

2023 South Central Zone Championships
Apple Bowl Stadium
Results

Event 1 Women 1500 Meter Race Walk Grade 7

Name	Age	School	Seed	Finals
Finals				
1 Aquino, Cassandra	13	Kelowna Christian	15:00.00	11:21.28
2 Breikreutz, Ruby	13	Kelowna Christian	10:05.00	11:29.13
-- Hammell, Lilly	14	Glenrosa Mid		DQ rule 54.2

Event 4 Men 1500 Meter Race Walk Grade 8

Name	Age	School	Seed	Finals
1 Fry, James	14	Aberdeen Hal, Kelowna		9:58.13

Event 6 Men 1500 Meter Race Walk Junior

Name	Age	School	Seed	Finals
1 Westlund, Oliver	15	Rutland Senior	11:29.69	9:10.40
-- Dela Cruz, Landon	15	Immaculata HS		DNF

Event 9 Women 400 Meter Hurdles 30" x 10 Senior

30" x 10 (45-35-40)				
Name	Age	School	Seed	Finals
1 Love, Emmerson	17	George Elliot		1:22.08

Event 9 Men 400 Meter Hurdles 30" x 10 Senior

30" x 10 (45-35-40)				
Name	Age	School	Seed	Finals
1 Carr, Tyson	18	Kelowna Seco	56.69	60.18

Event 11 Women 300 Meter Hurdles 30" x 7 Junior

30" x 7 (50-35-40)				
Name	Age	School	Seed	Finals
1 Hatch, Anna	15	Penticton Hi		51.34
2 Duncan, Alexis	15	Penticton Hi		52.20
3 Jhonston, Jessica	15	Glenrosa Mid		53.89
4 Hinton, Isabelle	15	Glenrosa Mid		60.36

Event 12 Men 300 Meter Hurdles 33" x 7 Junior

33" x 7 (50-35-40)				
Name	Age	School	Seed	Finals
1 Kozak, Devan	16	Penticton Hi		47.01
2 Eberharther, Mason	16	Glenrosa Mid		47.71
3 Bruce, Beckham	16	Mount Boucherie		48.08
4 Hurd, Evan	15	Mount Boucherie		48.63
5 Wilkie, Thomas	15	Penticton Hi	57.92	56.80

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 14 Women 200 Meter Hurdles 30" x 5 Grade 7**

Name	Age	School	Seed	Finals	Wind
1 Furby, Presley	13	Glenrosa Mid		33.66	1.0
2 Strench, Sam	13	Glenrosa Mid		38.47	1.0

Event 14 Men 200 Meter Hurdles 30" x 5 Grade 7

Name	Age	School	Seed	Finals	Wind
1 Chambers, Asher		Dr Knox Midd		35.66	1.0
2 Manziuk, Connor	13	Ecole H.S. G	40.19	40.70	1.0

Event 15 Women 200 Meter Hurdles 30" x 5 Grade 8

30" x 5 (20-35-40)					
Name	Age	School	Seed	Finals	Wind H#
1 Carleton-Palanio, Sophia	14	Kvr Middle School		31.63	0.9 2
2 Comber, Portia	14	Canyon Falls		32.61	0.9 2
3 Marsh, Iman	14	Glenrosa Mid		33.57	1.5 1
4 Bellward, Caylee	14	Glenrosa Mid		35.66	1.5 1
5 Hughes, Dylan	14	Ecole Klo Mi		36.12	1.5 1
6 Sherwood, Hailey	14	Glenrosa Mid		36.65	0.9 2
7 Smith, Erin	14	Immaculata HS		36.70	1.5 1
8 Kirk, Emma	14	Kvr Middle School		39.73	0.9 2

Event 16 Men 200 Meter Hurdles 30" x 5 Grade 8

30" x 5 (20-35-40)					
Name	Age	School	Seed	Finals	Wind
1 Hvidsten, Tyler	14	Kvr Middle School	32.32	29.50	0.3
2 McFayden, Owen	14	Canyon Falls		33.89	0.3
3 Solano, Mateo	14	Ecole Klo Mi		34.08	0.3
4 Priebe, Taylen	14	Spring Valle		34.21	0.3
5 McCrady, Jude	14	Canyon Falls		35.83	0.3

Event 17 Women 3000 Meter Run Grade 7

Name	Age	School	Seed	Finals
1 Lou, Mei-Viz	13	Canyon Falls		13:32.97

Event 18 Men 3000 Meter Run Grade 7

Name	Age	School	Seed	Finals
1 Kissmann, Coen	1	Dr Knox Midd	10:24.00	10:07.43
2 Sieben, Coulter	14	Ecole Klo Mi		10:47.98
3 Davis, Xavier	14	Constable Ne		11:24.38
4 Redman, Kai	14	Ecole Klo Mi		11:47.05
5 Braff, Jack	13	Aberdeen Hal, Kelown		11:50.93
6 Sharkey, Tanner	14	Glenrosa Mid		13:25.82
7 Priebe, Taylen	14	Spring Valle		14:25.64

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 19 Women 3000 Meter Run Grade 8**

Name	Age	School	Seed	Finals
1 Lou, Amelia-Ahn	14	Canyon Falls		13:10.38
2 Bridge, Allie	14	Glenrosa Mid		13:44.61
3 Smith, Kasey	14	Constable Ne		13:51.89
4 Jung Little, Malaya	14	Aberdeen Hal, Kelowna		14:45.38
5 Carter, Kendall	14	Canyon Falls		14:59.48
6 Akins, Eloise	14	Glenrosa Mid		15:07.33
7 Haftner, Brooklyn	14	Spring Valle		15:17.49
8 Sprules, Bronwyn	14	Ecole Klo Mi		15:23.44

Event 21 Women 3000 Meter Run Junior

Name	Age	School	Seed	Finals
1 Hanry, Jasmine	15	Summerland S		11:12.01
2 Steyn, Chanelle	15	Princess Mar		16:00.66
3 Steyn, Scarlett	16	Princess Mar		16:10.66
-- Harshenin, Olivia	15	Ecole Klo Mi		DNF

Event 22 Women 3000 Meter Run Senior

Name	Age	School	Seed	Finals
1 Scholfield, Emma	18	Summerland S		13:31.25

Event 23 Men 3000 Meter Run Junior

Name	Age	School	Seed	Finals
1 Kunka, Peter	16	Summerland S	9:30.00	9:52.66
2 Collingwood, Cai	15	Okanagan Mission	10:09.15	10:22.16
3 Aaserud, Mika	16	Kelowna Seco		10:32.51
4 Spencer, Davis	15	Dr Knox Midd	10:51.55	10:51.46
5 Ashton, Drew	18	Princess Mar		11:26.94
6 Lum, Tyler	16	Kelowna Seco		11:33.89
7 Nimsombun, Aomsin	18	Okanagan Mission		11:43.72
8 Bird, Rowan	15	Ecole Klo Mi		13:32.93

Event 25 Women 80 Meter Hurdles 30" Grade 7

Name	Age	School	Seed	Finals	Wind	H#
1 Furby, Presley	13	Glenrosa Mid		16.46	-0.4	2
2 Smeltzer, Sydney	13	Ecole Klo Mi		16.98	0.6	1
3 Bumstead, Jenna	13	Spring Valle		17.50	-0.4	2
4 Hanson, Mackenzie	13	Aberdeen Hal, Kelowna		17.64	-0.4	2
5 Jarrett, Crisaunni	13	Rutland Midd		17.76	0.6	1
6 Sanbdbeg, Tulia	13	Rutland Midd		17.95	0.6	1
7 Miller, Brooklyn	13	Canyon Falls		17.98	-0.4	2
8 Nelson, Olivia	13	Canyon Falls		18.26	-0.4	2
8 Strench, Sam	13	Glenrosa Mid		18.26	0.6	1
10 Gardner, Bronwyn	11	Dr Knox Midd	16.91	18.28	0.6	1
11 Hyland, Summer	13	Ecole Klo Mi		18.67	-0.4	2
12 Aguilar, Adrienne	13	Rutland Midd		18.76	0.6	1

2023 South Central Zone Championships**Apple Bowl Stadium****Results****...Event 25 Women 80 Meter Hurdles 30" Grade 7**

13 Breikreutz, Ruby	13 Kelowna Christian	12.11	19.10	-0.4	2
14 Harms, Izzy	13 Rutland Midd		19.56	0.6	1
15 Gregory, Thea	13 Heritage Chr		20.04	-0.4	2
16 Wallace, Ashley	13 Ecole Klo Mi		21.27	0.6	1

Event 26 Men 80 Meter Hurdles 30" Grade 7

30" x 8 (12-8-12)

Name	Age	School	Seed	Finals	Wind
1 Wallace, Felix	13	Rutland Midd		14.95	0.1
2 Burzuk, Josh		Dr Knox Midd	15.34	15.17	0.1
3 Phillips, Oliver	1	Dr Knox Midd	16.34	16.20	0.1
4 Sentesy, Rio		Dr Knox Midd	16.75	16.24	0.1
5 Bumstead, Seth	13	Spring Valle		18.05	0.1
6 Manziuk, Connor	13	Ecole H.S. G		19.38	0.1

Event 27 Women 80 Meter Hurdles 30" Grade 8

Name	Age	School	Seed	Finals	Wind	H#
1 Carleton-Palanio, Sophia	14	Kvr Middle School	15.21	14.19	1.1	2
2 Eikenaar, Elena	14	Ecole H.S. G		15.74	1.1	2
3 Marsh, Iman	14	Glenrosa Mid		15.97	0.2	1
4 Hughes, Dylan	14	Ecole Klo Mi		16.23	1.1	2
5 Kyle, Abbigail	14	Glenrosa Mid		16.46	1.1	2
6 Siggers, Jade		Dr Knox Midd	16.65	16.98	1.1	2
7 Towson, Kailey		Dr Knox Midd		17.09	1.1	2
8 Jackson, Mackayla	14	Glenrosa Mid		17.24	0.2	1
9 Gudz, Sofia	1	Dr Knox Midd	17.75	17.52	1.1	2
10 Smith, Erin	14	Immaculata HS		17.79	0.2	1
11 Jomphe, Patricia	14	Constable Ne		18.09	0.2	1

Event 28 Women 80 Meter Hurdles 30" Junior

30" x 8 (12-8-12)

Name	Age	School	Seed	Finals	Wind
1 Stroda, Lily	15	Okanagan Mission	12.08	12.04	1.0
2 Hatch, Anna	15	Penticton Hi		15.51	1.0
3 Duncan, Alexis	15	Penticton Hi		15.78	1.0
4 Jhonston, Jessica	15	Glenrosa Mid		16.43	1.0
5 Hauber, Isobel	15	Penticton Hi		16.71	1.0
6 Chaffee, Brookelynn	16	Kelowna Seco		17.50	1.0
7 Edge, Sara	15	Penticton Hi		17.96	1.0

Event 29 Men 100 Meter Hurdles 33" Grade 8

33" x 10 (13-8.5-10.5)

Name	Age	School	Seed	Finals	Wind	H#
1 Hvidsten, Tyler	14	Kvr Middle School		16.27	-0.8	1
2 Worman, Tate	14	Ecole Klo Mi		16.61	-1.1	2
3 Harris, Jack	14	Rutland Midd		16.75	-0.8	1
4 Liu, Harrison		Dr Knox Midd	20.44	16.93	-1.1	2

