year	School	Seed	Finals	Wind
1 Nathan Loo		Okanagan Mission	16.70	16.10	NWI
2 James Harris		Rutland Seni		16.22	NWI
3 Lucas Kwack		Kelowna Secondar		16.84	NWI
4 Cody Thompson		Penticton High S		18.86	NWI
5 Zach Annett		Penticton High S		19.04	NWI

Men 300 Meter Hurdles Junior

BC HIGH: * 39.72 2014-05-31 Jasper Schiedel, VANCOUVER COLLEG					
Name	Year	School	Seed	Finals	
1 Nathan Loo		Okanagan Mission	45.08	44.25	
2 Lucas Kwack		Kelowna Secondar		46.35	
3 James Harris		Rutland Seni		46.53	
4 Cody Thompson		Penticton High S		53.85	

Men 1500 Meter Steeplechase Junior

BC HIGH: * 4:32.05 2015-06-04 Matthew Thomson, Edward Milne					
Name	Year	School	Seed	Finals	
1 Maxim Strorozhuk		Drk		5:30.70	
2 Samuel Scott		Heritage Chr		5:32.92	
3 Eli Harris		Okanagan Mission	5:43.00	5:54.26	
4 Max Treble		Kelowna Secondar		6:00.43	
5 A.J. Mason		Heritage Chr		6:03.31	

Men 4x100 Meter Relay Junior

BC HIGH: * 44.67 2015-06-05 St. Thomas More, St Thomas More					
School	Year	School	Seed	Finals	
1 Kelowna Secondary School	'A'			45.69	
2 Rutland Senior Secondary	'A'			49.54	
3 Okanagan Mission	'A'		49.80	50.17	
1) Nolan Humphries		2) Nathan Loo			
3) Jackson Irvine		4) Max Gainey			
4 Kelowna Secondary School	'B'			50.19	
5 Dr. Knox Middle School	'A'			52.10	

Men 4x400 Meter Relay Junior

BC HIGH: * 3:32.02 2015-06-06 VANCOUVER COLLEGE, VANCOUVER COLLEG					
School	Year	School	Seed	Finals	
1 Kelowna Secondary School	'B'			4:11.76	
2 Dr. Knox Middle School	'A'			4:17.53	

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men High Jump Junior**

BC HIGH: * 1.88m 2015-06-06 Keiran Marritt-Hitch, Brentwood Colleg					
Name	Year	School	Seed	Finals	
1 Billy Battiston		Kelowna Secondar		1.70m	
1 Charlie Perrin		Princess Mar		1.70m	
3 Triston Hearn		George Elliot		1.70m	
4 Nathan Loo		Okanagan Mission	1.60m	1.70m	
5 James Harris		Rutland Seni		1.55m	
6 Cole Stasiewich		Heritage Chr		1.50m	
7 Evan Fejer		Drk		1.50m	
8 Cooper Cowles		Penticton High S		1.40m	
9 Zach Annett		Penticton High S		1.40m	
-- Ian Pollard		Drk		NH	

Men Pole Vault Junior

BC HIGH: * 3.35m 2014-05-29 Jason Clare, Nanaimo Dist					
Name	Year	School	Seed	Finals	
1 Jayden Carr		Klo Middle		1.90m	

Men Long Jump Junior

BC HIGH: * 6.20m 2015-06-04 Sayril Silaya, Parkland Sec						
Name	Year	School	Seed	Finals	Wind	
1 Camden Elkin		Okanagan Mission		5.71m	NWI	
2 Teagin Winthrop		Rutland Seni		5.52m	NWI	
3 Jacob Pulanco		Rutland Seni		5.15m	NWI	
4 Charlie Perrin		Princess Mar		5.14m	NWI	
5 Jeremy Peter		George Elliot		4.88m	NWI	
6 Jayden Kwack		Kelowna Secondar		4.88m	NWI	
7 Noah Gordon		Drk		4.84m	NWI	
8 Ryu Nguyen		Kelowna Secondar		4.80m	NWI	
9 Ryan Puno		Immaculata		4.70m	NWI	
10 Evan Fejer		Drk		4.65m	NWI	
11 Jayden Carr		Klo Middle		4.44m	NWI	
12 Zach Annett		Penticton High S		4.43m	NWI	
13 Kadin Lough-Morelli		Aberdeen Hal		4.38m	NWI	
14 Ethan Weeber		Penticton High S		4.28m	NWI	
15 Cole Stasiewich		Heritage Chr		4.05m	NWI	
16 Jackson Wigglesworth		Princess Mar		3.93m	NWI	
17 Nate McIsaac		George Elliot		3.87m	NWI	
18 A.J. Mason		Heritage Chr		3.74m	NWI	
19 Carson Wang		Aberdeen Hal		3.42m	NWI	

