



2022/2023 FALL & WINTER TRAINING & FEE SCHEDULE
- JUNIOR DEVELOPMENT (JD)-

Registration for this season will be online at: www.trackiereg.com/OACS-Fall-Winter2023

Registration opens: **Thursday, September 1st, 2022**

Our Fall JD Cross Country Program will begin on Monday, September 12th

Our Fall JD Track & Field Program will begin on Wednesday, September 21st

All Cross Country practices are at Mission Creek Greenway

All Fall Track & Field practices are at the Apple Bowl (September 21st – October 31st)

All Winter Track & Field practices are at the Capital News Centre (November 2nd – March 8th)

Training Days & Times:

Group	Monday	Wednesday	Friday
Junior Development – Cross Country	4:00 – 5:30pm	N/A	4:00 – 5:30pm
Junior Development – Track & Field	4:00 – 5:30pm	4:00 – 5:30pm	N/A

Season Dates:

Cross country: Monday, September 12th – Monday, October 17th

Fall track & field: Wednesday, September 21st – Monday, October 31st

Winter track & field: Wednesday, November 2nd – Wednesday, March 8th

Track & Field/dual program: Monday, September 12th – Wednesday, March 8th

There are **no** practices on the following days:

Monday, October 10th - Thanksgiving

Winter Break: Monday, December 19th – Monday, January 2nd (return Wednesday, January 4th)

Monday, February 20th - Family Day

Competitions:

OAC Fall Twilight Meet – Wednesday, October 19th 2022

BC Cross Country Championships – Saturday, October 22nd

Gary reed Indoor Classic – February, 3-4th 2023 – Kamloops

Van Ryswyk Indoor Meet – February, 24-25th 2023 - Kamloops

Entry fees for competitions are additional to the program fees listed below. Athletes are responsible for their own travel expenses to competitions and accommodation costs as applicable. Registration

information for competitions will be sent via email by the club manager 1-2 weeks before the registration deadline

Program Fees:

Age on Dec 31 st , 2023	Group	BCA	Training Fee	Raffle Tickets	Total Fees
*9-13 (2013- 2009)	Junior Development Cross Country	\$60.00 Competitive	\$155.00	\$50.00	\$265.00
		\$15.75 Training only			\$220.75
9-13 (2014-2010)	Junior Development Track & Field (Fall only)	\$60.00 Competitive	\$155.00	\$50.00	\$265.00
		\$15.75 Training only			\$220.75
9-13 (2014-2010)	Junior Development Track & Field (Sept – March)	\$60.00 Competitive	\$435.00	\$150.00	\$645.00
		\$15.75 Training only			\$600.75
9-13 (2014-2010)	** Junior Development – Dual Program (Cross Country + Track & Field)	\$60.00 Competitive	\$435.00	\$150.00	\$645.00
		\$15.75 Training only			\$600.75
9-13 (2014-2010)	*** Junior Development Track & Field (Winter only)	\$60.00 Competitive	\$315.00	\$100.00	\$475.00
		\$15.75 Training only			\$430.75

* Membership will be for the current year only i.e., 2022



****** JD athletes who wish to participate in both Cross Country & Track & Field will join the Track & Field program on Monday, October 24th. They cannot participate in both programs simultaneously

***** Spaces for the indoor program are very limited**

Methods of Payment

1. Online at trackiereg.com with a credit card (there is a small processing fee for payment by this method)
2. By e-transfer to Brad Heinzman at president@okac.ca
3. By monthly installment (6 equal payments; September – February incl.) via e-transfer to Brad - (see #2) The first e-transfer must be received on or before September 21st, or by 6 postdated cheques. The cheques must be handed in at the first practice

Sibling Discount

There is a 10% discount for a 2nd sibling and 15% for 3rd + from the OAC training fee. This will be applied automatically on registration

Annual BC Athletics Fee

BC Athletics membership fees are valid until December 31st, 2023, for new and renewing members registering on or after September 1st. To compete in track meets, athletes require a competitive membership. A training membership can be upgraded for an additional fee of \$44.75 + a \$5.00 admin fee (total \$49.75).



Training Shirt

As part of registration, each athlete who registers by September 6th, 2022, will receive an OAC training shirt to keep. It is important to indicate your size at registration, or we cannot guarantee that we will have your size available for you. Athletes are encouraged to wear them to practices but it is not mandatory. Those who

register late are not guaranteed a training shirt and will receive one only if stocks allow.

Refunds

As the number of athletes and funding is used to determine coaching requirements and funding, the Club does not provide refunds as a matter of policy. However, in the case of medical circumstance, some level of refund of the OAC Training Fee will be considered at the

discretion of the Club Executive. However, the BC Athletics Fee portion of the membership fees is non-refundable.

Please note: OAC has adopted a "No Pay, No Play" policy, whereby OAC fees that have not been paid in full (or whereby a pre-approved payment plan is not in place) by the athlete's first training session of the season, then that athlete will NOT be permitted to train. Additionally, any athlete with outstanding fees from any previous season(s) will not be permitted to train unless a payment plan is in place

For all other information, please refer to our
2022/2023 OFFICIAL OAC HANDBOOK,
which can be found on our website www.okac.ca

As always please do not hesitate to contact me if you have any questions.

Karen Hatch
Okanagan Athletics Club Manager
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