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...Event 29 Men 100 Meter Hurdles 33" Grade 8

5	McFayden, Owen	14	Canyon Falls	19.90	-1.1	2
6	Solano, Mateo	14	Ecole Klo Mi	20.70	-1.1	2
7	Cousins, Angus	14	Constable Ne	21.93	-0.8	1
8	Miller, Alex	14	Ecole Klo Mi	21.97	-0.8	1
9	McLeod, Jack	14	Constable Ne	23.85	-0.8	1
10	Balko, Ryan	14	Constable Ne	27.48	-1.1	2

Event 30 Women 100 Meter Hurdles 33" Senior

33" x 10 (13-8.5-10.5)

Name	Age	School	Seed	Finals	Wind
1 Horak, Amy	17	Kelowna Seco	17.43	16.92	2.2
2 Auger, Soraya	17	Mount Boucherie		18.47	2.2
3 Love, Emmerson	17	George Elliot		21.66	2.2

Event 31 Men 100 Meter Hurdles 36" Junior

36" x 10 (13-8.5-10.5)

Name	Age	School	Seed	Finals	Wind
1 Bruce, Beckham	16	Mount Boucherie		16.76	0.7
2 Kozak, Devan	16	Penticton Hi		16.97	0.7
3 Eberharter, Mason	16	Glenrosa Mid		18.23	0.7
4 Hurd, Evan	15	Mount Boucherie		18.99	0.7
5 Gabriz, Boris	15	Ecole H.S. G		20.28	0.7
6 Lyver, Austin	14	Ecole Klo Mi		21.05	0.7
7 Wilkie, Thomas	15	Penticton Hi	20.08	23.61	0.7

Event 33 Women 200 Meter Dash Senior

Name	Age	School	Seed	Finals	Wind	H#
1 Dreger, Isabella	18	George Elliot	26.58	27.19	-1.0	2
2 Pentecost, Katya	17	Penticton Hi	27.85	28.06	-1.0	2
3 Murphy, Ivy	17	Rutland Senior		28.64	2.2	1
4 Spademan, Raedyn	17	George Elliot		29.88	-1.0	2
5 Auger, Soraya	17	Mount Boucherie		30.12	2.2	1
6 Mariotto, Sarah	17	Okanagan Mission		32.00	-1.0	2
7 Lesage, Mya	17	George Elliot		32.04	2.2	1
8 Holliday, Llydia	17	Mount Boucherie		33.15	2.2	1

Event 34 Men 200 Meter Dash Senior

Name	Age	School	Seed	Finals	Wind
1 Haughton, Pishon	17	Okanagan Mission	21.87	23.57	-1.8
2 Gokiert, Isaac	19	Kelowna Seco	23.11	23.71	-1.8
3 Carr, Tyson	18	Kelowna Seco	23.26	23.91	-1.8
4 Nembhard, Dominic	17	Rutland Senior		25.03	-1.8
5 Wilson, Braylon	17	Okanagan Mission		25.40	-1.8
6 Rougeau, Kyle	18	Penticton Hi		26.77	-1.8

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 35 Women 200 Meter Dash Junior**

Name	Age	School	Seed	Finals	Wind	H#
1 Peever, Caitlin	16	Okanagan Mission	25.67	25.82	2.9	2
2 Mostowy, Siena	15	Aberdeen Hal,Kelown	25.98	26.31	2.9	2
3 Blake, Gia	15	Ecole Klo Mi	27.35	26.75	2.9	2
4 Leduc, Baylee	16	Penticton Hi	26.91	27.50	2.9	2
5 Comber, Quyannah	17	Okanagan Mission		27.87	-1.0	1
6 Mallinson, Kezia	16	Kelowna Seco	28.77	28.72	2.9	2
7 Wiedner, Leela	15	Princess Mar	30.67	31.29	2.9	2
8 Mawhinney, Emily	14	Kelowna Christian	35.00	31.48	2.9	2
9 Munro, Lauren	16	George Elliot		32.84	-1.0	1
10 Alvarez Rubio, Rocio	16	Kelowna Seco		33.64	-1.0	1
11 Bassi, Ramandeep	15	George Elliot		33.84	-1.0	1
12 Scholl, Fiona	15	George Elliot		40.01	-1.0	1

Event 36 Men 200 Meter Dash Junior

Name	Age	School	Seed	Finals	Wind	H#
1 Hanzek, Gabriel	16	Immaculata HS		23.38	2.0	1
2 Patenaude, Maximilian	16	Summerland S	23.95	23.39	-0.3	2
3 Powell, Kevaghn	16	Rutland Senior		24.57	-0.3	2
4 Neels, Ryland	15	Mount Boucherie	24.76	24.62	-0.3	2
5 Grenier, Charles	16	Immaculata HS	24.97	24.91	-0.3	2
6 Shojanian, Jordan	15	Mount Boucherie	26.24	25.18	-0.3	2
7 Porter, Mateo	16	Okanagan Mission		26.15	2.0	1
8 Westman, Brayden	15	Aberdeen Hal,Kelown	26.54	27.14	-0.3	2
9 Sandhu, Yuvnaaz	16	Mount Boucherie		27.17	2.0	1
10 Cheung, King Chi	15	Okanagan Mission		27.72	2.0	1
11 Yoon, Joshua	16	Okanagan Mission		28.67	-0.3	2
12 Joe, Alex	15	Aberdeen Hal,Kelown		29.42	2.0	1
13 Despina, Kyle	16	Kelowna Seco		29.65	2.0	1

Event 37 Women 200 Meter Dash Grade 8

Name	Age	School	Seed	Finals	Wind	H#
1 Lafreniere, Scotia	14	Dr Knox Midd	27.57	27.27	0.9	3
2 Comber, Portia	14	Canyon Falls		28.63	-1.9	2
3 Wright, London	14	Constable Ne		29.81	-1.9	2
4 Wilson, Arianna	14	Kvr Middle School		29.91	0.9	3
5 Renker, Ashley	14	Glenrosa Mid		30.09	0.9	3
6 Lanteigne, Kennedy	14	Kvr Middle School		30.17	-1.0	1
7 Cubberley, Anna-Marie	14	Canyon Falls		30.81	-1.9	2
8 Valdez, Julia	14	Aberdeen Hal,Kelown		31.05	-1.0	1
9 Campbell, Rachel	14	Constable Ne		31.10	0.9	3
10 Russouw, Eve		Dr Knox Midd	29.50	31.34	0.9	3
11 Rohatensky, Amyla	14	Ecole H.S. G		31.39	-1.9	2
12 Gardner, Karis		Dr Knox Midd	30.34	31.44	0.9	3
13 Jackson, Mackayla	14	Glenrosa Mid		31.63	-1.0	1
14 Barr, Charlotte	14	Ecole Klo Mi		31.73	-1.9	2
15 Pradeep-Kabali, Hasini	14	Kvr Middle School		32.37	0.9	3
16 Marsh, Iman	14	Glenrosa Mid		32.45	-1.9	2
17 Bourdon-King, Aurora	14	Spring Valle		33.46	-1.0	1
18 Anderson, Kiana	14	Rutland Midd		33.79	-1.0	1

2023 South Central Zone Championships**Apple Bowl Stadium****Results****...Event 37 Women 200 Meter Dash Grade 8**

19 Block, Avalyn	14 Ecole H.S. G	34.86	-1.0	1
20 Wasyliuk, Ashlyn	15 Spring Valle	36.63	0.9	3

Event 38 Men 200 Meter Dash Grade 8

Name	Age School	Seed	Finals	Wind	H#
1 Liu, Harrison	Dr Knox Midd	27.50	25.94	2.5	2
2 Worman, Tate	14 Ecole Klo Mi	27.06	26.68	2.5	2
3 Fratini Borges Lima, Luc	14 Rutland Midd		27.06	-1.1	1
4 Frank, Jacob	14 Rutland Midd		28.18	-1.1	1
5 He, Yu Yao	Dr Knox Midd	28.53	28.20	2.5	2
6 Morgan, Noah	14 Glenrosa Mid		28.57	2.5	2
7 Stacey, William	14 Constable Ne		28.60	-1.1	1
8 Ashley, Jared	14 Constable Ne		29.23	-1.1	1
9 Klein, Carter	14 Canyon Falls		29.40	-1.1	1
10 Alicalas, Samuel	14 Ecole Klo Mi		30.29	-1.1	1
11 McCrady, Jude	14 Canyon Falls		32.46	2.5	2
12 Vogt, Marty	14 Spring Valle		32.65	2.5	2

Event 39 Women 200 Meter Dash Grade 7

Name	Age School	Seed	Finals	Wind	H#
1 Macinnis, Sawyer	13 Ecole Klo Mi	32.73	29.72	1.2	2
2 Jarrett, Crisaunni	13 Rutland Midd		30.48	1.2	2
3 Burge, Gabriel	13 Constable Ne		30.58	1.3	1
4 Sollitt, Madison	13 Constable Ne		31.26	1.2	2
5 Evans, Charlotte	1 Dr Knox Midd	32.31	31.49	1.2	2
6 Miller, Riley	13 Canyon Falls		31.68	1.3	1
7 Kozina-Fedorovich, Ella	13 Canyon Falls		32.52	1.2	2
8 Di Carlo, Elia	13 Ecole H.S. G		32.58	1.3	1
9 Sawchuck, Layla	13 Rutland Midd		32.83	1.3	1
10 O'Brien, Chloe	13 Glenrosa Mid		33.13	1.3	1
11 Burden, Paige	13 Glenrosa Mid		33.40	1.2	2
12 Whalen, Kennedy	13 Canyon Falls		33.46	1.3	1
13 Schierbeck, Kai	13 Glenrosa Mid		34.19	1.2	2
14 Campbell, Keeley	13 Constable Ne		34.40	1.3	1
15 Grant, Lily	13 Ecole Klo Mi		35.19	1.3	1
16 Binning, Ekjot	13 Rutland Midd		36.09	1.2	2

Event 40 Men 200 Meter Dash Grade 7

Name	Age School	Seed	Finals	Wind	H#
1 Petersen, Colten	13 Constable Ne		28.76	0.3	2
2 Horne, Mason	13 Rutland Midd		28.79	2.0	1
3 Thapa, Hridik	13 Spring Valle		28.97	0.3	2
4 Mutch, Eli	14 Canyon Falls		29.18	2.0	1
5 Foster, Cole	13 Ecole H.S. G		29.45	0.3	2
6 Gervais, Chase	13 Canyon Falls		30.26	2.0	1
7 Tremblay, Easton	13 Canyon Falls		30.99	2.0	1
8 Rhodes, Hunter	13 Ecole H.S. G		32.17	2.0	1
9 Lindley, Quill	13 Constable Ne		32.75	0.3	2
10 Slezak, Adam	13 Glenrosa Mid		33.79	0.3	2

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11 Kelly, Kyler	13 Spring Valle	35.01	0.3	2
12 Rudolph, Aiden	13 Ecole H.S. G	35.62	0.3	2