Men Triple Jump Junior

BC HIGH: * 12.84m 2014-05-30 Ben Williams, Cowichan Sec						
BC HIGH: * 12.84m 2015-06-05 Elija de Hoog, Claremont Sp						
Name	Year	School	Seed	Finals	Wind	
1 Camden Elkin		Okanagan Mission		12.12m	NWI	
2 Caeleb Schlachter		Kelowna Secondar		12.11m	NWI	

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Men Triple Jump Junior**

3	Kadin Lough-Morelli	Aberdeen Hal	11.19m	NWI
4	Jayden Kwack	Kelowna Secondar	10.62m	NWI
5	Evan Fejer	Drk	10.59m	NWI

Men Shot Put 5 kg Junior

BC HIGH: * 15.25m 2015-06-05 Connor Sinclair, Semiahmoo Se
Name Year School Seed Finals

1	Mitchell Darlington	Kelowna Secondar	11.33m
2	Triston Hearn	George Elliot	10.16m
3	Brenner Strelaeff	Drk	9.97m
4	Mason Eng	Kelowna Secondar	8.84m
5	Cole Stasiewich	Heritage Chr	8.64m
6	Xander Webb	Klo Middle	8.08m
7	Ian Pollard	Drk	6.52m
8	Carson Wang	Aberdeen Hal	6.35m

Men Discus Throw 1.5 kg Junior

BC HIGH: * 46.82m 2015-06-04 Vikramjit Gondara, W. J. Mouat
Name Year School Seed Finals

1	Camden Elkin	Okanagan Mission	32.25m
2	Jeremy Peter	George Elliot	24.84m
3	Wyatt Auch	George Elliot	22.54m
4	Oaklen Kowal	Drk	22.38m
5	Brenner Strelaeff	Drk	20.71m

Men Hammer Throw 5 kg Junior

BC HIGH: * 51.67m 2015-06-05 Vikramjit Gondara, W. J. Mouat
Name Year School Seed Finals

1	Ian Pollard	Drk	118.13m*
2	Mitchell Darlington	Kelowna Secondar	22.36m
3	Triston Hearn	George Elliot	20.55m
4	Mason Eng	Kelowna Secondar	20.06m
5	Wyatt Auch	George Elliot	17.13m

Men Javelin Throw 700 gram Junior

BC HIGH: * 49.68m 2014-05-31 Seever Rondquist, Timberline S
Name Year School Seed Finals

1	Teagin Winthrop	Rutland Seni	38.58m
2	Jeremy Peter	George Elliot	34.32m
3	Mason Eng	Kelowna Secondar	27.75m
4	Matthias Perron	Okanagan Mission	23.89m
5	Cody Thompson	Penticton High S	22.95m
6	Steven Ye	Aberdeen Hal	18.65m
7	A.J. Mason	Heritage Chr	18.32m
8	Samuel Scott	Heritage Chr	17.18m
--	Cooper Cowles	Penticton High S	FOUL

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men 1500 Meter Race Walk Junior**

BC HIGH: * 8:04.08 2015-06-06 Nima Parsakish, Handsworth				
Name	Year	School	Seed	Finals
1 Max Treble		Kelowna Secondar		9:55.88
2 Ryu Nguyen		Kelowna Secondar		9:56.59
3 Lucas Kwack		Kelowna Secondar		x10:32.52
4 Steven Ye		Aberdeen Hal		10:36.59

