



2022 FALL TRAINING & FEE SCHEDULE
- TRACK RASCALS -

Registration for this season will be online at: www.trackiereg.com/OACS-Fall-Winter2023

Registration opens: **Thursday, September 1st, 2022**

Our Fall Track Rascals program is a 5-week program which runs from week commencing Monday, September 19th until week commencing Monday, October 24th. Track Rascals can choose 1 day (Mon or Wed) or both days. All practices are at the Apple Bowl.

There will be a run, jump, throw event for all track rascals on Saturday, October 29th at the Apple Bowl from 10am – noon.

There are no practices for track rascals Monday October 10th and Wednesday October 12th

Training Days & Times:

Group	Monday	Wednesday
Track Rascals	4:30 – 5:30pm	4:30 – 5:30pm

Each day will have a **maximum** of 25 athletes

Fees:

Age on Dec 31st 2022	Membership Type	BC Athletics Fee	OAC Training Fee		Total Fees	
6-8 (2016-2014)	Track Rascal	\$15.00	\$75.00 (1 day)	\$125.00 (2 days)	\$90.00 (1 day)	\$140.00 (2 days)

Methods of Payment

1. Online at trackiereg.com with a credit card (there is a small processing fee for payment by this method)
2. By e-transfer to Brad Heinzman at president@okac.ca
3. By cheque – to be brought to the first practice.

Sibling Discount

There is a 10% discount for a 2nd sibling and 15% for 3rd + from the OAC training fee. This will be applied automatically on registration.

Annual BC Athletics Fee

BC Athletics membership fees are valid until December 31st, 2023, for new members registering on or after September 1st. Athletes who participated in our spring/summer programs will not renew their BCA membership at this time. Athletes who turn 9 in 2023 will only receive a track rascal membership valid until 31/12/2022 as they will need a Junior Development membership in 2023 should they join our spring/summer programs next year.

Training Shirt

As part of registration, each athlete who registers by September 6th, 2022, will receive an OAC training shirt to keep. It is important to indicate your size at registration, or we cannot guarantee that we will have your size available for you. Athletes are encouraged to wear them to practices but it is not mandatory. Those who register late are not guaranteed a training shirt and will receive one only if stocks allow.



Refunds

As the number of athletes and funding is used to determine coaching requirements and funding, the Club does not provide refunds as a matter of policy. However, in the case of medical circumstance, some level of refund of the OAC Training Fee will be considered at the discretion of the Club Executive. However, the BC Athletics Fee portion of the membership fees is non-refundable.

Please note: OAC has adopted a "No Pay, No Play" policy, whereby OAC fees that have not been paid in full (or whereby a pre-approved payment plan is not in place) by the athlete's first training session of the season, then that athlete will NOT be permitted to train.

Additionally, any athlete with outstanding fees from any previous season(s) will not be permitted to train unless a payment plan is in place

For all other information, please refer to the
2022/2023 OFFICIAL OAC HANDBOOK,

As always please do not hesitate to contact me if you have any questions.

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