Event 41 Women 1500 Meter Run Grade 7

Name	Age School	Seed	Finals
1 Lou, Mei-Viz	13 Canyon Falls		5:37.25
2 Sierhuis, Taylor	13 Ecole H.S. G		6:22.45

Event 42 Women 1500 Meter Run Grade 8

Name	Age School	Seed	Finals
1 Lou, Amelia-Ahn	14 Canyon Falls		5:23.81
2 Smith, Kasey	14 Constable Ne		6:22.80
3 Sprules, Bronwyn	14 Ecole Klo Mi		6:23.23
4 Jung Little, Malaya	14 Aberdeen Hal, Kelown		6:27.46
5 Bridge, Allie	14 Glenrosa Mid		6:34.05
6 Akins, Eloise	14 Glenrosa Mid		7:14.87

Event 43 Men 1500 Meter Run Grade 7

Name	Age School	Seed	Finals
1 McKenna, Cash	13 Canyon Falls		5:25.42
2 Braff, Jack	13 Aberdeen Hal, Kelown	5:37.78	5:48.57
3 Manziuk, Alex	13 Ecole H.S. G		6:17.22
4 Jerczynski, Shae	13 Rutland Midd		6:45.49

Event 44 Men 1500 Meter Run Grade 8

Name	Age School	Seed	Finals
1 Kissmann, Coen	1 Dr Knox Midd		4:59.51
2 Sieben, Coulter	14 Ecole Klo Mi		5:06.46
3 Redman, Kai	14 Ecole Klo Mi		5:25.06
4 Davis, Xavier	14 Constable Ne		5:27.96
5 Morey, Christian	14 Ecole H.S. G		5:28.50
6 Penney, Grey	14 Canyon Falls		5:42.26
7 Chambers, Reace	15 Glenrosa Mid		6:08.55
8 Jagers, Nate	14 Ecole Klo Mi		6:08.86
9 Sharkey, Tanner	14 Glenrosa Mid		6:18.84

Event 45 Women 1500 Meter Run Junior

Name	Age School	Seed	Finals
1 Hanry, Jasmine	15 Summerland S		5:09.48
2 Hickie, Jordis	16 Penticton Hi		5:10.64
3 Reynolds, Reese	15 Okanagan Mission	5:42.00	5:36.64
4 Steyn, Chanelle	15 Princess Mar		7:31.42
5 Steyn, Scarlett	16 Princess Mar		7:43.88

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 46 Men 1500 Meter Run Junior**

Name	Age	School	Seed	Finals
1 Rahkola, Maverik	16	Penticton Hi		4:19.00
2 Hayden, Miles	15	Penticton Hi	4:32.59	4:26.12
3 Kunka, Peter	16	Summerland S	4:23.00	4:27.70
4 Aaserud, Mika	16	Kelowna Seco		4:51.28
5 Spencer, Davis	15	Dr Knox Midd	4:56.00	5:01.41
6 Bird, Rowan	15	Ecole Klo Mi		5:57.15

Event 47 Women 1500 Meter Run Senior

Name	Age	School	Seed	Finals
1 Guarasci, Maya	17	Kelowna Seco		5:32.64
2 Widdess, Brooklyn	18	Kelowna Seco		5:43.38
3 Scholfield, Emma	18	Summerland S		6:10.40

Event 48 Men 1500 Meter Run Senior

Name	Age	School	Seed	Finals
1 Pinsonneault, Matt	18	Penticton Hi		4:23.89
2 Achtem, Nathan	18	Kelowna Seco		4:42.47
3 Nimsombun, Aomsin	18	Okanagan Mission		5:14.53

Event 49 Women 100 Meter Dash Grade 7

Name	Age	School	Seed	Finals	Wind	H#
1 Vercholuk, Ellis	14	Canyon Falls		14.37	-0.6	1
2 Smeltzer, Sydney	13	Ecole Klo Mi		14.43	0.7	2
3 Akurienne, Olivia	13	Heritage Chr		14.64	-0.6	1
4 Jarrett, Crisaunni	13	Rutland Midd		14.73	0.7	2
5 Burge, Gabriel	13	Constable Ne		14.90	0.8	3
6 Eves, Amy	1	Dr Knox Midd	15.09	14.92	0.8	3
7 Sollitt, Madison	13	Constable Ne		15.01	-0.6	1
8 Le Poole, Teagan	13	Ecole H.S. G		15.32	-0.6	1
9 Storness-Bliss, Serenity	1	Dr Knox Midd	15.13	15.40	0.8	3
10 Dhenin, Taylor	13	Canyon Falls		15.48	-0.6	1
11 Porter, Natalia	13	Canyon Falls		15.62	0.8	3
12 O'Brien, Chloe	13	Glenrosa Mid		15.78	0.8	3
13 Cody, Alexa	13	Glenrosa Mid		15.86	0.7	2
14 Gagnon, Gabriela	13	Ecole Klo Mi		15.96	-0.6	1
15 Burden, Paige	13	Glenrosa Mid		16.14	0.8	3
16 Aguilar, Adrienne	13	Rutland Midd		16.21	0.7	2
17 Bromberg, Jackie	13	Constable Ne		16.40	0.7	2
18 Hyland, Summer	13	Ecole Klo Mi		16.49	0.8	3
19 Sulentich, Sofia	13	Ecole H.S. G		16.53	0.7	2
20 Hanson, Mackenzie	13	Aberdeen Hal, Kelowna		16.78	-0.6	1
21 Bumstead, Jenna	13	Spring Valle		16.96	0.7	2
22 Burke, Mikayla	13	Rutland Midd		17.24	0.8	3
23 Kocsis, Neveah	13	Spring Valle		17.68	0.7	2

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 50 Men 100 Meter Dash Grade 7**

Name	Age	School	Seed	Finals	Wind	H#
1 Huggins, Tyrell	13	Rutland Midd		13.25	1.6	2
2 Thapa, Hridik	13	Spring Valle		14.20	1.8	3
3 Sentesy, Rio		Dr Knox Midd	14.22	14.26	1.8	3
4 Petersen, Colten	13	Constable Ne		14.31	0.6	1
5 Mutch, Eli	14	Canyon Falls		14.35	1.6	2
6 Wallace, Felix	13	Rutland Midd		14.48	0.6	1
7 Burzuk, Josh		Dr Knox Midd	14.06	14.57	1.8	3
8 Tremblay, Easton	13	Canyon Falls		14.93	1.6	2
9 Gervais, Chase	13	Canyon Falls		15.15	1.6	2
10 Phillips, Oliver	1	Dr Knox Midd	14.16	15.23	1.8	3
11 Lindley, Quill	13	Constable Ne		15.30	0.6	1
12 Light, Grayson	13	Rutland Midd		15.40	0.6	1
13 Lamey, Adam	13	Aberdeen Hal, Kelown	16.00	15.79	1.8	3
14 Bumstead, Seth	13	Spring Valle		15.89	1.8	3
15 Berry, Bryson	12	Heritage Chr		15.91	1.6	2
16 Rudolph, Aiden	13	Ecole H.S. G		15.97	1.8	3
17 Kelly, Kyler	13	Spring Valle		16.84	1.6	2
18 Manziuk, Connor	13	Ecole H.S. G		17.44	1.6	2

Event 51 Women 100 Meter Dash Grade 8

Name	Age	School	Seed	Finals	Wind	H#
1 Lafreniere, Scotia	14	Dr Knox Midd	13.25	13.20	0.5	4
2 Comber, Portia	14	Canyon Falls		14.15	0.2	3
3 Carleton-Palanio, Sophia	14	Kvr Middle School		14.31	0.2	3
4 Eikenaar, Elena	14	Ecole H.S. G		14.33	0.9	2
5 Renker, Ashley	14	Glenrosa Mid		14.35	0.2	3
5 Lanteigne, Kennedy	14	Kvr Middle School		14.35	-0.7	1
7 Brandsma, Zakaya	14	Kelowna Christian	15.00	14.42	0.5	4
8 Kyle, Abbigail	14	Glenrosa Mid		14.48	-0.7	1
9 Cubberley, Anna-Marie	14	Canyon Falls	14.61	14.57	0.5	4
10 Mawhinney, Emily	14	Kelowna Christian		14.63	-0.7	1
11 Wright, London	14	Constable Ne		14.70	0.9	2
12 Wilson, Arianna	14	Kvr Middle School		14.74	0.9	2
13 Baruta, Alexis	14	Ecole H.S. G		14.76	0.9	2
14 Martin, Haven		Dr Knox Midd		14.81	-0.7	1
15 Jackson, Mackayla	14	Glenrosa Mid		14.84	0.2	3
16 Gardner, Karis		Dr Knox Midd	15.69	15.01	0.5	4
17 Valdez, Julia	14	Aberdeen Hal, Kelown	15.23	15.09	0.5	4
18 McIlmoyle, Madi	14	Constable Ne		15.13	0.9	2
19 Arunan, Meg	14	Kvr Middle School		15.18	0.9	2
20 Allen, Lily	14	Aberdeen Hal, Kelown	15.52	15.46	0.5	4
21 Cudmore, Holly	14	Canyon Falls		16.11	0.2	3
22 Anderson, Kiana	14	Rutland Midd		16.36	-0.7	1
22 Duarte, Mariana	14	Immaculata HS		16.36	0.2	3
24 Lauinger, Logan	14	Rutland Midd		17.17	-0.7	1

Event 52 Men 100 Meter Dash Grade 8

Name	Age	School	Seed	Finals	Wind	H#
1 Liu, Harrison		Dr Knox Midd	13.03	12.89	1.5	3

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2	Fratini Borges Lima, Luc	14	Rutland Midd		13.13	1.5	3
3	Henry, Peyton	14	Canyon Falls		13.20	0.1	1
4	Lang, Greyson	14	Ecole H.S. G		13.35	1.5	3
5	Stacey, William	14	Constable Ne		13.53	0.1	1
6	He, Yu Yao		Dr Knox Midd	13.03	13.65	1.5	3
7	Frank, Jacob	14	Rutland Midd		13.70	0.1	1
8	Morgan, Noah	14	Glenrosa Mid		13.78	-0.7	2
9	Friberg, Rowan	14	Heritage Chr	16.14	13.84	1.5	3
10	Ashley, Jared	14	Constable Ne		14.02	-0.7	2
11	Crossley, Liam	14	Ecole Klo Mi	14.98	14.03	1.5	3
12	Crossley, Devon	14	Ecole Klo Mi	15.70	14.52	1.5	3
13	Cousins, Angus	14	Constable Ne		15.50	-0.7	2
14	Miller, Alex	14	Ecole Klo Mi		16.93	0.1	1

