



OAC ATHLETE CODE OF CONDUCT

As an athlete of the Okanagan Athletics Club, I understand and agree to abide by the following commitments:

1. Compete & participate in a spirit of fair play and honesty.
2. Compete & participate within the rules of Athletics.
3. Arrive 10 minutes before scheduled practices and be ready to start on time and put in your best effort.
4. Strive for personal improvement.
5. Avoid the use, advocating, condoning, promotion and distribution of banned substances, cases and methods as outlined in the handbook on Drug Classification published by the Canadian Centre for Ethics in Sport.
6. Refrain from using tobacco products within the competition arena.
7. Refrain from using alcohol at athletic events (Athletics and other sport activities) or in victory celebrations at the competition site and if of legal age in British Columbia, consume these products responsibly in association with BC Athletics social events.
8. Refrain from using profane, insulting, harassing or otherwise offensive language in the context of the activities of Athletics.
9. Address fellow athletes, coaches, officials, volunteers, event organizers, spectators and others associated with Athletics in a courteous and respectful manner.
10. Act in a manner that will bring credit to the Okanagan Athletics Club, the Athletics Community and to you, both within and outside the competition arena.
11. Respect an individuals' dignity; verbal or physical behaviors that constitute harassment or abuse are unacceptable. (Please refer to the BC Athletics Harassment Policy)
12. Ensure the safety of others when taking part in your Athletics activity.
ALSO - Individuals registering as Athlete members of BC Athletics are advised that by doing so, they are agreeing to adhere to this and other policies, rules, regulations, by-laws and constitution of BC Athletics, Athletics Canada.