Men 100 Meter Dash Senior

BC HIGH: * 11.08 2015-06-05 Nathan Mah, Burnaby Central					
Name	Year	School	Seed	Finals	Wind
1 Alex Smith		Okanagan Mission		11.21	NWI
2 Jhavoun Blake		Rutland Seni		11.48	NWI
3 Chris West		Kelowna Secondar		11.59	NWI
4 Jonathan Bender		Kelowna Secondar		11.79	NWI
5 Du-Jay Cheese-Clacken		Rutland Seni		13.88	NWI

Men 200 Meter Dash Senior

BC HIGH: * 21.38 2015-06-06 Michael Aono, Seaquam Seah					
Name	Year	School	Seed	Finals	Wind
1 Alex Smith		Okanagan Mission	23.53	22.82	NWI
2 Jonathan Bender		Kelowna Secondar		24.24	NWI
3 Xavier Cameron		Kelowna Secondar		24.55	NWI

Men 400 Meter Run Senior

BC HIGH: * 47.52 2015-06-04 Michael Aono, Seaquam Seah				
Name	Year	School	Seed	Finals
1 Jason Scherban		Summerland		53.58
2 Matthew Darley		George Elliot		57.96
3 Eli Grant		Penticton High S		59.34
4 Fred Albrechtson		Penticton High S		1:00.71

Men 800 Meter Run Senior

BC HIGH: * 1:53.46 2015-06-06 Taylor Lyman, Reynolds Sec				
Name	Year	School	Seed	Finals
1 Jason Scherban		Summerland		2:07.38
2 Trevor Hope		Kelowna Secondar		2:14.82
3 Matthew Darley		George Elliot		2:15.26
4 Fred Albrechtson		Penticton High S		2:15.52
5 Eli Grant		Penticton High S		2:15.54

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men 1500 Meter Run Senior**

BC HIGH: * 3:55.15 2015-06-05 Nathan Tadesse, North Surrey				
Name	Year	School	Seed	Finals
1 Keagan Ingram		Summerland		4:20.21
2 Michael Denman		Kelowna Secondar		4:27.99
3 Jason Scherban		Summerland		4:29.16
4 Fred Albrechtson		Penticton High S		4:42.54
5 Eli Grant		Penticton High S		5:03.14
6 Keyan Sharifpour		Kelowna Secondar		5:25.00

Men 3000 Meter Run Senior

BC HIGH: * 8:42.87 2015-06-06 Nathan Tadesse, North Surrey				
Name	Year	School	Seed	Finals
1 Keagan Ingram		Summerland		9:35.06
2 Michael Denman		Kelowna Secondar		9:41.29

Men 110 Meter Hurdles Senior

BC HIGH: * 16.01 2015-06-05 Jasper Schiedel, VANCOUVER COLLEG					
Name	Year	School	Seed	Finals	Wind
1 Noah Russell		Mount Boucherie		15.84*	NWI

Men 400 Meter Hurdles Senior

BC HIGH: * 57.25 2015-06-06 Josh Adhemar, W. J. Mouat				
Name	Year	School	Seed	Finals
1 Noah Russell		Mount Boucherie		58.67

Men 2000 Meter Steeplechase Senior

BC HIGH: * 5:55.03 2015-06-05 Sean Bergman, Kelowna Secondar				
Name	Year	School	Seed	Finals
1 Keagan Ingram		Summerland		4:50.46*
2 Lucas Lin		Heritage Chr		5:44.89*

Men 4x100 Meter Relay Senior

BC HIGH: * 44.26 2015-06-05 VANCOUVER COLLEGE, VANCOUVER COLLEG				
School	Year	School	Seed	Finals
1 Kelowna Secondary School	'A'			46.10
2 Mount Boucherie	'A'			47.15
1) Carson Whitley		2) Mitchell Steven		
3) Tyson Senuk		4) Noah Russell		

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men 4x400 Meter Relay Senior**

