

2023 Van Ryswyk Indoor Invitational
2023 BC Masters Indoor Championship
Tournament Capital Centre, Kamloops, BC - 2023-02-24 to 2023-02-26
Results

Girls 11 60 Meter Dash

Name	Age Team	Seed	Finals
Finals			
1 # 614 Leinemann, Georgi	11 Okanagan Ath	9.07	8.92

Women 14-15 60 Meter Dash U16

Name	Age Team	Seed	Finals
1 # 616 Mostowy, Siena	15 Okanagan Ath	8.13	8.15
3 # 613 Lafreniere, Scoti	14 Okanagan Ath		8.56

Women 16-17 60 Meter Dash U20

Name	Age Team	Seed	Finals
1 # 619 Peever, Caitlin	16 Okanagan Ath	8.03	8.11
3 # 620 Pentecost, Katya	17 Okanagan Ath	8.61	8.46
4 # 615 Mallinson, Kezia	16 Okanagan Ath	8.80	8.71

Women 60-64 60 Meter Dash Master

Name	Age Team	Seed	Finals	H#
2 # 621 Pomietlarz, Monic	64 Okanagan Ath		9.99	2

Girls 12 200 Meter Dash

Name	Age Team	Seed	Finals
2 # 607 Bjorgan, Laura	12 Okanagan Ath		33.32

Girls 13 200 Meter Dash

Name	Age Team	Seed	Finals	H#
-- # 606 Andrews, Lily-Jay	13 Okanagan Ath	36.38	SCR	2

Women 14-15 200 Meter Dash U16

Name	Age Team	Seed	Finals	H#
1 # 616 Mostowy, Siena	15 Okanagan Ath	27.37	26.94	2

Women 16-17 200 Meter Dash

Name	Age Team	Seed	Finals
1 # 619 Peever, Caitlin	16 Okanagan Ath	26.41	26.76
3 # 620 Pentecost, Katya	17 Okanagan Ath		28.67

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Women 60-64 200 Meter Dash Masters

Name	Age Team	Seed	Finals
-- # 621 Pomietlarz, Monic	64 Okanagan Ath		SCR

Girls 13 High Jump

Name	Age Team	Seed	Finals
-- # 606 Andrews, Lily-Jay	13 Okanagan Ath	1.11m	DNS
0.80			
DNS			

Women 14-15 High Jump 14-15 & Mast

Name	Age Team	Seed	Finals	H#
-- # 621 Pomietlarz, Monic	64 Okanagan Ath		SCR	

Women 60-64 High Jump Mstr(35+)

Name	Age Team	Seed	Finals
1 # 621 Pomietlarz, Monic	64 Okanagan Ath	1.30m	1.40m
1.20 1.25 1.30 1.35 1.40 1.43			
0 0 0 XXO XO XXX			

Girls 11 Long Jump

Name	Age Team	Seed	Finals
1 # 614 Leinemann, Georgi	11 Okanagan Ath	3.74m	3.95m
3.95m 3.95m X			

Girls 13 Long Jump

Name	Age Team	Seed	Finals
-- # 606 Andrews, Lily-Jay	13 Okanagan Ath		DNS

Girls 12 Shot Put

Name	Age Team	Seed	Finals
9 - 11 years - 2 kg			
12-13 years - 3 kg			
2 # 607 Bjorgan, Laura	12 Okanagan Ath		5.71m
5.58m 5.28m 5.71m			

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Women 60-64 Shot Put Master

W35-49 - 4kg		W50-59 - 3kg		W60-74 - 3kg		W75+ - 2kg		Seed	Finals
Name	Age	Team							
1 #	621	Pomietlarz, Monic	64	Okanagan Ath					10.07m
		9.23m		9.78m	X	9.53m	10.07m	10.06m	

Men 12 60 Meter Dash

Name	Age	Team	Seed	Finals	H#		
3 #	622	Rowe, Silas	12	Okanagan Ath	9.52	9.67	2

Men 14-15 60 Meter Dash U16

Name	Age	Team	Seed	Finals	H#		
1 #	618	Neels, Ryland	15	Okanagan Ath	7.96	7.94	2
3 #	624	Westlund, Oliver	15	Okanagan Ath	8.30	8.40	2