Event 53 Women 100 Meter Dash Junior

Name	Age	School	Seed	Finals	Wind	H#	
1	Peever, Caitlin	16	Okanagan Mission	12.58	12.56	-0.2	4
2	Mostowy, Siena	15	Aberdeen Hal,Kelown	12.73	12.90	-0.2	4
3	Blake, Gia	15	Ecole Klo Mi	13.07	13.18	-0.2	4
4	Comber, Quyanah	17	Okanagan Mission		13.26	1.4	3
5	Leduc, Baylee	16	Penticton Hi	13.14	13.32	-0.2	4
6	Benwell, Maggie	16	Okanagan Mission		13.75	0.1	2
7	Mallinson, Kezia	16	Kelowna Seco	13.75	13.83	-0.2	4
8	Wiedner, Leela	15	Princess Mar	14.40	14.21	-0.2	4
9	Hauber, Isobel	15	Penticton Hi		14.49	1.4	3
10	Guerrero, Marixa	15	George Elliot		14.50	1.3	1
11	Landry, Julia	15	Immaculata HS		14.53	1.4	3
12	Jacquet, Alex	16	Kelowna Seco		14.62	1.3	1
13	Hall, Kaiannah	16	Kelowna Seco		14.70	1.3	1
14	Bougette, Kendall	15	Glenrosa Mid		14.90	1.4	3
15	Brandner, Sophia	15	Mount Boucherie		15.10	0.1	2
16	Elder, Jordan	16	Mount Boucherie		15.22	1.4	3
17	Edge, Sara	15	Penticton Hi		15.56	1.3	1
18	Vasconcelo, Adrianna	15	Glenrosa Mid		15.80	0.1	2
19	Bassi, Ramandeep	15	George Elliot		16.20	0.1	2
20	Ferguson, Lily	15	Penticton Hi		16.22	1.4	3
21	Buekert, Kara	1	Dr Knox Midd		16.26	1.3	1
22	Zuyderduyn, Maddie	15	Ecole Klo Mi		16.75	1.3	1
23	Bone, Audrey	15	Ecole Klo Mi		17.33	0.1	2

Event 54 Men 100 Meter Dash Junior

Name	Age	School	Seed	Finals	Wind	H#	
1	Patenaude, Maximilian	16	Summerland S	11.42	11.46	-1.7	4
2	Powell, Kevaughn	16	Rutland Senior		11.98	0.1	2
3	Distefano, Luca	16	Immaculata HS		12.34	0.1	2
4	Grenier, Charles	16	Immaculata HS	11.92	12.50	-1.7	4
5	Lessley, Jack	16	Summerland S	12.78	12.60	-1.7	4
6	Bolodo, John	15	Penticton Hi		12.77	0.1	2
7	Japson, Pablo	16	Okanagan Mission	13.16	12.94	-0.5	3
8	Adams, Finley	15	Kelowna Christian	15.00	12.95	-0.5	3
9	Garchinski, Magni	15	Mount Boucherie		12.97	0.1	2

2023 South Central Zone Championships**Apple Bowl Stadium****Results****...Event 54 Men 100 Meter Dash Junior**

9 Hall, Brezlin	1 Dr Knox Midd	14.19	12.97	-0.5	3
11 Porter, Mateo	16 Okanagan Mission		13.05	0.1	2
12 Lyver, Austin	14 Ecole Klo Mi		13.09	-0.7	1
13 Spencer, Jacob	16 Mount Boucherie		13.12	-0.5	3
14 Westlund, Oliver	15 Rutland Senior	13.04	13.19	-1.7	4
15 Pinkoski, Everett	15 Rutland Senior	13.12	13.23	-1.7	4
16 Gruenenwald, Daniel	16 George Elliot		13.31	-0.5	3
17 Westman, Brayden	15 Aberdeen Hal,Kelown	13.07	13.43	-1.7	4
18 Crockford Alvarez, Justi	15 Aberdeen Hal,Kelown	12.97	13.45	-1.7	4
19 Atilano, Lorenzo	15 Penticton Hi		13.53	0.1	2
20 Hein, William	15 Ecole Klo Mi		13.63	-0.5	3
21 Bernardy, Carson	16 Mount Boucherie		13.84	-0.7	1
22 Yoon, Joshua	16 Okanagan Mission		14.06	-0.7	1
23 Friberg, Bryden	16 Heritage Chr	14.46	14.36	-0.5	3
24 Stacey, Roman	15 Kelowna Christian	13.00	14.89	-1.7	4

Event 55 Women 100 Meter Dash Senior

Name	Age School	Seed	Finals	Wind	H#
1 Dreger, Isabella	18 George Elliot	12.77	13.13	-1.1	2
2 Bigattini, Isabella	17 Kelowna Seco		13.54	-2.1	1
3 Pentecost, Katya	17 Penticton Hi	13.53	13.73	-1.1	2
4 Murphy, Ivy	17 Rutland Senior		13.96	-1.1	2
5 Duff, Hailey	18 George Elliot		14.25	-2.1	1
6 Wagner, Sarah	18 Immaculata HS		14.31	-2.1	1
7 Auger, Soraya	17 Mount Boucherie		14.63	-1.1	2
8 Spademan, Raedyn	17 George Elliot		14.77	-2.1	1
9 Carr, Brooklyn	17 Okanagan Mission		15.17	-1.1	2
10 Mariotto, Sarah	17 Okanagan Mission		15.54	-2.1	1
11 Holliday, Llydia	17 Mount Boucherie		16.32	-1.1	2

Event 56 Men 100 Meter Dash Senior

Name	Age School	Seed	Finals	Wind
1 Infanti, Lynden	18 Kelowna Seco		11.73	-1.7
2 Gokiert, Isaac	19 Kelowna Seco	11.67	11.75	-1.7
3 Lutes, Justin	18 Kelowna Seco		11.98	-1.7
4 Nembhard, Dominic	17 Rutland Senior		12.09	-1.7
5 Wilson, Braylon	17 Okanagan Mission		12.37	-1.7
6 Rougeau, Kyle	18 Penticton Hi		12.82	-1.7
7 Podmoroff, Tyson	17 Mount Boucherie		13.32	-1.7
8 Hansen, Carter	18 Immaculata HS		14.09	-1.7

Event 57 Women 800 Meter Run Senior

Name	Age School	Seed	Finals
1 Millar, Stephanie	18 George Elliot	2:23.28	2:30.42
2 Guarasci, Maya	17 Kelowna Seco	2:44.23	2:42.95

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Event 58 Men 800 Meter Run Senior

Name	Age	School	Seed	Finals
1 Pinsonneault, Matt	18	Penticton Hi	2:18.19	2:09.42
2 Achtem, Nathan	18	Kelowna Seco	2:15.13	2:14.29
3 Nimsombun, Aomsin	18	Okanagan Mission		2:26.06

Event 59 Women 800 Meter Run Junior

Name	Age	School	Seed	Finals
1 Hickie, Jordis	16	Penticton Hi		2:36.30
2 Reynolds, Reese	15	Okanagan Mission		2:41.46
3 Barry, Amelia	15	Glenrosa Mid		2:47.30
4 Latt, Alexa	15	Kelowna Christian		2:55.49
5 Harshenin, Olivia	15	Ecole Klo Mi		3:19.85
6 Steyn, Scarlett	16	Princess Mar		3:38.13

Event 60 Men 800 Meter Run Junior

Name	Age	School	Seed	Finals
1 Rahkola, Maverik	16	Penticton Hi		2:03.31
2 Neels, Ryland	15	Mount Boucherie		2:07.59
3 Hayden, Miles	15	Penticton Hi		2:11.09
4 Sandhu, Yuvnaaz	16	Mount Boucherie		2:26.46
5 Poitras, Wyatt	16	Okanagan Mission		2:27.74
6 Stacey, Roman	15	Kelowna Christian		2:35.75
7 Despina, Kyle	16	Kelowna Seco		2:36.78
8 Wiebe, Noah	16	Kelowna Christian		2:46.26

Event 61 Women 800 Meter Run Grade 8

Name	Age	School	Seed	Finals
1 Lou, Amelia-Ahn	14	Canyon Falls		2:32.42
2 Barr, Charlotte	14	Ecole Klo Mi		2:50.28
3 Bridge, Allie	14	Glenrosa Mid	3:08.85	2:58.60
4 Delang, Jamie	14	Glenrosa Mid		2:59.62
5 Christensen, Maddison	14	Kvr Middle School		3:00.09
6 Haftner, Brooklyn	14	Spring Valle		3:06.63

Event 62 Men 800 Meter Run Grade 8

Name	Age	School	Seed	Finals
1 Motohashi, Kota	14	Rutland Midd		2:44.83
2 Davis, Xavier	14	Constable Ne		2:47.82
3 McCrady, Jude	14	Canyon Falls		2:54.49
4 Chambers, Reace	15	Glenrosa Mid		2:55.10

Event 63 Women 800 Meter Run Grade 7

Name	Age	School	Seed	Finals
1 Lou, Mei-Viz	13	Canyon Falls		2:44.07

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2 Allen, Kyla	13 Ecole Klo Mi		2:55.81
3 Taverner, Kenzie	13 Spring Valle		2:57.41
4 Gerritsen, Elise	1 Dr Knox Midd	3:43.00	3:32.35
5 Kroeker, Sophia	13 Constable Ne		3:33.14

Event 63 Men 800 Meter Run Grade 7

Name	Age School	Seed	Finals
1 Foster, Cole	13 Ecole H.S. G		2:49.21
2 Rudolph, Aiden	13 Ecole H.S. G		3:43.69

Event 65 Women 400 Meter Dash Senior

Name	Age School	Seed	Finals
1 Millar, Stephanie	18 George Elliot	62.20	63.86
2 Widdess, Brooklyn	18 Kelowna Seco		66.84
3 Plaxton, Daniella	18 Immaculata HS		70.50
4 Mariotto, Sarah	17 Okanagan Mission		79.49

Event 66 Men 400 Meter Dash Senior

Name	Age School	Seed	Finals
1 Houghton, Pishon	17 Okanagan Mission	48.24	51.92
2 Carr, Tyson	18 Kelowna Seco	51.08	52.21
3 Daniels, Ayrton	18 Kelowna Seco		56.42

Event 67 Women 400 Meter Dash Junior

Name	Age School	Seed	Finals
1 Mallinson, Kezia	16 Kelowna Seco	69.86	67.78
2 Wiens, Zoe	16 George Elliot		68.27
3 Millar, Hailey	16 George Elliot	71.09	68.70
4 Jhonston, Jessica	15 Glenrosa Mid		69.09
5 Barry, Amelia	15 Glenrosa Mid		69.94
6 Hinton, Isabelle	15 Glenrosa Mid		1:20.94
7 Harshenin, Olivia	15 Ecole Klo Mi		1:27.84

Event 68 Men 400 Meter Dash Junior

Name	Age School	Seed	Finals	H#
1 Hanzek, Gabriel	16 Immaculata HS		52.36	2
2 Neels, Ryland	15 Mount Boucherie	55.54	54.60	2
3 Shojania, Jordan	15 Mount Boucherie	59.44	56.05	2
4 Robinson, Ian	15 Summerland S		56.26	2
5 Powell, Kevaughn	16 Rutland Senior		58.74	1
6 Porter, Mateo	16 Okanagan Mission		58.83	1
7 Cheung, King Chi	15 Okanagan Mission		61.56	1
8 Reddekopp, Caden	16 Mount Boucherie		64.82	1
9 Lozier, Domenic	15 George Elliot		64.94	1
10 Despains, Kyle	16 Kelowna Seco		67.64	2

2023 South Central Zone Championships**Apple Bowl Stadium****Results****....Event 68 Men 400 Meter Dash Junior**

11 Stacey, Roman	15 Kelowna Christian	65.00	68.36	2
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Event 69 Women 400 Meter Dash Grade 8