BC HIGH: * 3:28.20 2015-06-06 Eric Hamber, Eric Hamber
 School Seed Finals

1 Kelowna Secondary School 'A' 3:56.83
 2 Penticton High School 'A' 4:08.47

Men High Jump Senior

BC HIGH: * 2.00m 2015-06-05 Della Siega Joel, Elgin Park S
 Name Year School Seed Finals

1 Isaiah Collins Penticton High S 1.65m
 2 Yoshi Yamagamai Aberdeen Hal 1.40m

Men Pole Vault Senior

BC HIGH: * 4.65m 2015-06-06 Jason Clare, Nanaimo Dist
 Name Year School Seed Finals

1 Adrian Price-Roberts Aberdeen Hal 3.50m
 2 Isaiah Collins Penticton High S 3.40m
 3 Rushil Perera Kelowna Secondar 2.00m

Men Long Jump Senior

BC HIGH: * 6.54m 2015-06-06 Alex Savage, Walnut Grove
 Name Year School Seed Finals Wind

1 Isaiah Collins Penticton High S 5.99m NWI
 2 Mitchell Steven Mount Boucherie 5.67m NWI
 3 Jacob Griffin Immaculata 5.62m NWI
 4 Xavier Cameron Kelowna Secondar 5.36m NWI
 5 Carson Whitley Mount Boucherie 5.12m NWI
 6 Nicholas Waldner Heritage Chr 5.08m NWI
 7 Du-Jay Cheese-Clacken Rutland Seni 5.00m NWI
 8 Michael Schewa Heritage Chr 4.99m NWI
 9 Tyson Senuk Mount Boucherie x4.96m NWI
 10 Dwight Cuadra Rutland Seni 4.62m 4.60m NWI

Men Triple Jump Senior

BC HIGH: * 13.49m 2015-06-05 Aaron Postma, Abbotsford C
 Name Year School Seed Finals Wind

1 Yoshi Yamagamai Aberdeen Hal 11.52m NWI
 2 Jacob Griffin Immaculata 11.25m NWI
 3 Nicholas Waldner Heritage Chr 10.56m NWI
 4 Lucas Lin Heritage Chr 10.11m NWI

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****Men Shot Put 6 kg Senior**

BC HIGH: * 15.55m 2015-06-06 Ben Ingvaldson, Lord Tweedsm				
Name	Year	School	Seed	Finals
1 Jhavoun Blake		Rutland Seni		12.55m
2 Aleksander Kobryn		Mount Boucherie		10.20m
3 Leon Scholl		George Elliot		8.08m
4 Jacob Griffin		Immaculata		7.42m

Men Discus Throw 1.75 kg Senior

BC HIGH: * 43.70m 2015-06-05 Mak Rokic, Oak Bay Seco				
Name	Year	School	Seed	Finals
1 Dwight Cuadra		Rutland Seni	25.14m	28.19m
2 Michael Schewa		Heritage Chr		26.03m
3 Leon Scholl		George Elliot		22.29m
4 Thomas Luttenberger		George Elliot		18.08m
5 Aleksander Kobryn		Mount Boucherie		16.98m
6 Isaiah Collins		Penticton High S		15.80m

Men Hammer Throw 6 kg Senior

BC HIGH: * 54.94m 2015-06-05 Sam Willett, Mount Dougla				
Name	Year	School	Seed	Finals
1 Aleksander Kobryn		Mount Boucherie		24.97m
2 Leon Scholl		George Elliot		18.96m
3 Thomas Luttenberger		George Elliot		14.79m

Men Javelin Throw 800 gram Senior

BC HIGH: * 60.37m 2015-06-04 Brent Reston, Surrey Chris				
Name	Year	School	Seed	Finals
1 Lucas Lin		Heritage Chr		32.35m
2 Carson Whitley		Mount Boucherie		28.33m
3 Michael Schewa		Heritage Chr		24.89m