Men 16-17 60 Meter Dash

Name	Age	Team	Seed	Finals		
1 #	612	Haughton, Pishon	17	Okanagan Ath	7.16	7.18

Men 18-19 60 Meter Dash

Name	Age	Team	Seed	Finals		
1 #	611	Gokiert, Isaac	19	Okanagan Ath	7.39	7.45
-- #	609	Carr, Tyson	18	Okanagan Ath	7.46	SCR

Men 20-34 60 Meter Dash

Name	Age	Team	Seed	Finals		
7 #	608	Carr, Jayden	20	Okanagan Ath	8.37	7.58
9 #	617	Mourad, Omar	27	Okanagan Ath	7.63	7.78

Men 12 200 Meter Dash

Name	Age	Team	Seed	Finals	H#		
2 #	622	Rowe, Silas	12	Okanagan Ath	32.80	32.53	2

Men 14-15 200 Meter Dash U16

Name	Age	Team	Seed	Finals	H#		
1 #	618	Neels, Ryland	15	Okanagan Ath	25.82	25.55	2
6 #	623	Solano, Mateo	14	Okanagan Ath	32.41	33.09	1
-- #	624	Westlund, Oliver	15	Okanagan Ath	29.97	DNS	2

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Men 20-34 200 Meter Dash Snr

Name	Age Team	Seed	Finals
-- # 617 Mourad, Omar	27 Okanagan Ath	24.76	SCR

Men 14-15 800 Meter Run

Name	Age Team	Seed	Finals
1 # 618 Neels, Ryland	15 Okanagan Ath	2:14.68	2:14.15
-- # 624 Westlund, Oliver	15 Okanagan Ath		SCR

Men 14-15 1200 Meter Run

Name	Age Team	Seed	Finals
1 # 618 Neels, Ryland	15 Okanagan Ath	3:48.95	3:40.52
2 # 610 Collingwood, Cai	15 Okanagan Ath	3:59.00	3:46.04

Men 14-15 2000 Meter Run

Name	Age Team	Seed	Finals
1 # 610 Collingwood, Cai	15 Okanagan Ath		7:16.48

Men 14-15 60 Meter Hurdles

M 14-15 5x0.840m/33" - 13.00m, 8.50m, 13.00m (Yellow)
 Mast M 50-59 5x0.914m/36" - 13.00m, 8.50m, 13.00m (Yellow)
 M18 - 0.991m/39" - 5x13.72m, 9.14m, 9.72m (Red)

Name	Age Team	Seed	Finals
2 # 623 Solano, Mateo	14 Okanagan Ath	12.65	12.41

Men 12 Long Jump

Name	Age Team	Seed	Finals
1 # 622 Rowe, Silas	12 Okanagan Ath		3.27m
			3.08m 3.13m 3.27m

Men 18-19 400 Meter Dash

Name	Age Team	Seed	Finals
2 # 611 Gokiart, Isaac	19 Okanagan Ath	56.09	55.18
-- # 609 Carr, Tyson	18 Okanagan Ath	54.61	SCR

Girls 12 60 Meter Hurdles

W12 - 5x0.610 (24") - 12m, 7m, 20m (Black) - Scissor
 M12 - 5x0.686/27" - 12m, 7m, 20m (Black) - Scissor

Name	Age Team	Seed	Finals
3 # 607 Bjorgan, Laura	12 Okanagan Ath		12.49

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Women 16-17 4x100 Meter Relay

Team	Seed	Finals
1 Okanagan Athletics Club 'A'		52.80
1) #619 Peever, Caitlin 16	2) #615 Mallinson, Kezia 16	
3) #613 Lafreniere, Scotia 14	4) #616 Mostowy, Siena 15	
5) #620 Pentecost, Katya 17	6)	

Men 20-34 4x100 Meter Relay

Team	Seed	Finals
2 Okanagan Athletics Club 'A'		46.48
1) #611 Gokiart, Isaac 19	2) #617 Mourad, Omar 27	
3) #618 Neels, Ryland 15	4) #612 Haughton, Pishon 17	