Name	Age	School	Seed	Finals	H#
1 Barr, Charlotte	14	Ecole Klo Mi		70.37	2
2 Russouw, Eve		Dr Knox Midd	72.13	72.46	2
3 Renker, Ashley	14	Glenrosa Mid		73.99	1
4 Arunan, Meg	14	Kvr Middle School		75.26	1
5 Delang, Jamie	14	Glenrosa Mid		76.50	1
6 Pradeep-Kabali, Hasini	14	Kvr Middle School		76.56	1
7 Haftner, Brooklyn	14	Spring Valle		77.10	1
8 Bourdon-King, Aurora	14	Spring Valle		1:20.62	2
9 Kirk, Emma	14	Kvr Middle School		1:22.93	2
10 Wasyliuk, Ashlyn	15	Spring Valle		1:27.51	2
11 Christensen, Maddison	14	Kvr Middle School		1:28.81	1

Event 70 Men 400 Meter Dash Grade 8

Name	Age	School	Seed	Finals	H#
1 Matlock, Hayden	14	Ecole Klo Mi		65.74	1
2 Motohashi, Kota	14	Rutland Midd		66.58	1
3 Jagers, Nate	14	Ecole Klo Mi		69.45	2
4 Klein, Carter	14	Canyon Falls		70.41	1
5 Lewis, Austin	14	Ecole H.S. G		72.85	1
6 Solano, Mateo	14	Ecole Klo Mi		72.99	1
7 Vogt, Marty	14	Spring Valle		73.63	1

Event 71 Women 400 Meter Dash Grade 7

Name	Age	School	Seed	Finals
1 Allen, Kyla	13	Ecole Klo Mi		76.74
2 Simonson, Caitlin	13	Ecole H.S. G		77.13
3 Le Poole, Teagan	13	Ecole H.S. G		78.25
4 Di Carlo, Elia	13	Ecole H.S. G		79.90
5 Kirschner, Maya	13	Spring Valle		1:25.52
6 Kroeker, Sophia	13	Constable Ne		1:36.99

Event 72 Men 400 Meter Dash Grade 7

Name	Age	School	Seed	Finals
1 Thapa, Hridik	13	Spring Valle		65.40
2 McKenna, Cash	13	Canyon Falls		66.52
3 Slezak, Adam	13	Glenrosa Mid		1:23.53

Event 73 Men 1500 Meter Steeplechase 30" Junior

Name	Age	School	Seed	Finals
1 Collingwood, Cai	15	Okanagan Mission	5:01.98	5:39.51
2 Wiebe, Noah	16	Kelowna Christian	7:00.00	6:16.23

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Event 76 Men 2000 Meter Steeplechase 33" Senior

Name	Age	School	Seed	Finals
1 Achtem, Nathan	18	Kelowna Seco		7:39.32

Event 93 Women Shot Put 3kg Grade 7

Name	Age	School	Seed	Finals
1 Gregory, Thea	13	Heritage Chr		8.50m
2 Brown, Tamira	13	Ecole Klo Mi		8.23m
3 Akurienne, Olivia	13	Heritage Chr		7.75m
4 Cody, Alexa	13	Glenrosa Mid		7.54m
5 Irvine, Taya	13	Canyon Falls		7.41m
6 Macinnis, Sawyer	13	Ecole Klo Mi	5.91m	6.70m
7 Burke, Mikayla	13	Rutland Midd		6.67m
8 Grewall, Amreet	13	Rutland Midd		6.54m
9 Larson, Adeliade	1	Dr Knox Midd		6.18m
10 Wallace, Ashley	13	Ecole Klo Mi		6.07m
11 Toora, Aikam	13	Spring Valle		5.36m
12 Baron, Annabel	15	Heritage Chr		5.31m
13 Kirschner, Maya	13	Spring Valle		5.25m
14 Harms, Izzy	13	Rutland Midd		4.94m

Event 94 Men Shot Put 4kg Grade 7

Name	Age	School	Seed	Finals
1 Huggins, Tyrell	13	Rutland Midd		11.17m
2 Taylor, Tyson	13	Canyon Falls		8.79m
3 Hettinga, Holden	13	Kelowna Christian	10.00m	7.96m
4 Wiebe, Levi	14	Kelowna Christian	10.00m	6.58m
5 Golbey, Ryder	13	Ecole Klo Mi		5.98m

Event 95 Women Shot Put 3 kg Grade 8

Name	Age	School	Seed	Finals
1 Stevens, Hannia	14	Ecole Klo Mi		9.70m
2 Wetherow, Ella	14	Ecole Klo Mi		8.37m
3 Anderson, Shay	14	Canyon Falls		8.19m
4 Leinweber, Talay	14	Ecole Klo Mi		8.10m
5 Penner, Hailey	1	Dr Knox Midd		7.13m
6 Morton, Kaitlyn	14	Spring Valle		7.12m
7 Gunn, Jordan	14	Glenrosa Mid		7.03m
8 Evans, Isla	14	Glenrosa Mid		6.76m
9 Gudz, Sofia	1	Dr Knox Midd		6.75m
10 Martin, Haven		Dr Knox Midd		6.56m
11 Wentworth, Gemma	14	Canyon Falls		6.35m
12 L'Hirondelle, Alexis	14	Glenrosa Mid		6.10m

Event 96 Men Shot Put 4 kg Grade 8

Name	Age	School	Seed	Finals
1 Fratini Borges Lima, Luc	14	Rutland Midd		10.39m

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2 Zumbo, Max	14 Constable Ne		10.22m
3 Morgan, Noah	14 Glenrosa Mid		10.03m
4 Auchincloss, Ethan	14 Canyon Falls		9.91m
5 Hampson, Oliver	14 Constable Ne		9.39m
6 Buckley, Kaidan	14 Glenrosa Mid		8.61m
7 Fry, James	14 Aberdeen Hal, Kelown	7.23m	8.54m
8 Lang, Greyson	14 Ecole H.S. G		8.53m
9 Schultz, Linden	14 Spring Valle		7.89m
10 Meyers, Gage	14 Constable Ne		7.29m
11 Roussin, Jacob	14 Glenrosa Mid		7.01m
12 Sanchez, Gabriel	14 Aberdeen Hal, Kelown	9.31m	6.85m

Event 97 Women Shot Put 3 kg Junior

Name	Age School	Seed	Finals
1 Brown, Omelia	15 Ecole Klo Mi		8.89m
2 Gonzalez, Rachel	15 Ecole Klo Mi		8.29m
3 Hay, Anikka	15 Rutland Senior		8.24m
4 McDermid, Emelia	16 George Elliot		8.21m
5 Strinholm, Molly	15 Glenrosa Mid		7.95m
6 McKenna, Wiggin	14 Spring Valle		7.88m
7 Andrews, Charlotte	16 George Elliot		7.84m
8 Reid, Macey	15 Glenrosa Mid		7.75m
9 McKnight, Billie	15 Glenrosa Mid		7.61m
10 Dyer, Ashley	15 Immaculata HS		7.32m
11 Bone, Audrey	15 Ecole Klo Mi		5.00m
12 Cederholm, Taylor	15 Ecole Klo Mi		3.43m

Event 98 Boys Shot Put 5 kg Junior

Name	Age School	Seed	Finals
1 Van Zyl, Zander	16 Kelowna Seco	13.12m	13.17m
2 Poitras, Wyatt	16 Okanagan Mission		10.08m
3 Parker, Jackson	15 Okanagan Mission		9.89m
4 Sturko, Nate	15 Glenrosa Mid		9.26m
4 Reimer, Jak	16 Glenrosa Mid		9.26m
6 Payne, Gryffin	15 Immaculata HS		8.73m
7 Dela Cruz, Landon	15 Immaculata HS		7.62m
8 Bauer, Evan	15 Glenrosa Mid		7.25m
9 Reddekopp, Caden	16 Mount Boucherie		6.99m

Event 99 Women Shot Put 4 kg Senior

Name	Age School	Seed	Finals
1 Van Zyl, Cathlene	19 Kelowna Seco	12.95m	12.60m
2 Drake, Elise	17 Kelowna Seco	12.21m	10.49m
3 Hada, Yuki	17 Summerland S		7.46m
4 Rodgers, Presley	18 George Elliot		6.25m

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 100 Men Shot Put 6 kg Senior**

Name	Age	School	Seed	Finals
1 Pickering, Ben	18	Rutland Senior		11.39m
2 Vader, Mathison	18	Kelowna Christian	11.00m	10.49m

Event 101 Women Discus Throw 1 kg Grade 7

Name	Age	School	Seed	Finals
1 Brown, Tamira	13	Ecole Klo Mi		21.54m
2 Grewall, Amreet	13	Rutland Midd		17.67m
3 Audley, Elsie	13	Ecole Klo Mi		16.62m
4 Sierhuis, Taylor	13	Ecole H.S. G		15.92m
5 Pike, Kapri	13	Aberdeen Hal, Kelowna	16.29m	15.91m
6 Fehr, Kaitlyn	1	Dr Knox Midd	15.34m	15.74m
7 Sanbdbeg, Tulia	13	Rutland Midd		15.61m
8 Macinnis, Sawyer	13	Ecole Klo Mi		15.18m
9 Irvine, Taya	13	Canyon Falls		14.89m
10 Sulentich, Sofia	13	Ecole H.S. G		14.50m
11 Eves, Amy	1	Dr Knox Midd	13.06m	14.14m
12 Dobbs, Makayla	13	Glenrosa Mid		13.94m
13 Cody, Alexa	13	Glenrosa Mid		13.91m
14 Vanberlo, Paige	13	Glenrosa Mid		12.99m
15 Burke, Mikayla	13	Rutland Midd		12.92m
16 Thompson, Alivia	13	Canyon Falls		12.35m

Event 102 Men Discus Throw 1 kg Grade 7

Name	Age	School	Seed	Finals
1 Huggins, Tyrell	13	Rutland Midd		31.73m
2 Taylor, Tyson	13	Canyon Falls		26.98m
3 McKenna, Cash	13	Canyon Falls		19.72m
3 Wilton, Colten	13	Constable Ne		19.72m
5 Dando, Lan	13	Canyon Falls		18.97m
6 Wiebe, Levi	14	Kelowna Christian	15.00m	17.54m
7 Bowman, Charlie	13	Dr Knox Midd		17.39m
8 Light, Grayson	13	Rutland Midd		16.80m

Event 103 Women Discus Throw 1 kg Grade 8

Name	Age	School	Seed	Finals
1 Carter, Kendall	14	Canyon Falls		18.45m
2 Anderson, Shay	14	Canyon Falls		18.43m
3 Wetherow, Ella	14	Ecole Klo Mi		17.35m
4 Klassen, Isabella	14	Spring Valle		16.87m
5 Allen, Lily	14	Aberdeen Hal, Kelowna	15.06m	16.77m
6 L'Hirondelle, Alexis	14	Glenrosa Mid		16.74m
7 Jesson, Annaleigha	14	Rutland Midd	19.83m	16.04m
8 Caniulaf, Connie	14	Ecole Klo Mi		15.42m
9 Morton, Kaitlyn	14	Spring Valle		15.09m
10 Stevens, Hannia	14	Ecole Klo Mi		14.96m
11 Gunn, Jordan	14	Glenrosa Mid		14.86m
12 Wentworth, Gemma	14	Canyon Falls		14.66m