Men 100 Meter Dash Grade 7

Name	Year	School	Seed	Finals	Wind	H#
1 Thomas Akurienne		Heritage Chr		13.24	NWI	2
2 Adrien Pastinelli		Klo Middle		13.30	NWI	2
3 Joe Conquergood		Skaha Lake Middl		13.37	NWI	3
4 Dominic Nembhard		Rutland Middle S		13.40	NWI	1
5 Jaxson Weery		Drk		13.59	NWI	2
6 Tayo Ilori		Constable Neil B		13.90	NWI	3
7 Kyle Rowe		Constable Neil B		14.01	NWI	3
8 Mathias Nordstrom		Spring Valle	14.20	14.08	NWI	2
9 Andrew Rimland		Drk		14.09	NWI	1
10 Tyson Podmorooof		Glenrosa Middle		14.10	NWI	1
11 Braxton Becker		Skaha Lake Middl		14.23	NWI	2
12 Magnum Grundy		Spring Valle	14.40	14.26	NWI	3

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Men 100 Meter Dash Grade 7**

13	Cole Wadsworth	Skaha Lake Middl		x14.34	NWI	3
14	Cole Wingenbach	Constable Neil B		x14.51	NWI	2
15	Jayden Barrow	Glenrosa Middle		14.73	NWI	3
16	Leven De Haan	George Elliot		14.91	NWI	1
17	Jett McLennan	Rutland Middle S		15.02	NWI	2
18	David Brundula	École de L'A		15.18	NWI	1
19	Eli Ebl	Spring Valle	15.50	x15.35	NWI	3
20	Nicholas Robertson	Drk		x19.46	NWI	1

Men 200 Meter Dash Grade 7

Name	Year	School	Seed	Finals	Wind	H#
1	Kaden Clarke	Skaha Lake Middl		28.41	NWI	1
2	Cole Wadsworth	Skaha Lake Middl		28.49	NWI	1
3	Andrew Rimland	Drk		28.59	NWI	1
4	Dominic Nembhard	Rutland Middle S		28.87	NWI	2
5	Seth Waluga	Spring Valle	30.80	28.88	NWI	2
6	Nicholas Robertson	Drk		29.61	NWI	2
7	Jesse Travato	Spring Valle	31.30	29.79	NWI	1
8	Josiah Collins	Heritage Chr		32.55	NWI	2
9	Jack Sloan	Drk		x32.67	NWI	1
10	Kaden Clegg	Constable Neil B		32.87	NWI	2
11	Jayden Busch	Constable Neil B		32.97	NWI	2

Men 400 Meter Run Grade 7

Name	Year	School	Seed	Finals	H#
1	Jesse Travato	Spring Valle	1:07.00	1:06.48	2
2	Jaxson Weery	Drk		1:09.83	1
3	Andrew Rimland	Drk		1:10.14	1
4	Kaden Clarke	Skaha Lake Middl		1:10.43	1
5	Cole Wadsworth	Skaha Lake Middl		1:10.70	2
6	Darius Green	Glenrosa Middle		1:15.56	1
7	Aiden Dumontet	Drk		x1:16.20	2

Men 800 Meter Run Grade 7

Name	Year	School	Seed	Finals
1	Brayden Mandau	Glenrosa Middle		2:38.54
2	Logan Waluga	Spring Valle	2:38.00	2:38.99
3	Cole Hilscher	Spring Valle	2:55.00	2:49.83
4	Evan Edwards	Glenrosa Middle		2:51.06
5	Haidyn Eberle	Spring Valle	3:07.00	x2:59.31
6	Jayden Busch	Constable Neil B		3:21.61
7	Trey Elchitz	Drk		3:44.55

Men 1500 Meter Run Grade 7

Name	Year	School	Seed	Finals
1	Grayson Graf	Drk		5:24.88

2019 South Central Zone Championships - 2019-05-07

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Results

....Men 1500 Meter Run Grade 7

2	Brayden Mandau	Glenrosa Middle		5:27.92
3	Conner Scheming	Rutland Middle S		6:11.97
4	Ben Smith	Drk		6:16.83
5	Peter Meyrick	Spring Valle	7:40.00	6:26.62
6	Zackary Boos	Constable Neil B		6:27.83
7	Aidan Becker	Spring Valle	6:40.00	7:39.63
8	Trey Elchitz	Drk		x8:03.28

Men 3000 Meter Run Grade 7

Name	Year	School	Seed	Finals
1 Grayson Graf		Drk		11:28.41
2 Tayo Ilori		Constable Neil B		11:28.90
3 Brayden Mandau		Glenrosa Middle		11:37.99
4 Conner Scheming		Rutland Middle S		12:56.47
5 Aidan Becker		Spring Valle	16:15.00	15:19.96
6 Trey Elchitz		Drk		16:32.01

Men 80 Meter Hurdles Grade 7

Name	Year	School	Seed	Finals	Wind	H#
1 Braxton Becker		Skaha Lake Middl		15.05	NWI	1
2 Aiden Dumontet		Drk		15.22	NWI	1
3 Seth Waluga		Spring Valle	15.00	16.00	NWI	1
4 Magnum Grundy		Spring Valle	15.90	16.22	NWI	2
5 Leven De Haan		George Elliot		16.59	NWI	2
6 Jordan Koch		Drk		16.60	NWI	2
7 Jayden Busch		Constable Neil B		17.02	NWI	2
8 Marnu Kritzinger		George Elliot		17.20	NWI	1
9 Miles Schlackl		Constable Neil B		18.14	NWI	2
10 Darius Green		Glenrosa Middle		18.34	NWI	1

Men 200 Meter Hurdles Grade 7

Name	Year	School	Seed	Finals	Wind
1 Leven De Haan		George Elliot		35.27	NWI
2 Jordan Koch		Drk		35.53	NWI

Men 4x100 Meter Relay Grade 7

School	Seed	Finals	H#
1 Skaha Lake Middle School 'A'		56.55	2
2 Constable Neil Bruce 'A'		58.95	2
3 Dr. Knox Middle School 'A'		58.98	2
4 Spring Valley Middle School 'B'	1:02.00	58.99	1
5 Rutland Middle School 'A'		59.88	1
1) Dominic Nembhard	2) Ben Gibbons		
3) Matt Harris	4) Jett McLennan		
6 Glenrosa Middle 'A'		1:00.77	1
1) Evan Edwards	2) Jayden Barrow		

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Men 4x100 Meter Relay Grade 7**

3) Tyson Podmorooft	4) Brayden Mandau			
7 Spring Valley Middle School 'A'		59.07	1:05.33	2

Men 4x400 Meter Relay Grade 7

School	Seed	Finals
1 Glenrosa Middle 'A'		5:01.04
1) Evan Edwards	2) Darius Green	
3) Tyson Podmorooft	4) Brayden Mandau	
2 Dr. Knox Middle School 'A'		5:19.52

Men High Jump Grade 7

Name	Year School	Seed	Finals
1 Thomas Akurienne	Heritage Chr		1.50m
2 Matt Harris	Rutland Middle S		1.45m
3 Jayden Barrow	Glenrosa Middle		1.40m
4 Adrien Pastinelli	Klo Middle		1.40m
5 Adam Baker	Constable Neil B		1.35m
6 Lincoln Wagner	Klo Middle		1.35m
7 Darius Green	Glenrosa Middle		1.35m
8 Marnu Kritzinger	George Elliot		1.30m
9 Noah Zumbo	Constable Neil B		1.30m
10 Aiden Dumontet	Drk		1.25m
10 Gavin Busch	Spring Valle	1.26m	1.25m
10 Miles Schlackl	Constable Neil B		x1.25m
13 Leith Rigby	Drk		1.20m
-- James Gaspari	École de L'A		NH
-- Sasha Roy-Bois	École de L'A		NH
-- Jordan Koch	Drk		NH
-- Colton Bartel	Spring Valle	1.20m	NH