2023 South Central Zone Championships**Apple Bowl Stadium****Results****...Event 103 Women Discus Throw 1 kg Grade 8**

13 Gudz, Sofia	1 Dr Knox Midd	15.00m	14.61m
14 Bourdon-King, Aurora	14 Spring Valle		12.22m
15 Morphy, Jaimeson	14 Glenrosa Mid		10.93m

Event 104 Men Discus Throw 1 kg Grade 8

Name	Age	School	Seed	Finals
1 Zumbo, Max	14	Constable Ne		31.53m
2 Buckley, Kaidan	14	Glenrosa Mid		26.93m
3 Hampson, Oliver	14	Constable Ne		26.80m
4 Lang, Greyson	14	Ecole H.S. G		26.57m
5 Roberts, Grady	1	Dr Knox Midd		21.12m
6 Schultz, Linden	14	Spring Valle		18.80m
7 Sneddon, Samual	14	Glenrosa Mid		17.92m
8 Roussin, Jacob	14	Glenrosa Mid		14.56m
9 Neukomm, Logan	14	Constable Ne		14.47m
10 Gosselin, Dominic	15	Aberdeen Hal,Kelown	12.70m	12.67m
11 Acree, Samuel	14	Aberdeen Hal,Kelown	13.11m	11.81m
-- Miller, Alex	14	Ecole Klo Mi		FOUL

Event 105 Women Discus Throw 1 kg Junior

Name	Age	School	Seed	Finals
1 Carlyle, Avery	16	Okanagan Mission	22.94m	25.23m
2 Brown, Omelia	15	Ecole Klo Mi		21.73m
3 Chudecki, Kali	15	Rutland Senior		18.92m
4 Obuyi, Deheal	15	Rutland Senior		17.21m
5 McKnight, Billie	15	Glenrosa Mid		16.83m
6 McKenna, Wiggin	14	Spring Valle		16.38m
7 Hay, Anikka	15	Rutland Senior		16.36m
8 Reid, Macey	15	Glenrosa Mid		15.71m
9 Andrews, Charlotte	16	George Elliot		13.58m
10 Cederholm, Taylor	15	Ecole Klo Mi		9.21m
-- Gonzalez, Rachel	15	Ecole Klo Mi		FOUL

Event 106 Men Discus Throw 1.5 kg Junior

Name	Age	School	Seed	Finals
1 Van Zyl, Zander	16	Kelowna Seco	36.90m	40.65m
2 Adams, Finley	15	Kelowna Christian	16.00m	24.81m
3 Crockford Alvarez, Justi	15	Aberdeen Hal,Kelown	23.41m	23.98m
4 Sturko, Nate	15	Glenrosa Mid		23.28m
5 Suri, Aaryan	16	Okanagan Mission		23.11m
6 Distefano, Luca	16	Immaculata HS		21.74m
7 Cruikshank, Ryder	16	George Elliot		20.52m
8 Bachynsky, Cole	15	Immaculata HS		19.81m
9 Reddekopp, Caden	16	Mount Boucherie		19.71m
10 Reimer, Jak	16	Glenrosa Mid		18.69m
11 Bauer, Evan	15	Glenrosa Mid		17.57m

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 107 Women Discus Throw 1 kg Senior**

Name	Age	School	Seed	Finals
1 Van Zyl, Cathlene	19	Kelowna Seco	39.56m	38.51m
2 Drake, Elise	17	Kelowna Seco		29.87m
3 Rodgers, Presley	18	George Elliot		18.43m

Event 108 Men Discus Throw 1.75 kg Senior

Name	Age	School	Seed	Finals
1 Pickering, Ben	18	Rutland Senior		26.82m

Event 109 Women Javelin Throw 500 gram Grade 7

Name	Age	School	Seed	Finals
1 Dobbs, Makayla	13	Glenrosa Mid		16.93m
2 Aquino, Cassandra	13	Kelowna Christian	15.00m	14.36m
3 Brown, Tamira	13	Ecole Klo Mi		13.93m
4 Taverner, Kenzie	13	Spring Valle	14.16m	13.58m
5 Cooper, Elle	13	Ecole Klo Mi		13.52m
6 Burge, Gabriel	13	Constable Ne		12.72m
7 Miller, Brooklyn	13	Canyon Falls		12.33m
8 Sierhuis, Taylor	13	Ecole H.S. G		11.64m
9 Askakereh, Roya		Dr Knox Midd	9.76m	10.95m
10 Wendland, Myah	13	Kelowna Christian	15.00m	10.93m
11 Andrews, Lily-Jayne	13	Constable Ne		10.54m
12 Kirschner, Maya	13	Spring Valle		10.52m
13 Toora, Aikam	13	Spring Valle		10.50m
14 Sawchuck, Layla	13	Rutland Midd		9.93m
15 Leong, Gwyneth	1	Dr Knox Midd	12.36m	9.42m
16 Eves, Amy	1	Dr Knox Midd	9.36m	9.37m
-- Kozina-Fedorovich, Ella	13	Canyon Falls		ND
-- Vanberlo, Paige	13	Glenrosa Mid		ND
-- Yan, Sophia	13	Canyon Falls		DNF

Event 110 Men Javelin Throw 600 gram Grade 7

Name	Age	School	Seed	Finals
1 McKenna, Thales	13	Canyon Falls		26.87m
2 Gervais, Chase	13	Canyon Falls		22.68m
3 Hettinga, Holden	13	Kelowna Christian	15.00m	21.18m
4 Jerczynski, Shae	13	Rutland Midd		20.99m
5 Golbey, Ryder	13	Ecole Klo Mi		19.38m
6 Ramsay, Kayson	13	Constable Ne		18.73m
7 Wiebe, Levi	14	Kelowna Christian	15.00m	16.72m
8 Kelly, Kyler	13	Spring Valle		16.26m
9 Fernandez, Dylan	13	Spring Valle		14.63m
10 Sentesy, Rio		Dr Knox Midd	14.75m	13.73m
11 Chambers, Asher		Dr Knox Midd		10.71m
12 Lamey, Adam	13	Aberdeen Hal, Kelown	12.30m	10.26m

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 111 Women Javelin Throw 500 gram Grade 8**

Name	Age	School	Seed	Finals
1 Friesen, Hana	14	Canyon Falls		21.16m
2 Leinweber, Talay	14	Ecole Klo Mi		19.39m
3 Jesson, Annaleigha	14	Rutland Midd	15.56m	18.82m
4 Donoghue, Ella	14	Kvr Middle School		18.48m
5 Wetherow, Ella	14	Ecole Klo Mi		17.68m
6 Wentworth, Gemma	14	Canyon Falls		15.46m
7 Lee, Se A	1	Dr Knox Midd	17.15m	14.68m
8 Anderson, Shay	14	Canyon Falls		14.53m
9 L'Hirondelle, Alexis	14	Glenrosa Mid		13.81m
10 Kirk, Emma	14	Kvr Middle School		11.85m
11 Hammell, Lilly	14	Glenrosa Mid		10.60m
12 Jomphe, Patricia	14	Constable Ne		8.99m
13 Gunn, Jordan	14	Glenrosa Mid		8.66m
-- Pilling, Maya	14	Immaculata HS		ND
-- Caniulaf, Connie	14	Ecole Klo Mi		ND

Event 112 Men Javelin Throw 600 gram Grade 8

Name	Age	School	Seed	Finals
1 Harris, Jack	14	Rutland Midd		33.52m
2 Auchincloss, Ethan	14	Canyon Falls		28.99m
3 Schultz, Linden	14	Spring Valle		28.16m
4 Zumbo, Max	14	Constable Ne		27.48m
5 Roberts, Grady	1	Dr Knox Midd	24.52m	26.26m
6 Neukomm, Logan	14	Constable Ne		24.87m
7 Hampson, Oliver	14	Constable Ne		23.82m
8 Crossley, Liam	14	Ecole Klo Mi		21.40m
9 Patterson, Caleb	14	Spring Valle		19.78m
10 Thomson, Evan	14	Canyon Falls		19.57m
11 Crossley, Devon	14	Ecole Klo Mi		19.52m
12 Sencar, Aiden	14	Canyon Falls		18.96m
13 Buckley, Kaidan	14	Glenrosa Mid		17.10m
14 Roussin, Jacob	14	Glenrosa Mid		16.92m
15 Acree, Samuel	14	Aberdeen Hal, Kelown	11.94m	9.33m

Event 113 Women Javelin Throw 500 gram Junior

Name	Age	School	Seed	Finals
1 Strinholm, Molly	15	Glenrosa Mid		22.93m
2 Carlyle, Avery	16	Okanagan Mission	24.90m	22.60m
3 Elder, Jordan	16	Mount Boucherie		21.38m
4 Gonzalez, Rachel	15	Ecole Klo Mi		19.80m
5 McKenna, Wiggin	14	Spring Valle		19.52m
6 McDermid, Emelia	16	George Elliot		17.32m
7 Landry, Julia	15	Immaculata HS		15.33m
8 Brown, Omelia	15	Ecole Klo Mi		14.41m
9 Hall, Kaiannah	16	Kelowna Seco		14.40m
10 Buekert, Kara	1	Dr Knox Midd		7.96m
-- McKnight, Billie	15	Glenrosa Mid		ND
-- Palatzky, Ava	1	Dr Knox Midd	7.50m	ND

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 114 Men Javelin Throw 700 gram Junior**

Name	Age	School	Seed	Finals
1 Garchinski, Magni	15	Mount Boucherie		33.81m
2 Wardman, Kynan	16	Kelowna Christian		33.53m
3 Illingworth, Miles	15	Princess Mar		31.56m
4 Thomson, Olin	15	Okanagan Mission		27.25m
5 Sturko, Nate	15	Glenrosa Mid		27.21m
6 Gabriz, Boris	15	Ecole H.S. G		26.79m
7 Bauer, Evan	15	Glenrosa Mid		25.01m
8 Proulx, Oliver	1	Dr Knox Midd	23.66m	24.42m
9 McWhirter, Logan	16	Penticton Hi		21.63m
10 Griffin, Lincoln	16	Immaculata HS		19.69m
11 Reimer, Jak	16	Glenrosa Mid		19.31m
12 Dela Cruz, Landon	15	Immaculata HS		19.00m
-- Pinkoski, Everett	15	Rutland Senior	24.99m	ND

Event 115 Women Javelin Throw 600 gram Senior

Name	Age	School	Seed	Finals
1 Breau, Brianna	18	Kelowna Seco	39.54m	31.59m
2 Duff, Hailey	18	George Elliot		25.61m
3 Hada, Yuki	17	Summerland S		22.84m
4 Allen, Miranda	17	Penticton Hi		22.27m
5 Millar, Stephanie	18	George Elliot		20.29m
6 Wagner, Sarah	18	Immaculata HS		18.71m
7 Petrasek, Alex	18	Princess Mar		18.36m

Event 116 Men Javelin Throw 800 gram Senior

Name	Age	School	Seed	Finals
1 Vader, Mathison	18	Kelowna Christian	40.00m	32.77m
2 Pickering, Ben	18	Rutland Senior		26.97m
3 Neustaeter, Easton	18	George Elliot		20.61m