Men Long Jump Grade 7

Name	Year School	Seed	Finals	Wind
1 Kaden Clarke	Skaha Lake Middl		4.27m	NWI
2 Mathias Nordstrom	Spring Valle	3.88m	4.18m	NWI
3 Braxton Becker	Skaha Lake Middl		4.13m	NWI
4 Ryan Corke	Drk		4.13m	NWI
5 Levi Knorr	Constable Neil B		4.01m	NWI
6 Jayden Barrow	Glenrosa Middle		3.98m	NWI
7 Lucas Daines	Spring Valle	3.50m	3.86m	NWI
8 Thomas Akurienne	Heritage Chr		3.85m	NWI
9 Lincoln Wagner	Klo Middle		3.82m	NWI
10 David Brundula	École de L'A		3.79m	NWI
11 Matt Harris	Rutland Middle S		3.68m	NWI
12 Evan Edwards	Glenrosa Middle		3.66m	NWI
13 Colton Bartel	Spring Valle	3.86m	x3.65m	NWI
14 Marnu Kritzinger	George Elliot		3.56m	NWI
15 Jack Sloan	Drk		3.45m	NWI
16 Ethan Rishaug	Constable Neil B		3.30m	NWI

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl
Results****Men Triple Jump Grade 7**

Name	Year	School	Seed	Finals	Wind
1 Seth Waluga		Spring Valle	8.83m	9.20m	NWI
2 Matt Harris		Rutland Middle S		8.83m	NWI
3 Evan Edwards		Glenrosa Middle		8.68m	NWI
4 Gavin Busch		Spring Valle	8.45m	8.37m	NWI
5 Adam Baker		Constable Neil B		8.32m	NWI
6 Josiah Collins		Heritage Chr		8.31m	NWI
7 Greg Anderson		Constable Neil B		8.28m	NWI
8 David Brundula		École de L'A		8.10m	NWI
9 Sasha Roy-Bois		École de L'A		7.95m	NWI
10 Ethan Muriithi		Heritage Chr		7.38m	NWI
11 Ruah Friesen		Heritage Chr		x7.20m	NWI
12 Lucas Daines		Spring Valle	8.05m	x7.11m	NWI
-- James Gaspari		École de L'A		FOUL	
-- Leith Rigby		Drk		FOUL	

Men Shot Put Grade 7

Name	Year	School	Seed	Finals
1 Vonn Santos		Spring Valle	9.89m	9.11m
2 Tyson Podmorooof		Glenrosa Middle		8.41m
3 Brendan Love		Constable Neil B		7.93m
4 Sam Littau		Constable Neil B		7.86m
5 Ryan Corke		Drk		7.67m
6 Connor Kary		Drk		7.55m
7 Tait Carter		Constable Neil B		x7.44m
8 Magnum Grundy		Spring Valle	6.93m	6.67m
9 Ethan Muriithi		Heritage Chr		5.95m
10 Jesse Travato		Spring Valle	5.87m	x3.93m

Men Discus Throw Grade 7

Name	Year	School	Seed	Finals
1 Miles Schlackl		Constable Neil B		24.39m
2 Vonn Santos		Spring Valle	22.89m	22.29m
3 Ben Regan		Spring Valle	14.99m	17.39m
4 Ethan Muriithi		Heritage Chr		16.55m
5 Tristan Taylor		Drk		16.46m
6 Ethan Rishaug		Constable Neil B		15.95m
7 Nolan Sollitt		Constable Neil B		x15.92m
8 Aidan Neid		Drk		14.72m
9 Ben Smith		Drk		x14.35m
10 Ruah Friesen		Heritage Chr		11.91m

Men Javelin Throw Grade 7

Name	Year	School	Seed	Finals
1 Lincoln Wagner		Klo Middle		26.23m
2 Brendan Love		Constable Neil B		20.64m
3 Brayden Mawer		Constable Neil B		20.51m

2019 South Central Zone Championships - 2019-05-07**South Central Zone Championship****Apple Bowl****Results****....Men Javelin Throw Grade 7**

4	Ryan Corke	Drk		19.44m
5	Noah Germana	Constable Neil B		x18.46m
6	Tristan Taylor	Drk		17.30m
7	Gavin Busch	Spring Valle	17.30m	15.50m
8	Leith Rigby	Drk		x13.40m
9	Ruah Friesen	Heritage Chr		12.36m
10	Josiah Collins	Heritage Chr		12.22m
11	Aidan Becker	Spring Valle	7.64m	9.78m