Event 117 Women Triple Jump Grade 7

Name	Age	School	Seed	Finals	Wind
1 Storness-Bliss, Serenity	1	Dr Knox Midd		8.57m	NWI
2 Cooper, Elle	13	Ecole Klo Mi		8.21m	NWI
3 Pike, Kapri	13	Aberdeen Hal, Kelown	7.76m	7.94m	NWI
4 Yan, Sophia	13	Canyon Falls		7.52m	NWI
5 Allen, Kyla	13	Ecole Klo Mi		7.49m	NWI
6 Gagnon, Gabriela	13	Ecole Klo Mi		7.21m	NWI
7 Gardner, Bronwyn	11	Dr Knox Midd	6.57m	6.55m	NWI
8 Miller, Brooklyn	13	Canyon Falls		6.54m	NWI
9 Harms, Izzy	13	Rutland Midd		5.79m	NWI
10 Kocsis, Neveah	13	Spring Valle		5.10m	NWI

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 118 Men Triple Jump Grade 7**

Name	Age	School	Seed	Finals	Wind
1 McKenna, Thales	13	Canyon Falls		9.06m	NWI
2 Foster, Cole	13	Ecole H.S. G		8.62m	NWI
3 Jerczynski, Shae	13	Rutland Midd		8.38m	NWI
4 Manziuk, Alex	13	Ecole H.S. G		7.78m	NWI
5 Lamey, Adam	13	Aberdeen Hal,Kelown	7.19m	7.21m	NWI
6 Braff, Jack	13	Aberdeen Hal,Kelown	7.40m	6.96m	NWI

Event 119 Women Triple Jump Grade 8

Name	Age	School	Seed	Finals	Wind
1 Eikenaar, Elena	14	Ecole H.S. G		8.63m	-0.2
2 Klassen, Isabella	14	Spring Valle		8.15m	0.4
3 Prodger, Maya	14	Spring Valle		7.66m	1.4
4 Jomphe, Patricia	14	Constable Ne		7.65m	+0.0
5 Block, Avalyn	14	Ecole H.S. G		7.42m	1.8
6 Valdez, Julia	14	Aberdeen Hal,Kelown	7.42m	7.17m	-1.1
7 Allen, Lily	14	Aberdeen Hal,Kelown	6.30m	7.04m	1.8

Event 120 Men Triple Jump Grade 8

Name	Age	School	Seed	Finals	Wind
1 Harris, Jack	14	Rutland Midd		10.57m	-0.1
2 Henry, Peyton	14	Canyon Falls		10.29m	+0.0
3 Meyers, Gage	14	Constable Ne		8.87m	+0.0
4 Sanchez, Gabriel	14	Aberdeen Hal,Kelown	8.46m	8.32m	+0.0
5 Gosselin, Dominic	15	Aberdeen Hal,Kelown		7.75m	0.4
6 McLeod, Jack	14	Constable Ne		7.28m	-0.3
7 Sneddon, Samuel	14	Glenrosa Mid		6.93m	-0.3

Event 121 Women Triple Jump Junior

Name	Age	School	Seed	Finals	Wind
1 Chudecki, Kali	15	Rutland Senior		8.81m	-1.2
2 Obuyi, Deheal	15	Rutland Senior		8.22m	+0.0
3 Priebe, Mikaya	15	Kelowna Christian	10.00m	7.13m	0.8
4 MacDonald, Charleigh	15	Ecole Klo Mi		6.78m	0.2

Event 122 Men Triple Jump Junior

Name	Age	School	Seed	Finals	Wind
1 Hanzek, Gabriel	16	Immaculata HS		11.64m	+0.0
2 Bachynsky, Cole	15	Immaculata HS		10.21m	1.0
3 Illingworth, Miles	15	Princess Mar		10.20m	0.3
4 Bruce, Beckham	16	Mount Boucherie		9.92m	2.4
5 Lyver, Austin	14	Ecole Klo Mi		9.82m	1.0
6 Proulx, Oliver	1	Dr Knox Midd		9.22m	-1.2
7 Hein, William	15	Ecole Klo Mi		9.16m	1.0
8 McDonald, Isaiah	16	Kelowna Seco		7.86m	1.1

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 123 Women Triple Jump Senior**

Name	Age	School	Seed	Finals	Wind
1 Horak, Amy	17	Kelowna Seco	9.23m	9.81m	0.2
2 Spademan, Raedyn	17	George Elliot		8.82m	0.8
3 Newton, Tatum	18	Immaculata HS		7.60m	0.7

Event 124 Men Triple Jump Senior

Name	Age	School	Seed	Finals	Wind
1 Kritzinger, Marnu	17	George Elliot		11.47m	1.0
2 Ostrom, Tyler	17	Okanagan Mission		11.19m	0.3
3 Bergmann, Finn	17	George Elliot		11.13m	0.3

Event 125 Women Long Jump Grade 7

Name	Age	School	Seed	Finals	Wind
1 Evans, Charlotte	1	Dr Knox Midd	3.67m	3.86m	NWI
2 Vercholuk, Ellis	14	Canyon Falls		3.77m	NWI
3 Taverner, Kenzie	13	Spring Valle	3.61m	3.67m	NWI
4 Akurienne, Olivia	13	Heritage Chr		3.62m	NWI
5 Meyrick, Lucy	13	Spring Valle		3.58m	NWI
6 Cooper, Elle	13	Ecole Klo Mi		3.47m	NWI
7 Pike, Kapri	13	Aberdeen Hal, Kelown	3.37m	3.29m	NWI
7 Gagnon, Gabriela	13	Ecole Klo Mi		3.29m	NWI
9 Thompson, Alivia	13	Canyon Falls		3.23m	NWI
10 Sulentich, Sofia	13	Ecole H.S. G		3.17m	NWI
11 Miller, Riley	13	Canyon Falls		3.16m	NWI
12 Sawchuck, Layla	13	Rutland Midd		3.07m	NWI
13 Campbell, Keeley	13	Constable Ne		3.06m	NWI
14 Simonson, Caitlin	13	Ecole H.S. G		3.02m	NWI
15 Wendland, Myah	13	Kelowna Christian	4.00m	2.98m	NWI
16 Burden, Paige	13	Glenrosa Mid		2.90m	NWI
17 Toora, Aikam	13	Spring Valle		2.80m	NWI
18 Kroecker, Sophia	13	Constable Ne		2.78m	NWI
19 Binning, Ekjot	13	Rutland Midd		2.70m	NWI
20 Tetlock, Ayva	13	Ecole H.S. G		2.67m	NWI
21 Aquino, Cassandra	13	Kelowna Christian	5.00m	2.60m	NWI
22 Vanberlo, Paige	13	Glenrosa Mid		2.59m	NWI
23 Hyland, Summer	13	Ecole Klo Mi		2.56m	NWI
-- Kocsis, Neveah	13	Spring Valle		ND	NWI

Event 126 Men Long Jump Grade 7

Name	Age	School	Seed	Finals	Wind
1 Taylor, Tyson	13	Canyon Falls		4.21m	NWI
2 Dando, Lan	13	Canyon Falls	3.52m	3.97m	NWI
3 Wallace, Felix	13	Rutland Midd		3.87m	NWI
4 Saufferer, Isaiah	12	Heritage Chr		3.84m	NWI
5 Horne, Mason	13	Rutland Midd		3.61m	NWI
6 Scott, Eric	13	Ecole H.S. G		3.54m	NWI
6 Slezak, Adam	13	Glenrosa Mid		3.54m	NWI
8 Baron, Ethan	13	Heritage Chr		3.44m	NWI

2023 South Central Zone Championships**Apple Bowl Stadium****Results****...Event 126 Men Long Jump Grade 7**

9 Berry, Bryson	12 Heritage Chr	3.20m	NWI
10 Bumstead, Seth	13 Spring Valle	3.06m	NWI
11 Golbey, Ryder	13 Ecole Klo Mi	2.80m	NWI

Event 127 Women Long Jump Grade 8

Name	Age	School	Seed	Finals	Wind
1 Wilson, Arianna	14	Kvr Middle School		4.05m	0.5
2 Carleton-Palanio, Sophia	14	Kvr Middle School	3.88m	4.01m	0.1
3 Klassen, Isabella	14	Spring Valle		3.93m	+0.0
4 Baruta, Alexis	14	Ecole H.S. G		3.87m	0.1
5 Brandsma, Zakaya	14	Kelowna Christian	4.50m	3.78m	0.1
6 Mawhinney, Emily	14	Kelowna Christian		3.69m	0.5
7 Russouw, Eve		Dr Knox Midd	3.65m	3.68m	+0.0
8 Penner, Hailey	1	Dr Knox Midd		3.61m	0.1
9 Leinweber, Talay	14	Ecole Klo Mi		3.50m	0.5
10 Towson, Kailey		Dr Knox Midd	3.35m	3.39m	0.1
11 Donoghue, Ella	14	Kvr Middle School		3.33m	0.1
12 Rohatensky, Amyla	14	Ecole H.S. G		3.25m	0.1
13 Arunan, Meg	14	Kvr Middle School		3.19m	0.1
14 Morton, Kaitlyn	14	Spring Valle		3.15m	1.0
15 Hines, Isabella	14	Spring Valle		3.04m	0.1
16 Block, Avalyn	14	Ecole H.S. G		2.97m	+0.0
17 Duarte, Mariana	14	Immaculata HS		2.88m	0.1
18 Lauinger, Logan	14	Rutland Midd		2.42m	0.1

Event 128 Men Long Jump Grade 8

Name	Age	School	Seed	Finals	Wind
1 Worman, Tate	14	Ecole Klo Mi	4.70m	4.99m	0.5
2 Motohashi, Kota	14	Rutland Midd		4.46m	0.4
3 He, Yu Yao		Dr Knox Midd	4.45m	4.42m	0.1
4 Chambers, Reace	15	Glenrosa Mid		4.35m	+0.0
5 Alicalas, Samuel	14	Ecole Klo Mi		3.92m	+0.0
6 Crossley, Devon	14	Ecole Klo Mi		3.88m	+0.0
7 Patterson, Caleb	14	Spring Valle		3.87m	0.5
8 Sencar, Aiden	14	Canyon Falls		3.70m	0.2
9 Infanti, Ty	14	Spring Valle		3.63m	+0.0
10 Priebe, Taylen	14	Spring Valle		3.55m	+0.0
11 Cardoso, Maden	14	Canyon Falls		3.47m	0.2
12 Penney, Grey	14	Canyon Falls		3.34m	0.3
13 Gosselin, Dominic	15	Aberdeen Hal, Kelown		3.26m	0.2
14 Sneddon, Samual	14	Glenrosa Mid		3.03m	0.2
15 Acree, Samuel	14	Aberdeen Hal, Kelown	3.22m	2.96m	+0.0
16 Campbell, Jayden	14	Constable Ne		2.93m	0.2
17 McLeod, Jack	14	Constable Ne		2.87m	0.3

Event 129 Women Long Jump Junior

Name	Age	School	Seed	Finals	Wind
1 Stroda, Lily	15	Okanagan Mission	5.12m	4.91m	1.0
2 Landry, Julia	15	Immaculata HS		4.08m	0.9

2023 South Central Zone Championships**Apple Bowl Stadium****Results****...Event 129 Women Long Jump Junior**

3	Wiedner, Leela	15	Princess Mar	4.16m	4.05m	1.5
4	Bagosi, Bogi	17	Kelowna Seco		3.79m	1.0
5	Dyer, Ashley	15	Immaculata HS		3.68m	+0.0
6	Munro, Lauren	16	George Elliot		3.64m	1.0
7	Obuyi, Deheal	15	Rutland Senior		3.59m	1.5
8	Castaldi, Renata	16	Immaculata HS		3.52m	1.5
9	Guerrero, Marixa	15	George Elliot		3.51m	0.9
10	Chudecki, Kali	15	Rutland Senior		3.48m	1.0
11	Hatch, Anna	15	Penticton Hi		3.46m	1.0
12	Bougette, Kendall	15	Glenrosa Mid		3.43m	1.0
13	Buekert, Kara	1	Dr Knox Midd		3.29m	1.5
14	Vasconcelo, Adrianna	15	Glenrosa Mid		3.20m	+0.0
15	Hall, Kaiannah	16	Kelowna Seco		3.13m	1.2
16	MacDonald, Charleigh	15	Ecole Klo Mi		3.07m	0.9
17	Alvarez Rubio, Rocio	16	Kelowna Seco		3.02m	0.9
18	Scholl, Fiona	15	George Elliot		2.44m	1.2
19	Palatzky, Ava	1	Dr Knox Midd	2.40m	2.42m	0.9
20	Bone, Audrey	15	Ecole Klo Mi		2.30m	1.5
21	Ferguson, Lily	15	Penticton Hi		2.28m	1.5

Event 130 Men Long Jump Junior

Name	Age	School	Seed	Finals	Wind	
1	Robinson, Ian	15	Summerland S	4.66m	5.38m	3.9
2	Japson, Pablo	16	Okanagan Mission		5.26m	2.0
3	Bolodo, John	15	Penticton Hi		5.00m	4.1
4	Moore, Keenan	16	Mount Boucherie		4.95m	+0.0
5	Pinkoski, Everett	15	Rutland Senior		4.92m	2.9
6	Hurd, Evan	15	Mount Boucherie		4.83m	4.0
7	Cheung, King Chi	15	Okanagan Mission		4.62m	4.1
8	Hein, William	15	Ecole Klo Mi		4.61m	+0.0
9	Atilano, Lorenzo	15	Penticton Hi		4.50m	4.1
10	Illingworth, Miles	15	Princess Mar		4.47m	4.1
11	Westman, Brayden	15	Aberdeen Hal,Kelown	4.54m	4.38m	2.9
12	Joe, Alex	15	Aberdeen Hal,Kelown		4.35m	4.1
13	Yoon, Joshua	16	Okanagan Mission		4.29m	4.0
14	Gruenenwald, Daniel	16	George Elliot		4.28m	2.0
15	Griffin, Lincoln	16	Immaculata HS		4.23m	4.1
16	Proulx, Oliver	1	Dr Knox Midd		4.17m	+0.0
17	McDonald, Isaiah	16	Kelowna Seco		3.78m	+0.0
--	Spencer, Jacob	16	Mount Boucherie		FOUL	

Event 131 Women Long Jump Senior

Name	Age	School	Seed	Finals	Wind	
1	Bigattini, Isabella	17	Kelowna Seco		4.61m	+0.0
2	Horak, Amy	17	Kelowna Seco	4.32m	4.49m	+0.0
3	Carleton-Palanio, Olivia	18	Princess Mar	4.37m	4.33m	+0.0
4	Gallicano, Graci	16	Princess Mar		4.07m	0.5
5	Love, Emmerson	17	George Elliot	3.53m	3.84m	0.5
6	Hickie, Kaydence	18	Princess Mar		3.77m	0.5
7	Carr, Brooklyn	17	Okanagan Mission		3.73m	+0.0
8	Guarasci, Maya	17	Kelowna Seco		3.48m	+0.0

2023 South Central Zone Championships**Apple Bowl Stadium****Results****Event 132 Men Long Jump Senior**

Name	Age	School	Seed	Finals	Wind
1 Infanti, Lynden	18	Kelowna Seco		6.10m	2.6
2 Daniels, Ayrton	18	Kelowna Seco		5.70m	2.6
3 Bergmann, Finn	17	George Elliot		5.48m	2.0
4 Ostrom, Tyler	17	Okanagan Mission		5.32m	2.6
5 Kritzinger, Marnu	17	George Elliot		5.03m	2.0
6 Hansen, Carter	18	Immaculata HS		4.30m	2.0

Event 133 Women High Jump Grade 7

Name	Age	School	Seed	Finals
1 Smeltzer, Sydney	13	Ecole Klo Mi		1.25m
2 Huggins, Sophia	13	Constable Ne		1.20m
2 Irvine, Taya	13	Canyon Falls		1.20m
4 Hanson, Mackenzie	13	Aberdeen Hal, Kelown		1.15m
4 Audley, Elsie	13	Ecole Klo Mi		1.15m
6 Nelson, Olivia	13	Canyon Falls		1.10m
6 Dhenin, Taylor	13	Canyon Falls		1.10m
8 Strench, Sam	13	Glenrosa Mid		1.05m
8 Schierbeck, Kai	13	Glenrosa Mid		1.05m
10 Bumstead, Jenna	13	Spring Valle		1.00m
10 Baron, Annabel	15	Heritage Chr		1.00m
10 Furby, Presley	13	Glenrosa Mid		1.00m
13 Wallace, Ashley	13	Ecole Klo Mi		0.95m

Event 134 Men High Jump Grade 7

Name	Age	School	Seed	Finals
1 Burzuk, Josh		Dr Knox Midd	1.35m	1.40m
2 Dando, Lan	13	Canyon Falls	1.40m	1.35m
3 Light, Grayson	13	Rutland Midd		1.30m
4 Knight, Isaac	13	Constable Ne		1.25m
5 Lindley, Quill	13	Constable Ne		1.20m
6 Baron, Ethan	13	Heritage Chr		J1.20m
7 Scott, Eric	13	Ecole H.S. G		1.05m
8 Horne, Mason	13	Rutland Midd		1.00m

Event 135 Women High Jump Grade 8

Name	Age	School	Seed	Finals
1 Siggers, Jade		Dr Knox Midd	1.04m	1.35m
2 Brandsma, Zakaya	14	Kelowna Christian	1.40m	J1.35m
3 Stevens, Hannia	14	Ecole Klo Mi		1.30m
3 Donoghue, Ella	14	Kvr Middle School		1.30m
5 Sawatzky, Lanelle	14	Heritage Chr	1.30m	1.25m
5 McIlmoyle, Madi	14	Constable Ne		1.25m
7 Gallo, Eva	14	Dr Knox Midd		J1.25m
8 Penner, Hailey	1	Dr Knox Midd		1.20m
-- Smith, Erin	14	Immaculata HS		NH
-- Duarte, Mariana	14	Immaculata HS		NH

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Event 136 Men High Jump Grade 8

Name	Age	School	Seed	Finals
1 Hvidsten, Tyler	14	Kvr Middle School	1.40m	1.60m
2 Sanchez, Gabriel	14	Aberdeen Hal, Kelowna	1.40m	1.50m
3 Gosal, Mikha	14	Constable Ne		1.45m
4 Frank, Jacob	14	Rutland Midd		J1.45m
5 Infanti, Ty	14	Spring Valle		1.25m

Event 137 Women High Jump Junior

Name	Age	School	Seed	Finals
1 Stroda, Lily	15	Okanagan Mission	1.60m	1.65m
2 Sawatzky, Rebecca	16	Heritage Chr	1.40m	1.35m
3 Jacquet, Alex	16	Kelowna Seco		1.30m
3 Polluck, Huia	15	Dr Knox Midd	1.20m	1.30m
5 Bagosi, Bogi	17	Kelowna Seco		1.25m
6 Dyer, Ashley	15	Immaculata HS		J1.25m
7 Andrews, Charlotte	16	George Elliot		1.20m
8 Priebe, Mikaya	15	Kelowna Christian	1.20m	1.15m
-- Alvarez Rubio, Rocio	16	Kelowna Seco		NH

Event 138 Men High Jump Junior

Name	Age	School	Seed	Finals
1 Brown, Walker	15	Dr Knox Midd	1.75m	1.75m
2 Sharp, Tristan	15	Kelowna Christian	1.60m	1.70m
3 Bachynsky, Cole	15	Immaculata HS		1.60m
4 Adams, Finley	15	Kelowna Christian	1.40m	J1.60m
5 Robinson, Ian	15	Summerland S	1.55m	1.55m
6 Moore, Keenan	16	Mount Boucherie		J1.55m
7 Japson, Pablo	16	Okanagan Mission		1.45m
8 Lozier, Domenic	15	George Elliot		J1.45m
9 Parker, Jackson	15	Okanagan Mission		1.40m

Event 139 Women High Jump Senior

Name	Age	School	Seed	Finals
1 Hickie, Kaydence	18	Princess Mar		1.35m
2 Lesage, Mya	17	George Elliot		1.30m
3 Carleton-Palanio, Olivia	18	Princess Mar		1.25m
4 Carr, Brooklyn	17	Okanagan Mission		1.20m

Event 140 Men High Jump Senior

Name	Age	School	Seed	Finals
1 Platten, Dominic	18	Kelowna Christian	1.90m	1.85m
2 Podmoroff, Tyson	17	Mount Boucherie		1.60m
3 Hansen, Carter	18	Immaculata HS		1.35m

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Apple Bowl Stadium
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Event 143 Women Pole Vault Junior

Name	Age	School	Seed	Finals
1 Polluck, Huia	15	Dr Knox Midd		1.65m

Event 147 Women Hammer Throw 3 kg Grade 8

Name	Age	School	Seed	Finals
1 Bellward, Caylee	14	Glenrosa Mid		17.96m
2 Hammell, Lilly	14	Glenrosa Mid		10.36m
3 Evans, Isla	14	Glenrosa Mid		8.63m
-- Morphy, Jaimeson	14	Glenrosa Mid		FOUL

Event 148 Men Hammer Throw Grade 8

Name	Age	School	Seed	Finals
1 Roberts, Grady	1	Dr Knox Midd	15.45m	20.88m

Event 149 Women Hammer Throw 3 kg Junior

Name	Age	School	Seed	Finals
1 Strinholm, Molly	15	Glenrosa Mid		22.48m
2 Reid, Macey	15	Glenrosa Mid		20.54m

Event 150 Boys Hammer Throw 5 kg Junior

Name	Age	School	Seed	Finals
1 Van Zyl, Zander	16	Kelowna Seco	42.47m	41.09m
2 Parker, Jackson	15	Okanagan Mission		21.00m
3 Suri, Aaryan	16	Okanagan Mission		17.69m

Event 151 Women Hammer Throw 4 kg Senior

Name	Age	School	Seed	Finals
1 Drake, Elise	17	Kelowna Seco	52.91m	46.21m
2 Rodgers, Presley	18	George Elliot		15.95m

Event 152 Men Hammer Throw 6 kg Senior

Name	Age	School	Seed	Finals
1 Neustaeter, Easton	18	George Elliot		16.89m